

## Helston Triathlon Results 2008

### FULL RESULTS

Race Start Time 08:38

Race Number	Name	Local	Category	Start Time	Swim Time	Bike Time	Run Time	Race Time	Position
248	Rich Brady	N	MO	11:41:00	00:05:38	00:40:00	00:20:07	01:05:45	1
244	Chris Birch	N	MO	11:37:00	00:06:24	00:39:36	00:20:22	01:06:22	2
240	Matt Pullen	N	MO	11:33:00	00:05:40			01:07:00	3
223	Paul Clarke	N	MO	11:25:00	00:05:56	00:42:16	00:19:53	01:08:05	4
254	Rhys Davey	N	MO	11:41:00	00:04:44	00:43:12	00:21:13	01:09:09	5
253	William Collins	N	MO	11:41:00	00:05:19	00:42:41	00:21:36	01:09:36	6
243	Jeffrey Houghton	N	MO	11:37:00	00:05:40	00:42:29	00:22:20	01:10:29	7
255	Steve Ferguson	N	MO	11:41:00	00:04:48	00:43:29	00:22:47	01:11:04	8
232	Sean Dunstan	Y	MO	11:33:00	00:06:29	00:43:29	00:21:56	01:11:54	9
251	Sam Herridge	Y	FO	11:41:00	00:05:01	00:44:12	00:22:58	01:12:11	10
29	Gus Gusterson	Y	MO40	09:05:00	00:06:34	00:44:16	00:22:50	01:13:40	11
142	Gary Chambers	Y	MO	10:36:00	00:07:11	00:43:49	00:23:47	01:14:47	12
202	Adrian Bell	Y	MO40	11:14:00	00:06:24	00:45:46	00:22:58	01:15:08	13
224	Craig Salmone	N	MO	11:25:00	00:06:29	00:47:16	00:21:52	01:15:37	14
218	Ian Matthews	N	MO40	11:22:00	00:06:47	00:45:45	00:23:14	01:15:46	15
205	Mark King	N	MO40	11:16:00	00:07:25	00:46:35	00:21:57	01:15:57	16
225	Loyd Purvis	N	MO	11:25:00	00:06:15	00:48:09	00:21:55	01:16:19	17
234	David Pell	N	MO40	11:33:00	00:06:05	00:46:25	00:24:01	01:16:31	18
239	Matt Groves	N	MO40	11:33:00	00:07:04	00:46:14	00:23:37	01:16:55	19
238	Gareth Thomas	N	MO	11:33:00	00:06:37	00:49:40	00:20:47	01:17:04	20
157	Jeremy Stephens	N	MO40	10:46:00	00:08:07	00:47:38	00:21:23	01:17:08	21
214	Julian Wills	N	MO	11:21:00	00:07:02	00:47:04	00:23:40	01:17:46	22
215	Chris Lobb	N	MO	11:21:00	00:06:37	00:46:03	00:25:23	01:18:03	23
233	Chris Dominey	N	MO	11:33:00	00:06:05	00:46:39	00:26:13	01:18:57	24
246	Matt Davies	N	MO	11:39:00	00:05:54	00:49:35	00:23:44	01:19:13	25
252	Callum Tustin	N	MO	11:41:00	00:04:53	00:49:50	00:24:30	01:19:13	26
222	Julian Richards	N	MO	11:25:00	00:05:56	00:50:16	00:23:09	01:19:21	27
173	John Anderton	N	MO40	10:56:00	00:07:49	00:47:17	00:24:41	01:19:47	28
209	Nathan Hickling	N	MO	11:16:00	00:06:26	00:46:03	00:27:22	01:19:51	29

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position</b>
178	Oscar De La Encarnacion	N	MO	10:58:00	00:07:04	00:48:38	00:24:20	01:20:02	30
242	Andrew Smith	N	MO40	11:33:00	00:06:34	00:47:09	00:26:47	01:20:30	31
122	Michael Badstubner	N	MO	10:22:00	00:06:29	00:50:04	00:24:12	01:20:45	32
133	Mark Sykes	N	MO40	10:31:00	00:08:06	00:49:02	00:23:43	01:20:51	33
199	Jonathan Ford-Dunn	N	MO50	11:13:00	00:06:57	00:46:58	00:26:57	01:20:52	34
191	Pete Nash	N	MO50	11:07:00	00:07:59	00:49:01	00:23:56	01:20:56	35
153	Anne Maskell	N	FO40	10:44:00	00:07:28	00:49:47	00:23:43	01:20:58	36
245	Matt Goater	N	MO	11:37:00	00:06:10	00:37:13	00:37:46	01:21:09	37
212	David Weeks	N	MO	08:46:00	00:07:01	00:48:24	00:26:28	01:21:53	38
256	David Bartlett	N	MO	11:41:00	00:04:32	00:51:05	00:26:17	01:21:54	39
59	Jamie Strachan	Y	MO	09:28:00	00:06:35	00:51:14	00:24:18	01:22:07	40
189	Phil Sanger	N	MO	11:05:00	00:06:57	00:50:03	00:25:19	01:22:19	41
188	Phil Bristow	N	MO40	11:05:00	00:06:56	00:49:50	00:25:43	01:22:29	42
162	Jeremy Marston	N	MO	10:49:00	00:07:53	00:50:00	00:24:42	01:22:35	43
228	Bruno Martin	Y	MO	11:30:00	00:06:39	00:48:03	00:27:59	01:22:41	44
167	David Prady	N	MO	10:53:00	00:06:50	00:50:04	00:25:53	01:22:47	45
182	Colin Snook	N	MO	11:05:00	00:08:13	00:53:57	00:20:52	01:23:02	46
196	Chris Grainger	N	MO	11:08:00	00:06:40	00:51:51	00:25:14	01:23:45	47
150	Jon Burrage	N	MO	10:43:00	00:06:52	00:48:54	00:28:01	01:23:47	48
186	Steve Opie	N	MO40	11:05:00	00:07:46	00:50:50	00:25:15	01:23:51	49
136	Kathryn Burgess	N	FO	10:34:00	00:08:30	00:51:29	00:24:07	01:24:06	50
226	Holly Ferrar	N	FO	11:28:00	00:06:59	00:50:50	00:26:46	01:24:35	51
130	Pete Boxall	N	MO	10:29:00	00:06:26	00:52:37	00:25:33	01:24:36	52
156	Sam Lawley	N	FO	10:46:00	00:06:56	00:52:17	00:25:40	01:24:53	53
108	Darren Stanley	Y	MO	10:11:00	00:08:10	00:49:20	00:27:49	01:25:19	54
207	Ander Cooley	N	MO	11:16:00	00:06:43	00:56:11	00:22:35	01:25:29	55
185	M Tamblyn	N	MO	11:05:00	00:06:58	00:51:01	00:27:40	01:25:39	56
98	Phil Adams	N	MO40	10:02:00	00:07:35	00:52:00	00:26:19	01:25:54	57
27	Steve Tregear	N	MO40	09:02:00	00:09:01	00:52:13	00:24:43	01:25:57	58
155	Mark Burch	N	MO40	10:46:00	00:07:51	00:51:29	00:26:40	01:26:00	59
138	Juliet Knowles	N	FO	10:36:00	00:08:17	00:54:12	00:23:31	01:26:00	60
249	Alan Ledger	N	MO	11:41:00	00:05:56	00:54:14	00:25:53	01:26:03	61
159	Philip Climer	N	MO40	10:46:00	00:07:35	00:51:52	00:26:44	01:26:11	62
177	Sean Webb	N	MO40	10:58:00	00:08:20	00:53:10	00:24:42	01:26:12	63
168	Colin Hunter	N	MO40	10:56:00	00:07:16	00:52:36	00:26:22	01:26:14	64
120	Calvin Leach	N	MO	10:22:00	00:07:58	00:53:22	00:25:04	01:26:24	65

