



# HELSTON TRIATHLON

## SUNDAY 6<sup>th</sup> JUNE 2010



400m POOL SWIM 16.5 mile CYCLE 3.5 mile RUN

THIS EVENT IS BASED AT HELSTON SPORTS CENTRE, CHURCH HILL, HELSTON, CORNWALL, TR13 8YQ

EVENT T-SHIRT TO ALL FINISHERS  
(Enter before May 7<sup>th</sup> to be guaranteed your T-shirt size)

VARIOUS CATEGORY AWARDS INCLUDING AGE GROUPS, LOCALS AND TEAMS DEPENDANT UPON ENTRY NUMBERS

REGISTRATION WILL BE FROM 7.00am. THE FIRST WAVE WILL START AT 8.00am. PRESENTATIONS AT 1.00pm

CLOSING DATE FOR ENTRIES – 21<sup>st</sup> MAY 2010 (ENTRY LIMIT: 300)  
**NO ENTRIES ON THE DAY**

PLEASE USE BLOCK CAPITALS

NAME ..... D.O.B. .... / ..... / ..... SEX: M / F T-SHIRT SIZE...S M L XL  
(Please circle)

ADDRESS.....

..... POST CODE .....

APPROX. TIME FOR 400m SWIM ..... EMAIL ADDRESS.....  
(You will start with swimmers with similar times)

CONTACT NUMBER ..... CLUB .....

- I DECLARE THAT:-
1. I will be 17 years or over by 31<sup>st</sup> December 2010
  2. I enter and intend to compete entirely at my own risk and not participate unless I am fit
  3. I agree to provide myself with a bicycle in a roadworthy condition & a British Triathlon approved cycle helmet
  4. I agree to abide by the British Triathlon rules of the event - the referee and race director's decisions are final
  5. I agree that under no circumstances will any refunds be given
  6. I agree to photos of the event being used for publicity purposes
  7. I accept that the event is affiliated to British Triathlon and run under their rules
  8. I indemnify the promoters, sponsors and organisers against a claim for any accident, loss or damage as a consequence of my participation in this event.

I ENCLOSE THE EVENT FEE OF: £16 - BT Members  (BT Member Number ..... )  
(tick appropriate box) £18 - Non BT Members

CHEQUES MADE PAYABLE TO "CORNWALL COUNCIL"  
(ALL BT MEMBERS MUST QUOTE MEMBER NUMBER AND SHOW CURRENT RACE LICENCE AT REGISTRATION).

SIGNED ..... DATE .....

PLEASE RETURN COMPLETED FORM AND APPROPRIATE ENTRY FEE TO:-  
CERI HARVEY, HELSTON TRIATHLON, CORNWALL COUNCIL LEISURE SERVICES,  
DOLCOATH AVENUE, CAMBORNE, CORNWALL, TR14 8SX

**FOR INFORMATION** - E-mail: [ceri.harvey@cornwall.gov.uk](mailto:ceri.harvey@cornwall.gov.uk) Tel: 01209 614348 or 07970 565114

### Sponsors



Helston Community College

