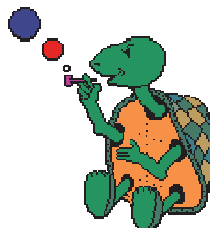


THE SANDY HILL PHYSICAL
THERAPY CENTRE
01726 67567



ANDREW TOMS
CAR SALES - REPAIRS - MOT TESTING



The Tortoise Garden



bags that don't cost the earth



IRONBRIDGE RUNNER
With you every step of the way



STICKER A.F.C. 5 Mile Road Race

*SATURDAY 21st JUNE 2008
Start 6.30 p.m.*



06 / 119

Under U.K. Athletics Rules (Licence applied for)

PART of SANDY HILL PHYSICAL THERAPY CENTRE (01726 67567) CORNISH GRAND PRIX

1 MILE FUN RUN Start 5.15 p.m.

STICKER FOOTBALL FIELD, BURNGULLOW ROAD, ST.AUSTELL, CORNWALL

Assisted by St Austell Running Club

also supported by

***ST.AUSTELL TROPHIES * ST.AUSTELL BREWERY
A1 CARPET CLEANING * HEWAS INN, STICKER * IMERYS
STICKER POST OFFICE * WALDON ELECTRICAL * THE EDEN PROJECT
S.GROSE PLASTERING, ST AUSTELL * J.G.STEPHENS & SON PLANT HIRE***

Prize List

1st Male (£50) and 1st Female (£50)

1st 3 Male Under 20 & 40, 1st 3 Male Vet 40, 45, 50, 55, 60, 65, 70

1st 3 Female Under 20 & 35, 1st 3 Female Vet 35, 40, 45, 50, 55, 60

1st 6 Male Teams (6 to count) and 1st 6 Female Teams (4 to count)

Trophy to the club entering the most runners

Quality Memento and GO JUTE Bag to all finishers in 5 Mile and Fun Run

Trophies to 1st Sticker Footballer and 1st Local Finisher



St Austell
Printing Company Ltd

Printing of entry forms donated by
St. Austell Printing Company Ltd.
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St Austell
Printing Company Ltd

POST RACE DISCO
FREE 'PEARCE'S PASTY' (Best in St Austell) FOR ALL RUNNERS
BAR, BAGGAGE, CHANGING FACILITIES, SHOWERS, DRINK STATION
ST JOHN AMBULANCE and SPECIAL POLICE IN ATTENDANCE

FIRST NAME.....SURNAME.....

ADDRESS.....POST CODE.....

TELEPHONE.....E-MAIL ADDRESS.....

DATE OF BIRTH..... AGE ON DAY.....MALE/FEMALE.....

AFFILIATED : YES/NO.....RUNNING CLUB.....

DATA PROTECTION : The information provided by you on this form will be used solely for the purpose of race results, and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials, and will not be passed to any other person or agency.

DECLARATION : I understand that while the organisers make every effort to ensure my personal safety, they will not be responsible for any injury, loss or damage incurred by me during the race.
I am over 15 years of age.

Signed.....Date.....

Please return entry form to :
Dawn Roberts. 'Thistledown', 4 Goldbank, Nanstallon, Bodmin. PL30 5LA.
E-mail entries to dawn.roberts2@tesco.net

Race Numbers can be collected at Registration

Race Entry Fee : 5 mile Affiliated £9.00 Unaffiliated £11.00

Closing Date for Postal Entries 14th June 2008.....Late Entries £2 extra

NB.....Mementos' will only be guaranteed on the day to pre- entered runners

Please make cheques payable to Sticker A.F.C.

Enquiries : pauldbullock@btinternet.com or tel : 01726 61462

Post Race Spot Prizes from Ironbridge Runner, Exeter. 01392 436383
and Anna McNally Glass (local, handmade jewellery). 01726 63862

Information and Results at : www.staustellrunningclub.co.uk

Race Photographs available on : www.kasztzam.com

Thanks to Michael Grigg for the use of his field for car parking