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position</b>
14	Paul Sydenham	N	MO40	08:49:00	00:08:19	00:53:23	00:24:50	01:26:32	66
137	Mark Crowle	N	MO	10:36:00	00:08:47	00:53:57	00:23:50	01:26:34	67
165	Neil Howe	Y	MO	10:49:00	00:07:33	00:50:50	00:28:14	01:26:37	68
30	David Alcock	N	MO	09:05:00	00:06:56	00:51:57	00:27:55	01:26:48	69
198	Phil Knuckey	N	MO40	11:13:00	00:07:05	00:52:35	00:27:13	01:26:53	70
237	Natasha Diment	N	FO	10:20:00	00:04:51	00:53:11	00:28:56	01:26:58	71
143	Andy Booth	N	MO	10:37:00	00:07:25	00:51:58	00:27:50	01:27:13	72
39	Mark Sansby	N	MO40	09:14:00	00:09:18	00:50:51	00:27:27	01:27:36	73
201	Becky George	N	FO40	10:06:00	00:07:27	00:53:37	00:26:42	01:27:46	74
204	Adrian Fellows	N	MO	11:16:00	00:05:58	00:53:04	00:28:45	01:27:47	75
147	Desmond O'Connell	N	MO	10:40:00	00:07:11	00:53:55	00:26:46	01:27:52	76
216	Jim Rogers	N	MO	11:21:00	00:06:57	00:49:43	00:31:23	01:28:03	77
175	Glyn Stanley	N	MO40	10:58:00	00:06:35	00:53:08	00:28:32	01:28:15	78
125	Jamie Thomas	N	MO	10:27:00	00:07:37	00:54:13	00:26:31	01:28:21	79
200	Mark Dalton	N	MO40	11:14:00	00:07:03	00:52:21	00:29:09	01:28:33	80
116	Jason Wallace	Y	MO	10:18:00	00:10:08	00:53:38	00:24:48	01:28:34	81
151	Dave Webb	N	MO40	10:43:00	00:08:57	00:53:12	00:26:32	01:28:41	82
221	Peter-Jack Lincoln	N	MO	11:25:00	00:07:08	00:52:30	00:29:09	01:28:47	83
135	Nancy Sheppard	N	FO	10:31:00	00:08:30	00:53:43	00:26:45	01:28:58	84
229	Nick Brooks	N	MO40	11:30:00	00:06:04	00:56:28	00:26:36	01:29:08	85
113	Darren James	N	MO	10:18:00	00:08:21	00:54:34	00:26:16	01:29:11	86
195	Steve Cuddy	N	MO40	11:07:00	00:07:37	00:52:53	00:29:13	01:29:43	87
220	Stuart George	N	MO	11:25:00	00:06:49	00:52:41	00:30:16	01:29:46	88
206	Helen Webb	Y	FO	11:16:00	00:06:31	00:55:14	00:28:23	01:30:08	89
103	Alan Buzza	N	MO40	10:08:00	00:09:11	00:58:22	00:22:41	01:30:14	90
213	Sarah Domoney	N	FO	11:21:00	00:06:20	00:56:02	00:28:04	01:30:26	91
86	Richard Mayes	N	MO	09:52:00	00:09:52	00:56:24	00:25:21	01:31:37	92
134	Iain Richards	N	MO50	10:31:00	00:07:35	00:55:47	00:28:17	01:31:39	93
114	Matt Lawless	Y	MO	10:18:00	00:07:02	00:54:38	00:30:10	01:31:50	94
230	Charlotte Hurst	Y	FO	11:30:00	00:06:16	00:54:45	00:30:58	01:31:59	95
93	Craig Tonkin	N	MO	09:56:00	00:09:40	00:56:03	00:26:23	01:32:06	96
28	Mr Cooper	N	MO	09:04:00	00:07:18			01:32:22	97
89	Phil Moyle	N	MO	09:53:00	00:08:32	00:57:30	00:26:24	01:32:26	98
236	David Monk	N	MO40	11:33:00	00:05:59	00:52:51	00:33:57	01:32:47	99
140	Tony Rowell	Y	MO40	10:36:00	00:08:14	00:54:56	00:29:42	01:32:52	100
4	Tom Edwards	N	MO	08:38:00	00:07:45	00:55:43	00:29:25	01:32:53	101

Race Number	Name	Local	Category	Start Time	Swim Time	Bike Time	Run Time	Race Time	Position
101	Nick Wills	Y	MO40	10:06:00	00:10:18	00:53:38	00:29:09	01:33:05	102
208	Helen Walker	Y	FO	11:16:00	00:06:28	00:58:38	00:28:01	01:33:07	103
129	Robin Watson	Y	MO	10:29:00	00:07:15	00:59:45	00:26:08	01:33:08	104
117	Keith Wotten	N	MO50	10:18:00	00:08:04	01:00:09	00:25:00	01:33:13	105
180	Alistair Foster	Y	MO	11:00:00	00:06:57	00:55:44	00:30:58	01:33:39	106
190	Ian Anderson	N	MO	11:07:00	00:07:31	01:00:05	00:26:08	01:33:44	107
106	Mark Wherry	Y	MO40	10:10:00	00:09:10	00:54:17	00:30:18	01:33:45	108
211	Sam Connell	N	MO	11:16:00	00:07:23	00:55:55	00:30:56	01:34:14	109
55	Kevin Gilbert	Y	MO40	09:28:00	00:10:59	00:54:47	00:28:30	01:34:16	110
166	Christian Wilson	N	MO	10:51:00	00:07:49	00:56:04	00:30:48	01:34:41	111
183	Yvonne Turner	N	FO40	11:05:00	00:07:38	01:00:02	00:27:04	01:34:44	112
99	Brian Lawton	Y	MO50	10:03:00	00:09:24	00:55:27	00:29:53	01:34:44	113
67	Trevor Lee	N	MO40	09:36:00	00:09:39	00:58:43	00:26:25	01:34:47	114
78	Phil Lee	N	MO50	09:43:00	00:10:43	01:00:04	00:24:20	01:35:07	115
127	G Cole	N	MO50	10:27:00	00:07:12	00:57:38	00:30:19	01:35:09	116
31	Nancy Hill	N	FO40	09:07:00	00:10:08	01:00:47	00:24:17	01:35:12	117
193	Alex Kelly	N	FO	11:07:00	00:07:24	00:58:52	00:29:01	01:35:17	118
154	Hope Cooper	N	FO	10:08:00	00:07:54	00:58:44	00:28:44	01:35:22	119
192	Emily Trebilcock	N	FO	11:07:00	00:07:37	01:01:17	00:26:30	01:35:24	120
119	Karl Priest	Y	MO	10:22:00	00:08:19	00:56:54	00:30:12	01:35:25	121
102	Keith George	N	MO40	10:06:00	00:10:33	00:56:22	00:28:53	01:35:48	122
65	Robert Burrows	Y	MO50	09:35:00	00:10:22	00:56:52	00:28:52	01:36:06	123
16	Tony Woods	Y	MO	08:50:00	00:08:12	00:59:04	00:29:08	01:36:24	124
174	Malcolm Bunting	N	MO40	10:58:00	00:07:58	00:54:37	00:33:55	01:36:30	125
75	Nicholas Clements	N	MO	09:41:00	00:08:13	00:58:29	00:29:50	01:36:32	126
69	Mark Jones	N	MO	09:39:00	00:08:17	01:01:42	00:26:48	01:36:47	127
11	Scott Buckmaster	Y	MO40	08:47:00	00:09:09	00:55:00	00:32:43	01:36:52	128
40	Paul Chinn	Y	MO40	09:14:00	00:09:58	00:54:22	00:33:16	01:37:36	129
76	Barry Drew	Y	MO50	09:41:00	00:11:32	00:55:40	00:31:11	01:38:23	130
131	Angie Tiller	N	FO	10:29:00	00:07:52	00:57:42	00:32:53	01:38:27	131
123	Kay Kershaw	Y	FO	10:24:00	00:08:31	01:02:09	00:27:52	01:38:32	132
110	Ian Tolchard	Y	MO40	10:13:00	00:10:20	00:53:45	00:34:39	01:38:44	133
21	Kate Ryder Richardson	N	FO40	08:57:00	00:07:33	00:59:17	00:32:00	01:38:50	134
5	Karen Harrison	Y	FO40	08:38:00	00:09:58	01:02:22	00:26:32	01:38:52	135
97	Carlos Barata	N	MO	10:01:00	00:09:16	00:59:56	00:30:06	01:39:18	136
95	David Clemenson	N	MO40	09:58:00	00:09:20	01:00:51	00:29:13	01:39:24	137

