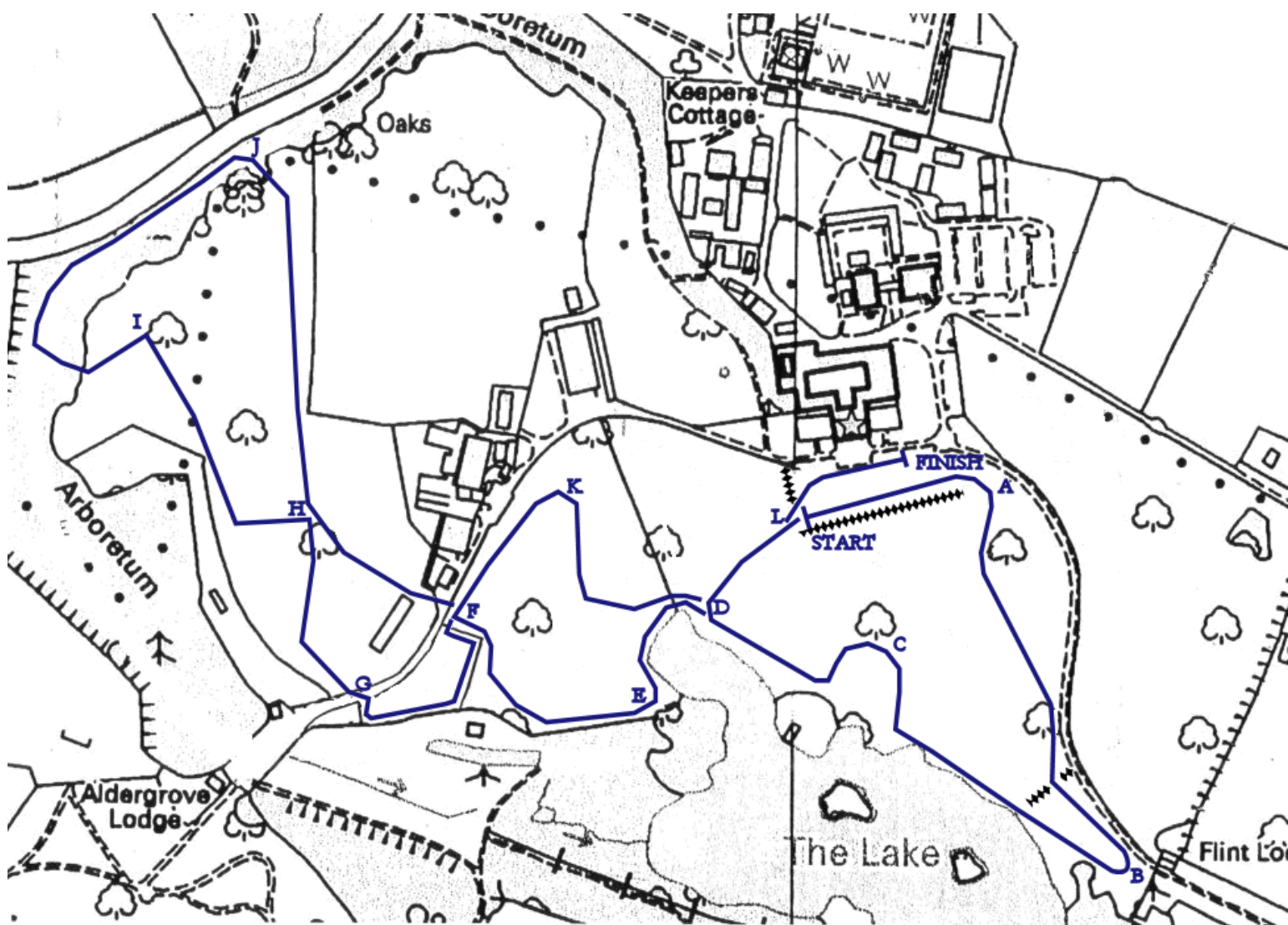


South West XC Championships – Bickton College 8th January 2012



Small Lap	A-B-C-D-L	920 m
Medium Lap	A-B-C-D-E-F-K-D-L	1540 m
Large Lap	A-B-C-D-E-F-G-H-I-J-H-F-K-D-L	2750 m
Finishing Straight		+50 m

TIMETABLE

12:00	U13G	3.1k	2 x Medium	
12:15	U13B	3.1k	2 x Medium	
12:30	U15G	3.7k	Small + Large	
12:50	U15B	3.7k	Small + Large	13.50
13:10	SM + U20M	8.0k	Small + Medium + 2 x Large	14.15
13:40	SW + U20W	6.5k	Small + 2 x Large	15.00
14:10	U17M	5.5k	2 x Large	15.30
14:30	U17F	4.3k	Medium + Large	15.50
				Presentations for U13G, U13B
				Presentations for U15G, U15B
				Presentations for U20M, SM
				Presentations for U20W, SW
				Presentations for U17M, U17W

DIRECTIONS

From the M5 take junction 30 signposted Exmouth, Sidmouth, Bickton Park. At the first roundabout take the road signposted Sidmouth/Bickton Park and stay on this road until you reach the village of Newon Poppleford. At the mini roundabout take the right hand turning to Budleigh Salterton and Bickton Park. After 2 miles, Bickton College will be found on the right hand side, just before Bickton Park. Proceed under the arch gatehouse and up the monkey puzzle avenue.

The post code for Bickton College is EX9 7BY, Grid Reference SY 072 865