

**SPONSORED SWIM FROM PADSTOW TO ROCK**  
**Saturday 25<sup>th</sup> August 2007**  
**all proceeds in aid of Macmillan Cancer Support**

REGISTRATION FORM

Name.....

Address.....

.....

.....

Home telephone number.....

Mobile number .....

Age [ ]

(Under 18? Please ask your parent or guardian to sign the enclosed form.)

Sex male [ ] female [ ]

I enclose £25 entrance fee [ ] I will also raise more sponsorship [ ]

Macmillan Cancer Support in Cornwall works with cancer patients and their families, from the point of diagnosis onwards, offering clinical, emotional and financial help. We need to raise £600,000 in 2007 in this county for our service. We should be most grateful if all sponsorship money can be forwarded to the address below by 30<sup>th</sup> September. Please make cheques payable to **Macmillan Cancer Support** and return this part of the form to Mowhay Barn, Music Water, St Ervan, Wadebridge, Cornwall PL27 7SJ

**In the event of cancellation, monies will not be refunded.**

**SPONSORED SWIM FROM PADSTOW TO ROCK**  
**Saturday 25<sup>th</sup> August 2007**

All entrants must register by 12<sup>th</sup> August 2007, as we are limiting numbers to 300. **Registrations after this date will be accepted at the discretion of the organisers at a cost of £30 per person – but only if places are still available.**

**Every** entrant must come to the Entrants Desk **in person** between 11am and 12 noon on the quay by Padstow Sailing Club (at the end of the car park at the start of the Padstow to Wadebridge Camel Trail and Cycle Way). **PLEASE DO NOT SEND A REPRESENTATIVE.** The desk will close at 12 noon and jump-in will be about 3pm. There will be just one start this year, whether you are a competitive swimmer or do not wish to race. **PLEASE ENSURE** that you also check in at the finish of the Swim and collect your ticket for your free food and T shirt. Safety boats, buoys and canoeists will mark the route. First aiders will be on the water, with full medical aid at Rock. A small carrier bag will be provided for clothes which can be taken to Rock by boat. Prizes will be awarded to the fastest male and female and fastest children under 11 and 11 -14 and to the oldest swimmer (wearing flippers will mean that you are not eligible for the latter). Wetsuits are strongly recommended for all swimmers and compulsory for children.

Parking will be very busy over the Bank Holiday. Please allow extra time both at Padstow and Rock to find a space.

**PLEASE ENSURE THAT YOU ARE FIT ENOUGH TO UNDERTAKE THIS SWIM. ANY MEDICAL CONDITION WHICH COULD AFFECT YOUR SAFETY MUST BE DISCLOSED PRIOR TO THE SWIM. ALL SWIMMERS WILL BE TAKEN OUT OF THE WATER AFTER ONE HOUR.**

For more information, please contact Sarah Hawkins, Strand House, Strand Street, Padstow, Cornwall PL28 8BU, 01841 532699 or Clare Patterson, Macmillan Cancer Support, Mowhay Barn, Music Water, St Ervan, Wadebridge PL27 7SJ, 01841 540752, cpatterson@macmillan.org.uk

**A strict allocation of 300 places will be adhered to. PLEASE register as soon as possible to guarantee your place. Please retain this page when you register. It should have all the information you need and acknowledgements will NOT be sent this year to save postage. When your cheque has been cashed, that is your guarantee of a place.**

**PADSTOW TO ROCK ANNUAL CHARITY SWIM  
DISCLAIMER NOTICE**

**THE ABOVE SWIM WILL TAKE PLACE ON  
SATURDAY 25<sup>th</sup> AUGUST 2007**

**The organisers of the above event require signed acceptance by all entrants that the organisers cannot and will not be held in any way responsible or liable for any accident, injury or other misfortune to any entrants, arising out of the entrant's involvement in the above-named Charity Swim.**

I, (Print Name).....

fully accept the above disclaimer notice and declare that my participation in the above event is conditional on my signed acceptance of the above disclaimer notice.

Signed ..... Date .....

**I confirm that I am physically fit enough to complete this swim**

Signed.....

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Signature of parent / guardian of swimmer under 18 years of age:

I hereby give my consent for (print name of swimmer).....

to compete in the sponsored swim from Padstow to Rock on Saturday 25<sup>th</sup> August 2007.

**I declare that he / she is fit enough to enter**

Signed.....

Name (Please print).....

Relationship to swimmer.....