Race Number	Name	Local	Category	Start Time	Swim Time	Bike Time	Run Time	Race Time	Position
38	Steven Rice	N	MO40	09:14:00	00:09:37	01:03:05	00:27:05	01:39:47	138
181	Melissa Reid	N	FO	11:01:00	00:06:07	01:03:21	00:30:51	01:40:19	139
100	Marie Usher	N	FO	10:04:00	00:08:46	01:01:17	00:30:20	01:40:23	140
139	Dee Arnold	N	FO	10:36:00	00:08:36	01:00:30	00:31:18	01:40:24	141
77	Alison Blatchford	Y	FO	09:41:00	00:10:06	01:02:14	00:28:12	01:40:32	142
104	Stuart Thompson	N	MO50	10:08:00	00:08:03	01:00:55	00:31:34	01:40:32	143
169	Catherine McGuinness	N	FO40	10:56:00	00:08:19	01:02:10	00:30:25	01:40:54	144
170	Juliet Gould	N	FO40	10:56:00	00:07:44	01:02:49	00:30:21	01:40:54	145
18	Chris Trehwella	N	MO40	08:55:00	00:11:38	00:58:05	00:31:24	01:41:07	146
118	Michael Johns	N	MO50	10:18:00	00:08:44	01:01:05	00:31:36	01:41:25	147
3	Emily Adams	N	FO	08:38:00	00:09:53	01:01:03	00:30:31	01:41:27	148
219	Hannah Griffin	N	FO	11:23:00	00:07:26	01:00:28	00:33:39	01:41:33	149
85	Michael Gibbs	N	MO	09:52:00	00:07:56	01:05:36	00:28:16	01:41:48	150
64	Kathryn Billing	N	FO	09:33:00	00:09:47	01:02:12	00:30:15	01:42:14	151
187	Ania Ruskowski	N	FO40	09:19:00	00:08:24	01:05:49	00:28:37	01:42:50	152
50	Gemma Baker	N	FO	09:20:00	00:08:49	01:05:23	00:28:40	01:42:52	153
112	Chris Collishaw	N	MO	10:15:00	00:08:01	01:04:33	00:30:18	01:42:52	154
172	Stewart Elkin	N	MO	10:56:00	00:08:07	01:02:08	00:32:47	01:43:02	155
35	Alison Galloway	Y	FO40	09:14:00	00:11:51	01:00:18	00:30:57	01:43:06	156
82	Liz Prady	N	FO50	09:48:00	00:09:04	01:04:16	00:29:55	01:43:15	157
46	Roger Browne	N	MO	09:16:00	00:09:44	01:01:50	00:31:47	01:43:21	158
160	Shelly Tregoning	N	FO40	10:49:00	00:07:45	01:05:49	00:30:04	01:43:38	159
48	Frank Burnell	N	MO50	08:46:00	00:13:44	01:02:58	00:27:48	01:44:30	160
132	Clare Patterson	N	FO	10:31:00	00:10:50	01:02:50	00:31:11	01:44:51	161
115	Michelle Williams	N	FO40	10:18:00	00:08:53	01:05:54	00:30:18	01:45:05	162
158	Stephanie Thomson	N	FO	10:46:00	00:10:02	01:00:49	00:34:19	01:45:10	163
84	Mark Picken	N	MO	09:50:00	00:09:45	01:05:33	00:29:56	01:45:14	164
70	Lynn Pascoe	N	FO50	09:41:00	00:10:18	01:01:21	00:33:51	01:45:30	165
41	Kerry Baker	N	FO	09:14:00	00:08:48	01:07:26	00:29:21	01:45:35	166
60	David Hutchinson	N	MO40	09:28:00	00:10:56	01:05:11	00:29:55	01:46:02	167
179	Grace Richards	Y	FO	10:58:00	00:06:07	01:04:17	00:35:53	01:46:17	168
53	Gill Hazel	N	FO	09:25:00	00:09:24	01:08:20	00:28:39	01:46:23	169
15	Andrew Wilkinson	Y	MO40	08:49:00	00:09:41	01:03:07	00:33:47	01:46:35	170
105	Amanda Bramwell	N	FO40	10:10:00	00:09:50	00:59:36	00:37:17	01:46:43	171
66	Lynda Filmer	Y	FO40	09:35:00	00:10:20	01:02:10	00:34:15	01:46:45	172
148	Paul Hendy	Y	MO40	10:40:00	00:06:58	01:02:51	00:36:56	01:46:45	173

Race Number	Name	Local	Category	Start Time	Swim Time	Bike Time	Run Time	Race Time	Position
51	Sue Burges	N	FO50	09:23:00	00:09:33	01:05:39	00:31:35	01:46:47	174
94	Nikki Kennard	N	FO40	09:58:00	00:09:42	01:05:09	00:32:02	01:46:53	175
63	Michael Ringwood	N	MO40	09:32:00	00:10:49	01:05:37	00:30:52	01:47:18	176
203	Jane Fenwick	N	FO	11:14:00	00:06:47	01:04:52	00:35:52	01:47:31	177
47	Delia Teseder	N	FO40	09:18:00	00:12:39	01:02:48	00:32:46	01:48:13	178
17	Sarah Sawyer	Y	FO40	08:53:00	00:11:20	01:02:29	00:34:25	01:48:14	179
57	Kate Opie	N	FO	09:28:00	00:11:42	01:05:46	00:31:00	01:48:28	180
109	Carol Mitchell	N	FO40	10:12:00	00:08:34	01:04:08	00:36:33	01:49:15	181
2	Jane Adams	N	FO	08:38:00	00:09:49	01:04:37	00:35:26	01:49:52	182
79	Susan Stanley	Y	FO40	09:44:00	00:10:06	01:06:43	00:33:07	01:49:56	183
62	Julie Johns	N	FO40	09:30:00	00:08:49	01:08:43	00:32:41	01:50:13	184
26	Sarah Tregear	N	FO40	09:01:00	00:11:00	01:08:30	00:31:10	01:50:40	185
32	Julie Sheppard	N	FO40	09:07:00	00:11:33	01:05:31	00:33:51	01:50:55	186
161	Daniel Lugg	N	MO	10:49:00	00:06:23	01:02:24	00:42:10	01:50:57	187
73	Sonya Veale	N	FO	09:41:00	00:09:38	01:13:12	00:28:22	01:51:12	188
124	Claire Brown	N	FO	10:25:00	00:09:42	01:08:24	00:33:34	01:51:40	189
144	Kate Fitzmaurice	Y	FO	10:38:00	00:08:41	01:13:28	00:29:43	01:51:52	190
96	Timothy Smithies	N	MO50	10:00:00	00:10:47	01:09:17	00:33:22	01:53:26	191
80	Joe Mcevoy	N	MO	09:46:00	00:09:14	01:09:52	00:34:27	01:53:33	192
74	Cara Rowe	N	FO40	09:41:00	00:10:44	01:12:06	00:30:55	01:53:45	193
33	Tracey Bowden	Y	FO	09:07:00	00:11:10	01:08:41	00:34:15	01:54:06	194
128	James Ellis	N	MO50	10:27:00	00:07:53	01:05:45	00:41:07	01:54:45	195
58	Marilyn Mitchell	N	FO50	09:28:00	00:11:38	01:11:26	00:32:24	01:55:28	196
90	Philip McNevin	Y	MO	09:54:00	00:07:55	01:11:57	00:35:48	01:55:40	197
52	Paula Drouet	N	FO50	09:25:00	00:13:44	01:09:24	00:32:35	01:55:43	198
22	Patrick Keen	N	MO40	08:58:00	00:13:45	01:06:15	00:35:52	01:55:52	199
88	Emma George	N	FO	09:52:00	00:12:07	01:03:59	00:40:29	01:56:35	200
19	Carol Webber	N	FO40	08:55:00	00:10:16	01:11:19	00:35:15	01:56:50	201
61	Julie Fletcher	N	FO40	09:28:00	00:09:08	01:13:30	00:34:29	01:57:07	202
24	Samantha Laity	Y	FO	09:00:00	00:12:37	01:14:38	00:31:38	01:58:53	203
81	Theresa Cook	Y	FO	09:46:00	00:11:37	01:12:40	00:35:33	01:59:50	204
25	Michelle Ives	Y	FO	09:01:00	00:10:12	01:15:23	00:35:49	02:01:24	205
42	Sue Matthews	N	FO40	09:14:00	00:11:35	01:14:01	00:36:28	02:02:04	206
34	Rose Croxford	N	FO40	09:10:00	00:12:28	01:11:36	00:38:30	02:02:34	207
23	Hazel Matthews	Y	FO40	08:59:00	00:10:22	01:17:25	00:35:46	02:03:33	208
54	Sarah Christmas	Y	FO	09:25:00	00:09:09	01:19:01	00:36:03	02:04:13	209

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position</b>
92	Jack Davis	N	MO50	09:55:00	00:08:16	01:18:33	00:39:28	02:06:17	210
10	Vanessa Clarke	N	FO	08:46:00	00:12:51	01:16:55	00:36:32	02:06:18	211
9	Diane Phillips	Y	FO40	08:38:00	00:11:21	01:15:59	00:40:01	02:07:21	212
91	Leah Mynett	N	FO	09:55:00	00:08:27	01:17:58	00:40:59	02:07:24	213
20	Louisa Russell	Y	FO	08:56:00	00:07:55	01:28:57	00:30:59	02:07:51	214
13	Derek Cardy	N	MO50	08:49:00	00:14:16	01:19:32	00:35:15	02:09:03	215
1	Chris Adams	N	MO50	08:38:00	00:15:43	01:13:13	00:41:16	02:10:12	216
6	Steve White	N	MO50	08:38:00	00:14:02	01:18:22	00:41:44	02:14:08	217
83	Jan Currie	Y	FO50	09:49:00	00:16:09	01:18:17	00:40:14	02:14:40	218
36	Tessa Rabett	N	FO50	09:14:00	00:12:46	01:29:07	00:36:20	02:18:13	219
7	David Garrard	Y	MO50	08:38:00	00:00:00	01:41:02	00:41:29	02:22:31	220
12	Martin Tregenza	N	MO	08:49:00	00:12:43	01:48:47	00:39:43	02:41:13	221
145	Margaret Knight	N	FO	10:40:00	00:07:36			DNF	

## Category Results

### MALE OPEN

Race Number	Name	Local	Category	Start Time	Swim Time	Bike Time	Run Time	Race Time	Position in Category
248	Rich Brady	N	MO	11:41:00	00:05:38	00:40:00	00:20:07	01:05:45	1
244	Chris Birch	N	MO	11:37:00	00:06:24	00:39:36	00:20:22	01:06:22	2
240	Matt Pullen	N	MO	11:33:00	00:05:40			01:07:00	3
223	Paul Clarke	N	MO	11:25:00	00:05:56	00:42:16	00:19:53	01:08:05	4
254	Rhys Davey	N	MO	11:41:00	00:04:44	00:43:12	00:21:13	01:09:09	5
253	William Collins	N	MO	11:41:00	00:05:19	00:42:41	00:21:36	01:09:36	6
243	Jeffrey Houghton	N	MO	11:37:00	00:05:40	00:42:29	00:22:20	01:10:29	7
255	Steve Ferguson	N	MO	11:41:00	00:04:48	00:43:29	00:22:47	01:11:04	8
232	Sean Dunstan	Y	MO	11:33:00	00:06:29	00:43:29	00:21:56	01:11:54	9
29	Gus Gusterson	Y	MO40	09:05:00	00:06:34	00:44:16	00:22:50	01:13:40	10
142	Gary Chambers	Y	MO	10:36:00	00:07:11	00:43:49	00:23:47	01:14:47	11
202	Adrian Bell	Y	MO40	11:14:00	00:06:24	00:45:46	00:22:58	01:15:08	12
224	Craig Salmone	N	MO	11:25:00	00:06:29	00:47:16	00:21:52	01:15:37	13
218	Ian Matthews	N	MO40	11:22:00	00:06:47	00:45:45	00:23:14	01:15:46	14
205	Mark King	N	MO40	11:16:00	00:07:25	00:46:35	00:21:57	01:15:57	15
225	Loyd Purvis	N	MO	11:25:00	00:06:15	00:48:09	00:21:55	01:16:19	16
234	David Pell	N	MO40	11:33:00	00:06:05	00:46:25	00:24:01	01:16:31	17
239	Matt Groves	N	MO40	11:33:00	00:07:04	00:46:14	00:23:37	01:16:55	18
238	Gareth Thomas	N	MO	11:33:00	00:06:37	00:49:40	00:20:47	01:17:04	19
157	Jeremy Stephens	N	MO40	10:46:00	00:08:07	00:47:38	00:21:23	01:17:08	20
214	Julian Wills	N	MO	11:21:00	00:07:02	00:47:04	00:23:40	01:17:46	21
215	Chris Lobb	N	MO	11:21:00	00:06:37	00:46:03	00:25:23	01:18:03	22
233	Chris Dominey	N	MO	11:33:00	00:06:05	00:46:39	00:26:13	01:18:57	23
246	Matt Davies	N	MO	11:39:00	00:05:54	00:49:35	00:23:44	01:19:13	24
252	Callum Tustin	N	MO	11:41:00	00:04:53	00:49:50	00:24:30	01:19:13	25
222	Julian Richards	N	MO	11:25:00	00:05:56	00:50:16	00:23:09	01:19:21	26
173	John Anderton	N	MO40	10:56:00	00:07:49	00:47:17	00:24:41	01:19:47	27
209	Nathan Hickling	N	MO	11:16:00	00:06:26	00:46:03	00:27:22	01:19:51	28
178	Oscar De La Encarnacion	N	MO	10:58:00	00:07:04	00:48:38	00:24:20	01:20:02	29
242	Andrew Smith	N	MO40	11:33:00	00:06:34	00:47:09	00:26:47	01:20:30	30
122	Michael Badstubner	N	MO	10:22:00	00:06:29	00:50:04	00:24:12	01:20:45	31
133	Mark Sykes	N	MO40	10:31:00	00:08:06	00:49:02	00:23:43	01:20:51	32
199	Jonathan Ford-Dunn	N	MO50	11:13:00	00:06:57	00:46:58	00:26:57	01:20:52	33



<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
191	Pete Nash	N	MO50	11:07:00	00:07:59	00:49:01	00:23:56	01:20:56	34
245	Matt Goater	N	MO	11:37:00	00:06:10	00:37:13	00:37:46	01:21:09	35
212	David Weeks	N	MO	08:46:00	00:07:01	00:48:24	00:26:28	01:21:53	36
256	David Bartlett	N	MO	11:41:00	00:04:32	00:51:05	00:26:17	01:21:54	37
59	Jamie Strachan	Y	MO	09:28:00	00:06:35	00:51:14	00:24:18	01:22:07	38
189	Phil Sanger	N	MO	11:05:00	00:06:57	00:50:03	00:25:19	01:22:19	39
188	Phil Bristow	N	MO40	11:05:00	00:06:56	00:49:50	00:25:43	01:22:29	40
162	Jeremy Marston	N	MO	10:49:00	00:07:53	00:50:00	00:24:42	01:22:35	41
228	Bruno Martin	Y	MO	11:30:00	00:06:39	00:48:03	00:27:59	01:22:41	42
167	David Prady	N	MO	10:53:00	00:06:50	00:50:04	00:25:53	01:22:47	43
182	Colin Snook	N	MO	11:05:00	00:08:13	00:53:57	00:20:52	01:23:02	44
196	Chris Grainger	N	MO	11:08:00	00:06:40	00:51:51	00:25:14	01:23:45	45
150	Jon Burrage	N	MO	10:43:00	00:06:52	00:48:54	00:28:01	01:23:47	46
186	Steve Opie	N	MO40	11:05:00	00:07:46	00:50:50	00:25:15	01:23:51	47
130	Pete Boxall	N	MO	10:29:00	00:06:26	00:52:37	00:25:33	01:24:36	48
108	Darren Stanley	Y	MO	10:11:00	00:08:10	00:49:20	00:27:49	01:25:19	49
207	Ander Cooley	N	MO	11:16:00	00:06:43	00:56:11	00:22:35	01:25:29	50
185	M Tamblyn	N	MO	11:05:00	00:06:58	00:51:01	00:27:40	01:25:39	51
98	Phil Adams	N	MO40	10:02:00	00:07:35	00:52:00	00:26:19	01:25:54	52
27	Steve Tregear	N	MO40	09:02:00	00:09:01	00:52:13	00:24:43	01:25:57	53
155	Mark Burch	N	MO40	10:46:00	00:07:51	00:51:29	00:26:40	01:26:00	54
249	Alan Ledger	N	MO	11:41:00	00:05:56	00:54:14	00:25:53	01:26:03	55
159	Philip Climer	N	MO40	10:46:00	00:07:35	00:51:52	00:26:44	01:26:11	56
177	Sean Webb	N	MO40	10:58:00	00:08:20	00:53:10	00:24:42	01:26:12	57
168	Colin Hunter	N	MO40	10:56:00	00:07:16	00:52:36	00:26:22	01:26:14	58
120	Calvin Leach	N	MO	10:22:00	00:07:58	00:53:22	00:25:04	01:26:24	59
14	Paul Sydenham	N	MO40	08:49:00	00:08:19	00:53:23	00:24:50	01:26:32	60
137	Mark Crowle	N	MO	10:36:00	00:08:47	00:53:57	00:23:50	01:26:34	61
165	Neil Howe	Y	MO	10:49:00	00:07:33	00:50:50	00:28:14	01:26:37	62
30	David Alcock	N	MO	09:05:00	00:06:56	00:51:57	00:27:55	01:26:48	63
198	Phil Knuckey	N	MO40	11:13:00	00:07:05	00:52:35	00:27:13	01:26:53	64
143	Andy Booth	N	MO	10:37:00	00:07:25	00:51:58	00:27:50	01:27:13	65
39	Mark Sansby	N	MO40	09:14:00	00:09:18	00:50:51	00:27:27	01:27:36	66
204	Adrian Fellows	N	MO	11:16:00	00:05:58	00:53:04	00:28:45	01:27:47	67
147	Desmond O'Connell	N	MO	10:40:00	00:07:11	00:53:55	00:26:46	01:27:52	68
216	Jim Rogers	N	MO	11:21:00	00:06:57	00:49:43	00:31:23	01:28:03	69

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
175	Glyn Stanley	N	MO40	10:58:00	00:06:35	00:53:08	00:28:32	01:28:15	70
125	Jamie Thomas	N	MO	10:27:00	00:07:37	00:54:13	00:26:31	01:28:21	71
200	Mark Dalton	N	MO40	11:14:00	00:07:03	00:52:21	00:29:09	01:28:33	72
116	Jason Wallace	Y	MO	10:18:00	00:10:08	00:53:38	00:24:48	01:28:34	73
151	Dave Webb	N	MO40	10:43:00	00:08:57	00:53:12	00:26:32	01:28:41	74
221	Peter-Jack Lincoln	N	MO	11:25:00	00:07:08	00:52:30	00:29:09	01:28:47	75
229	Nick Brooks	N	MO40	11:30:00	00:06:04	00:56:28	00:26:36	01:29:08	76
113	Darren James	N	MO	10:18:00	00:08:21	00:54:34	00:26:16	01:29:11	77
195	Steve Cuddy	N	MO40	11:07:00	00:07:37	00:52:53	00:29:13	01:29:43	78
220	Stuart George	N	MO	11:25:00	00:06:49	00:52:41	00:30:16	01:29:46	79
103	Alan Buzza	N	MO40	10:08:00	00:09:11	00:58:22	00:22:41	01:30:14	80
86	Richard Mayes	N	MO	09:52:00	00:09:52	00:56:24	00:25:21	01:31:37	81
134	Iain Richards	N	MO50	10:31:00	00:07:35	00:55:47	00:28:17	01:31:39	82
114	Matt Lawless	Y	MO	10:18:00	00:07:02	00:54:38	00:30:10	01:31:50	83
93	Craig Tonkin	N	MO	09:56:00	00:09:40	00:56:03	00:26:23	01:32:06	84
28	Mr Cooper	N	MO	09:04:00	00:07:18			01:32:22	85
89	Phil Moyle	N	MO	09:53:00	00:08:32	00:57:30	00:26:24	01:32:26	86
236	David Monk	N	MO40	11:33:00	00:05:59	00:52:51	00:33:57	01:32:47	87
140	Tony Rowell	Y	MO40	10:36:00	00:08:14	00:54:56	00:29:42	01:32:52	88
4	Tom Edwards	N	MO	08:38:00	00:07:45	00:55:43	00:29:25	01:32:53	89
101	Nick Wills	Y	MO40	10:06:00	00:10:18	00:53:38	00:29:09	01:33:05	90
129	Robin Watson	Y	MO	10:29:00	00:07:15	00:59:45	00:26:08	01:33:08	91
117	Keith Wotten	N	MO50	10:18:00	00:08:04	01:00:09	00:25:00	01:33:13	92
180	Alistair Foster	Y	MO	11:00:00	00:06:57	00:55:44	00:30:58	01:33:39	93
190	Ian Anderson	N	MO	11:07:00	00:07:31	01:00:05	00:26:08	01:33:44	94
106	Mark Wherry	Y	MO40	10:10:00	00:09:10	00:54:17	00:30:18	01:33:45	95
211	Sam Connell	N	MO	11:16:00	00:07:23	00:55:55	00:30:56	01:34:14	96
55	Kevin Gilbert	Y	MO40	09:28:00	00:10:59	00:54:47	00:28:30	01:34:16	97
166	Christian Wilson	N	MO	10:51:00	00:07:49	00:56:04	00:30:48	01:34:41	98
99	Brian Lawton	Y	MO50	10:03:00	00:09:24	00:55:27	00:29:53	01:34:44	99
67	Trevor Lee	N	MO40	09:36:00	00:09:39	00:58:43	00:26:25	01:34:47	100
78	Phil Lee	N	MO50	09:43:00	00:10:43	01:00:04	00:24:20	01:35:07	101
127	G Cole	N	MO50	10:27:00	00:07:12	00:57:38	00:30:19	01:35:09	102
119	Karl Priest	Y	MO	10:22:00	00:08:19	00:56:54	00:30:12	01:35:25	103
102	Keith George	N	MO40	10:06:00	00:10:33	00:56:22	00:28:53	01:35:48	104
65	Robert Burrows	Y	MO50	09:35:00	00:10:22	00:56:52	00:28:52	01:36:06	105

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
16	Tony Woods	Y	MO	08:50:00	00:08:12	00:59:04	00:29:08	01:36:24	106
174	Malcolm Bunting	N	MO40	10:58:00	00:07:58	00:54:37	00:33:55	01:36:30	107
75	Nicholas Clements	N	MO	09:41:00	00:08:13	00:58:29	00:29:50	01:36:32	108
69	Mark Jones	N	MO	09:39:00	00:08:17	01:01:42	00:26:48	01:36:47	109
11	Scott Buckmaster	Y	MO40	08:47:00	00:09:09	00:55:00	00:32:43	01:36:52	110
40	Paul Chinn	Y	MO40	09:14:00	00:09:58	00:54:22	00:33:16	01:37:36	111
76	Barry Drew	Y	MO50	09:41:00	00:11:32	00:55:40	00:31:11	01:38:23	112
110	Ian Tolchard	Y	MO40	10:13:00	00:10:20	00:53:45	00:34:39	01:38:44	113
97	Carlos Barata	N	MO	10:01:00	00:09:16	00:59:56	00:30:06	01:39:18	114
95	David Clemenson	N	MO40	09:58:00	00:09:20	01:00:51	00:29:13	01:39:24	115
38	Steven Rice	N	MO40	09:14:00	00:09:37	01:03:05	00:27:05	01:39:47	116
104	Stuart Thompson	N	MO50	10:08:00	00:08:03	01:00:55	00:31:34	01:40:32	117
18	Chris Trehella	N	MO40	08:55:00	00:11:38	00:58:05	00:31:24	01:41:07	118
118	Michael Johns	N	MO50	10:18:00	00:08:44	01:01:05	00:31:36	01:41:25	119
85	Michael Gibbs	N	MO	09:52:00	00:07:56	01:05:36	00:28:16	01:41:48	120
112	Chris Collishaw	N	MO	10:15:00	00:08:01	01:04:33	00:30:18	01:42:52	121
172	Stewart Elkin	N	MO	10:56:00	00:08:07	01:02:08	00:32:47	01:43:02	122
46	Roger Browne	N	MO	09:16:00	00:09:44	01:01:50	00:31:47	01:43:21	123
48	Frank Burnell	N	MO50	08:46:00	00:13:44	01:02:58	00:27:48	01:44:30	124
84	Mark Picken	N	MO	09:50:00	00:09:45	01:05:33	00:29:56	01:45:14	125
60	David Hutchinson	N	MO40	09:28:00	00:10:56	01:05:11	00:29:55	01:46:02	126
15	Andrew Wilkinson	Y	MO40	08:49:00	00:09:41	01:03:07	00:33:47	01:46:35	127
148	Paul Hendy	Y	MO40	10:40:00	00:06:58	01:02:51	00:36:56	01:46:45	128
63	Michael Ringwood	N	MO40	09:32:00	00:10:49	01:05:37	00:30:52	01:47:18	129
161	Daniel Lugg	N	MO	10:49:00	00:06:23	01:02:24	00:42:10	01:50:57	130
96	Timothy Smithies	N	MO50	10:00:00	00:10:47	01:09:17	00:33:22	01:53:26	131
80	Joe Mcevoy	N	MO	09:46:00	00:09:14	01:09:52	00:34:27	01:53:33	132
128	James Ellis	N	MO50	10:27:00	00:07:53	01:05:45	00:41:07	01:54:45	133
90	Philip McNevin	Y	MO	09:54:00	00:07:55	01:11:57	00:35:48	01:55:40	134
22	Patrick Keen	N	MO40	08:58:00	00:13:45	01:06:15	00:35:52	01:55:52	135
92	Jack Davis	N	MO50	09:55:00	00:08:16	01:18:33	00:39:28	02:06:17	136
13	Derek Cardy	N	MO50	08:49:00	00:14:16	01:19:32	00:35:15	02:09:03	137
1	Chris Adams	N	MO50	08:38:00	00:15:43	01:13:13	00:41:16	02:10:12	138
6	Steve White	N	MO50	08:38:00	00:14:02	01:18:22	00:41:44	02:14:08	139
7	David Garrard	Y	MO50	08:38:00	00:00:00	01:41:02	00:41:29	02:22:31	140
12	Martin Tregenza	N	MO	08:49:00	00:12:43	01:48:47	00:39:43	02:41:13	141

**FEMALE OPEN**

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
251	Sam Herridge	Y	FO	11:41:00	00:05:01	00:44:12	00:22:58	01:12:11	1
153	Anne Maskell	N	FO40	10:44:00	00:07:28	00:49:47	00:23:43	01:20:58	2
136	Kathryn Burgess	N	FO	10:34:00	00:08:30	00:51:29	00:24:07	01:24:06	3
226	Holly Ferrar	N	FO	11:28:00	00:06:59	00:50:50	00:26:46	01:24:35	4
156	Sam Lawley	N	FO	10:46:00	00:06:56	00:52:17	00:25:40	01:24:53	5
138	Juliet Knowles	N	FO	10:36:00	00:08:17	00:54:12	00:23:31	01:26:00	6
237	Natasha Diment	N	FO	10:20:00	00:04:51	00:53:11	00:28:56	01:26:58	7
201	Becky George	N	FO40	10:06:00	00:07:27	00:53:37	00:26:42	01:27:46	8
135	Nancy Sheppard	N	FO	10:31:00	00:08:30	00:53:43	00:26:45	01:28:58	9
206	Helen Webb	Y	FO	11:16:00	00:06:31	00:55:14	00:28:23	01:30:08	10
213	Sarah Domoney	N	FO	11:21:00	00:06:20	00:56:02	00:28:04	01:30:26	11
230	Charlotte Hurst	Y	FO	11:30:00	00:06:16	00:54:45	00:30:58	01:31:59	12
208	Helen Walker	Y	FO	11:16:00	00:06:28	00:58:38	00:28:01	01:33:07	13
183	Yvonne Turner	N	FO40	11:05:00	00:07:38	01:00:02	00:27:04	01:34:44	14
31	Nancy Hill	N	FO40	09:07:00	00:10:08	01:00:47	00:24:17	01:35:12	15
193	Alex Kelly	N	FO	11:07:00	00:07:24	00:58:52	00:29:01	01:35:17	16
154	Hope Cooper	N	FO	10:08:00	00:07:54	00:58:44	00:28:44	01:35:22	17
192	Emily Trebilcock	N	FO	11:07:00	00:07:37	01:01:17	00:26:30	01:35:24	18
131	Angie Tiller	N	FO	10:29:00	00:07:52	00:57:42	00:32:53	01:38:27	19
123	Kay Kershaw	Y	FO	10:24:00	00:08:31	01:02:09	00:27:52	01:38:32	20
21	Kate Ryder Richardson	N	FO40	08:57:00	00:07:33	00:59:17	00:32:00	01:38:50	21
5	Karen Harrison	Y	FO40	08:38:00	00:09:58	01:02:22	00:26:32	01:38:52	22
181	Melissa Reid	N	FO	11:01:00	00:06:07	01:03:21	00:30:51	01:40:19	23
100	Marie Usher	N	FO	10:04:00	00:08:46	01:01:17	00:30:20	01:40:23	24
139	Dee Arnold	N	FO	10:36:00	00:08:36	01:00:30	00:31:18	01:40:24	25
77	Alison Blatchford	Y	FO	09:41:00	00:10:06	01:02:14	00:28:12	01:40:32	26
169	Catherine McGuinness	N	FO40	10:56:00	00:08:19	01:02:10	00:30:25	01:40:54	27
170	Juliet Gould	N	FO40	10:56:00	00:07:44	01:02:49	00:30:21	01:40:54	28
3	Emily Adams	N	FO	08:38:00	00:09:53	01:01:03	00:30:31	01:41:27	29
219	Hannah Griffin	N	FO	11:23:00	00:07:26	01:00:28	00:33:39	01:41:33	30
64	Kathryn Billing	N	FO	09:33:00	00:09:47	01:02:12	00:30:15	01:42:14	31
187	Ania Ruskowski	N	FO40	09:19:00	00:08:24	01:05:49	00:28:37	01:42:50	32
50	Gemma Baker	N	FO	09:20:00	00:08:49	01:05:23	00:28:40	01:42:52	33
35	Alison Galloway	Y	FO40	09:14:00	00:11:51	01:00:18	00:30:57	01:43:06	34

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
82	Liz Prady	N	FO50	09:48:00	00:09:04	01:04:16	00:29:55	01:43:15	35
160	Shelly Tregoning	N	FO40	10:49:00	00:07:45	01:05:49	00:30:04	01:43:38	36
132	Clare Patterson	N	FO	10:31:00	00:10:50	01:02:50	00:31:11	01:44:51	37
115	Michelle Williams	N	FO40	10:18:00	00:08:53	01:05:54	00:30:18	01:45:05	38
158	Stephanie Thomson	N	FO	10:46:00	00:10:02	01:00:49	00:34:19	01:45:10	39
70	Lynn Pascoe	N	FO50	09:41:00	00:10:18	01:01:21	00:33:51	01:45:30	40
41	Kerry Baker	N	FO	09:14:00	00:08:48	01:07:26	00:29:21	01:45:35	41
179	Grace Richards	Y	FO	10:58:00	00:06:07	01:04:17	00:35:53	01:46:17	42
53	Gill Hazel	N	FO	09:25:00	00:09:24	01:08:20	00:28:39	01:46:23	43
105	Amanda Bramwell	N	FO40	10:10:00	00:09:50	00:59:36	00:37:17	01:46:43	44
66	Lynda Filmer	Y	FO40	09:35:00	00:10:20	01:02:10	00:34:15	01:46:45	45
51	Sue Burges	N	FO50	09:23:00	00:09:33	01:05:39	00:31:35	01:46:47	46
94	Nikki Kennard	N	FO40	09:58:00	00:09:42	01:05:09	00:32:02	01:46:53	47
203	Jane Fenwick	N	FO	11:14:00	00:06:47	01:04:52	00:35:52	01:47:31	48
47	Delia Teseder	N	FO40	09:18:00	00:12:39	01:02:48	00:32:46	01:48:13	49
17	Sarah Sawyer	Y	FO40	08:53:00	00:11:20	01:02:29	00:34:25	01:48:14	50
57	Kate Opie	N	FO	09:28:00	00:11:42	01:05:46	00:31:00	01:48:28	51
109	Carol Mitchell	N	FO40	10:12:00	00:08:34	01:04:08	00:36:33	01:49:15	52
2	Jane Adams	N	FO	08:38:00	00:09:49	01:04:37	00:35:26	01:49:52	53
79	Susan Stanley	Y	FO40	09:44:00	00:10:06	01:06:43	00:33:07	01:49:56	54
62	Julie Johns	N	FO40	09:30:00	00:08:49	01:08:43	00:32:41	01:50:13	55
26	Sarah Tregear	N	FO40	09:01:00	00:11:00	01:08:30	00:31:10	01:50:40	56
32	Julie Sheppard	N	FO40	09:07:00	00:11:33	01:05:31	00:33:51	01:50:55	57
73	Sonya Veale	N	FO	09:41:00	00:09:38	01:13:12	00:28:22	01:51:12	58
124	Claire Brown	N	FO	10:25:00	00:09:42	01:08:24	00:33:34	01:51:40	59
144	Kate Fitzmaurice	Y	FO	10:38:00	00:08:41	01:13:28	00:29:43	01:51:52	60
74	Cara Rowe	N	FO40	09:41:00	00:10:44	01:12:06	00:30:55	01:53:45	61
33	Tracey Bowden	Y	FO	09:07:00	00:11:10	01:08:41	00:34:15	01:54:06	62
58	Marilyn Mitchell	N	FO50	09:28:00	00:11:38	01:11:26	00:32:24	01:55:28	63
52	Paula Drouet	N	FO50	09:25:00	00:13:44	01:09:24	00:32:35	01:55:43	64
88	Emma George	N	FO	09:52:00	00:12:07	01:03:59	00:40:29	01:56:35	65
19	Carol Webber	N	FO40	08:55:00	00:10:16	01:11:19	00:35:15	01:56:50	66
61	Julie Fletcher	N	FO40	09:28:00	00:09:08	01:13:30	00:34:29	01:57:07	67
24	Samantha Laity	Y	FO	09:00:00	00:12:37	01:14:38	00:31:38	01:58:53	68
81	Theresa Cook	Y	FO	09:46:00	00:11:37	01:12:40	00:35:33	01:59:50	69
25	Michelle Ives	Y	FO	09:01:00	00:10:12	01:15:23	00:35:49	02:01:24	70

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
42	Sue Matthews	N	FO40	09:14:00	00:11:35	01:14:01	00:36:28	02:02:04	71
34	Rose Croxford	N	FO40	09:10:00	00:12:28	01:11:36	00:38:30	02:02:34	72
23	Hazel Matthews	Y	FO40	08:59:00	00:10:22	01:17:25	00:35:46	02:03:33	73
54	Sarah Christmas	Y	FO	09:25:00	00:09:09	01:19:01	00:36:03	02:04:13	74
10	Vanessa Clarke	N	FO	08:46:00	00:12:51	01:16:55	00:36:32	02:06:18	75
9	Diane Phillips	Y	FO40	08:38:00	00:11:21	01:15:59	00:40:01	02:07:21	76
91	Leah Mynett	N	FO	09:55:00	00:08:27	01:17:58	00:40:59	02:07:24	77
20	Louisa Russell	Y	FO	08:56:00	00:07:55	01:28:57	00:30:59	02:07:51	78
83	Jan Currie	Y	FO50	09:49:00	00:16:09	01:18:17	00:40:14	02:14:40	79
36	Tessa Rabett	N	FO50	09:14:00	00:12:46	01:29:07	00:36:20	02:18:13	80
145	Margaret Knight	N	FO	10:40:00	00:07:36			DNF	

**MALE VET 40**

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
29	Gus Gusterson	Y	MO40	09:05:00	00:06:34	00:44:16	00:22:50	01:13:40	1
202	Adrian Bell	Y	MO40	11:14:00	00:06:24	00:45:46	00:22:58	01:15:08	2
218	Ian Matthews	N	MO40	11:22:00	00:06:47	00:45:45	00:23:14	01:15:46	3
205	Mark King	N	MO40	11:16:00	00:07:25	00:46:35	00:21:57	01:15:57	4
234	David Pell	N	MO40	11:33:00	00:06:05	00:46:25	00:24:01	01:16:31	5
239	Matt Groves	N	MO40	11:33:00	00:07:04	00:46:14	00:23:37	01:16:55	6
157	Jeremy Stephens	N	MO40	10:46:00	00:08:07	00:47:38	00:21:23	01:17:08	7
173	John Anderton	N	MO40	10:56:00	00:07:49	00:47:17	00:24:41	01:19:47	8
242	Andrew Smith	N	MO40	11:33:00	00:06:34	00:47:09	00:26:47	01:20:30	9
133	Mark Sykes	N	MO40	10:31:00	00:08:06	00:49:02	00:23:43	01:20:51	10
188	Phil Bristow	N	MO40	11:05:00	00:06:56	00:49:50	00:25:43	01:22:29	11
186	Steve Opie	N	MO40	11:05:00	00:07:46	00:50:50	00:25:15	01:23:51	12
98	Phil Adams	N	MO40	10:02:00	00:07:35	00:52:00	00:26:19	01:25:54	13
27	Steve Tregear	N	MO40	09:02:00	00:09:01	00:52:13	00:24:43	01:25:57	14
155	Mark Burch	N	MO40	10:46:00	00:07:51	00:51:29	00:26:40	01:26:00	15
159	Philip Climer	N	MO40	10:46:00	00:07:35	00:51:52	00:26:44	01:26:11	16
177	Sean Webb	N	MO40	10:58:00	00:08:20	00:53:10	00:24:42	01:26:12	17
168	Colin Hunter	N	MO40	10:56:00	00:07:16	00:52:36	00:26:22	01:26:14	18
14	Paul Sydenham	N	MO40	08:49:00	00:08:19	00:53:23	00:24:50	01:26:32	19
198	Phil Knuckey	N	MO40	11:13:00	00:07:05	00:52:35	00:27:13	01:26:53	20
39	Mark Sansby	N	MO40	09:14:00	00:09:18	00:50:51	00:27:27	01:27:36	21
175	Glyn Stanley	N	MO40	10:58:00	00:06:35	00:53:08	00:28:32	01:28:15	22
200	Mark Dalton	N	MO40	11:14:00	00:07:03	00:52:21	00:29:09	01:28:33	23
151	Dave Webb	N	MO40	10:43:00	00:08:57	00:53:12	00:26:32	01:28:41	24
229	Nick Brooks	N	MO40	11:30:00	00:06:04	00:56:28	00:26:36	01:29:08	25
195	Steve Cuddy	N	MO40	11:07:00	00:07:37	00:52:53	00:29:13	01:29:43	26
103	Alan Buzza	N	MO40	10:08:00	00:09:11	00:58:22	00:22:41	01:30:14	27
236	David Monk	N	MO40	11:33:00	00:05:59	00:52:51	00:33:57	01:32:47	28
140	Tony Rowell	Y	MO40	10:36:00	00:08:14	00:54:56	00:29:42	01:32:52	29
101	Nick Wills	Y	MO40	10:06:00	00:10:18	00:53:38	00:29:09	01:33:05	30
106	Mark Wherry	Y	MO40	10:10:00	00:09:10	00:54:17	00:30:18	01:33:45	31
55	Kevin Gilbert	Y	MO40	09:28:00	00:10:59	00:54:47	00:28:30	01:34:16	32
67	Trevor Lee	N	MO40	09:36:00	00:09:39	00:58:43	00:26:25	01:34:47	33
102	Keith George	N	MO40	10:06:00	00:10:33	00:56:22	00:28:53	01:35:48	34

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
174	Malcolm Bunting	N	MO40	10:58:00	00:07:58	00:54:37	00:33:55	01:36:30	35
11	Scott Buckmaster	Y	MO40	08:47:00	00:09:09	00:55:00	00:32:43	01:36:52	36
40	Paul Chinn	Y	MO40	09:14:00	00:09:58	00:54:22	00:33:16	01:37:36	37
110	Ian Tolchard	Y	MO40	10:13:00	00:10:20	00:53:45	00:34:39	01:38:44	38
95	David Clemenson	N	MO40	09:58:00	00:09:20	01:00:51	00:29:13	01:39:24	39
38	Steven Rice	N	MO40	09:14:00	00:09:37	01:03:05	00:27:05	01:39:47	40
18	Chris Trewhella	N	MO40	08:55:00	00:11:38	00:58:05	00:31:24	01:41:07	41
60	David Hutchinson	N	MO40	09:28:00	00:10:56	01:05:11	00:29:55	01:46:02	42
15	Andrew Wilkinson	Y	MO40	08:49:00	00:09:41	01:03:07	00:33:47	01:46:35	43
148	Paul Hendy	Y	MO40	10:40:00	00:06:58	01:02:51	00:36:56	01:46:45	44
63	Michael Ringwood	N	MO40	09:32:00	00:10:49	01:05:37	00:30:52	01:47:18	45
22	Patrick Keen	N	MO40	08:58:00	00:13:45	01:06:15	00:35:52	01:55:52	47



**FEMALE VET 40**

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
153	Anne Maskell	N	FO40	10:44:00	00:07:28	00:49:47	00:23:43	01:20:58	1
201	Becky George	N	FO40	10:06:00	00:07:27	00:53:37	00:26:42	01:27:46	2
183	Yvonne Turner	N	FO40	11:05:00	00:07:38	01:00:02	00:27:04	01:34:44	3
31	Nancy Hill	N	FO40	09:07:00	00:10:08	01:00:47	00:24:17	01:35:12	4
21	Kate Ryder Richardson	N	FO40	08:57:00	00:07:33	00:59:17	00:32:00	01:38:50	5
5	Karen Harrison	Y	FO40	08:38:00	00:09:58	01:02:22	00:26:32	01:38:52	6
169	Catherine McGuinness	N	FO40	10:56:00	00:08:19	01:02:10	00:30:25	01:40:54	7
170	Juliet Gould	N	FO40	10:56:00	00:07:44	01:02:49	00:30:21	01:40:54	8
187	Ania Ruszkowski	N	FO40	09:19:00	00:08:24	01:05:49	00:28:37	01:42:50	9
35	Alison Galloway	Y	FO40	09:14:00	00:11:51	01:00:18	00:30:57	01:43:06	10
160	Shelly Tregoning	N	FO40	10:49:00	00:07:45	01:05:49	00:30:04	01:43:38	11
115	Michelle Williams	N	FO40	10:18:00	00:08:53	01:05:54	00:30:18	01:45:05	12
105	Amanda Bramwell	N	FO40	10:10:00	00:09:50	00:59:36	00:37:17	01:46:43	13
66	Lynda Filmer	Y	FO40	09:35:00	00:10:20	01:02:10	00:34:15	01:46:45	14
94	Nikki Kennard	N	FO40	09:58:00	00:09:42	01:05:09	00:32:02	01:46:53	15
47	Delia Teseder	N	FO40	09:18:00	00:12:39	01:02:48	00:32:46	01:48:13	16
17	Sarah Sawyer	Y	FO40	08:53:00	00:11:20	01:02:29	00:34:25	01:48:14	17
109	Carol Mitchell	N	FO40	10:12:00	00:08:34	01:04:08	00:36:33	01:49:15	18
79	Susan Stanley	Y	FO40	09:44:00	00:10:06	01:06:43	00:33:07	01:49:56	19
62	Julie Johns	N	FO40	09:30:00	00:08:49	01:08:43	00:32:41	01:50:13	184
26	Sarah Tregear	N	FO40	09:01:00	00:11:00	01:08:30	00:31:10	01:50:40	20
32	Julie Sheppard	N	FO40	09:07:00	00:11:33	01:05:31	00:33:51	01:50:55	21
74	Cara Rowe	N	FO40	09:41:00	00:10:44	01:12:06	00:30:55	01:53:45	22
19	Carol Webber	N	FO40	08:55:00	00:10:16	01:11:19	00:35:15	01:56:50	23
61	Julie Fletcher	N	FO40	09:28:00	00:09:08	01:13:30	00:34:29	01:57:07	24
42	Sue Matthews	N	FO40	09:14:00	00:11:35	01:14:01	00:36:28	02:02:04	25
34	Rose Croxford	N	FO40	09:10:00	00:12:28	01:11:36	00:38:30	02:02:34	26
23	Hazel Matthews	Y	FO40	08:59:00	00:10:22	01:17:25	00:35:46	02:03:33	27
9	Diane Phillips	Y	FO40	08:38:00	00:11:21	01:15:59	00:40:01	02:07:21	28

**MALE VET 50**

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
199	Jonathan Ford-Dunn	N	MO50	11:13:00	00:06:57	00:46:58	00:26:57	01:20:52	1
191	Pete Nash	N	MO50	11:07:00	00:07:59	00:49:01	00:23:56	01:20:56	2
134	Iain Richards	N	MO50	10:31:00	00:07:35	00:55:47	00:28:17	01:31:39	3
117	Keith Wotten	N	MO50	10:18:00	00:08:04	01:00:09	00:25:00	01:33:13	4
99	Brian Lawton	Y	MO50	10:03:00	00:09:24	00:55:27	00:29:53	01:34:44	5
78	Phil Lee	N	MO50	09:43:00	00:10:43	01:00:04	00:24:20	01:35:07	6
127	G Cole	N	MO50	10:27:00	00:07:12	00:57:38	00:30:19	01:35:09	7
65	Robert Burrows	Y	MO50	09:35:00	00:10:22	00:56:52	00:28:52	01:36:06	8
76	Barry Drew	Y	MO50	09:41:00	00:11:32	00:55:40	00:31:11	01:38:23	9
104	Stuart Thompson	N	MO50	10:08:00	00:08:03	01:00:55	00:31:34	01:40:32	10
118	Michael Johns	N	MO50	10:18:00	00:08:44	01:01:05	00:31:36	01:41:25	11
48	Frank Burnell	N	MO50	08:46:00	00:13:44	01:02:58	00:27:48	01:44:30	12
96	Timothy Smithies	N	MO50	10:00:00	00:10:47	01:09:17	00:33:22	01:53:26	13
128	James Ellis	N	MO50	10:27:00	00:07:53	01:05:45	00:41:07	01:54:45	14
92	Jack Davis	N	MO50	09:55:00	00:08:16	01:18:33	00:39:28	02:06:17	15
13	Derek Cardy	N	MO50	08:49:00	00:14:16	01:19:32	00:35:15	02:09:03	16
1	Chris Adams	N	MO50	08:38:00	00:15:43	01:13:13	00:41:16	02:10:12	17
6	Steve White	N	MO50	08:38:00	00:14:02	01:18:22	00:41:44	02:14:08	18
7	David Garrard	Y	MO50	08:38:00	00:00:00	01:41:02	00:41:29	02:22:31	19

**FEMALE VET 50**

<b>Race Number</b>	<b>Name</b>	<b>Local</b>	<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
82	Liz Prady	N	FO50	09:48:00	00:09:04	01:04:16	00:29:55	01:43:15	1
70	Lynn Pascoe	N	FO50	09:41:00	00:10:18	01:01:21	00:33:51	01:45:30	2
51	Sue Burges	N	FO50	09:23:00	00:09:33	01:05:39	00:31:35	01:46:47	3
58	Marilyn Mitchell	N	FO50	09:28:00	00:11:38	01:11:26	00:32:24	01:55:28	4
52	Paula Drouet	N	FO50	09:25:00	00:13:44	01:09:24	00:32:35	01:55:43	5
83	Jan Currie	Y	FO50	09:49:00	00:16:09	01:18:17	00:40:14	02:14:40	6
36	Tessa Rabett	N	FO50	09:14:00	00:12:46	01:29:07	00:36:20	02:18:13	7

## RELAY TEAMS

<b>Race Number</b>		<b>Category</b>	<b>Start Time</b>	<b>Swim Time</b>	<b>Bike Time</b>	<b>Run Time</b>	<b>Race Time</b>	<b>Position in Category</b>
R299	The Old Duffers	Relay	08:38:00	00:06:14	00:49:44	00:21:19	01:17:17	1
R300	Team 113	Relay	08:38:00	00:06:59	00:56:20	00:21:01	01:24:20	2
R297	The Fab Four	Relay	08:38:00	00:08:28	00:55:38	00:25:53	01:29:59	3
R298	NRM	Relay	08:38:00	00:07:01	00:57:26	00:26:47	01:31:14	4

## CLUB TEAMS

<b>Position</b>	<b>Team</b>	<b>Score</b>
1	Cycle Logic	33
2	Mounds Bay Harriers 1	67
3	Kelly College	68
4	Tri-Logic 1	75
5	Cornwall AC	107
6	RNAS Culdrose 1	113
7	Hayle Runners 1	165
8	Mounds Bay Harriers 2	172
9	Plymouth Tri Club	172
10	Mounds Bay Harriers 3	267
11	Tri-Logic 2	273
12	Mounds Bay Harriers 4	323
13	Carn Runners	325
14	RNAS Culdrose 2	330
15	Mounds Bay Harriers 5	374
16	Truro Running Club	404
17	Hayle Runners 2	429
18	Mounds Bay Harriers 6	443
19	Mounds Bay Harriers 7	567