

## ST LEVAN 10K – 15TH AUGUST 2014

Position	Time	Name	Team	Category	Pace	No.
1	0:34:36	EDDY, Neil	Mounts Bay Harriers	Male under 35	05:34.0	301
2	0:35:01	STEPTO, Emma	Cornwall AC	Female Vet 40-44	05:38.0	16
3	0:35:03	SMITH, Paul	Cornwall AC	Male Vet 40-44	05:38.3	106
4	0:35:13	MORANT, Jordan	Hayle Runners	Male under 35	05:39.9	56
5	0:35:22	BUZZA, Dave	Cornwall AC	Male Vet 50-54	05:41.4	278
6	0:35:49	DANIELS, Alex	Newquay Road Runners	Male Vet 40-44	05:45.7	74
7	0:35:59	GUMMESSON, Jonas	Newquay Road Runners	Male Vet 35-39	05:47.3	222
8	0:36:40	SNOOK, Colin	Cornwall AC	Male Vet 35-39	05:53.9	286
9	0:36:45	COLACO, Jonny	Newquay Road Runners	Male Vet 40-44	05:54.7	228
10	0:36:50	WARE, Iain	Newquay Road Runners	Male under 35	05:55.5	221
11	0:36:54	DAVIS, Eleanor	Newquay Road Runners	Female under 35	05:56.2	223
12	0:36:54	JARVIS, Anthony	St Austell Running Club	Male Vet 40-44	05:56.2	205
13	0:36:55	SCHUCK, Emma	Hayle Runners	Female under 35	05:56.3	23
14	0:37:02	EVANS, Darren	Launceston Road Runners	Male under 35	05:57.5	99
15	0:37:08	ABRAHAM, Scott	Hayle Runners	Male Vet 40-44	05:58.4	27
16	0:37:12	SAVAGE, Rich	Hayle Runners	Male Vet 45-49	05:59.1	43
17	0:37:22	WEBB, Jason	Cornwall AC	Male Vet 45-49	06:00.7	95
18	0:37:43	MCCOLL, Mark	Shettleston Harriers	Male under 35	06:04.1	271
19	0:37:52	HILL, Lewis	Hayle Runners	Male under 35	06:05.5	55
20	0:37:52	SETCHELL, Carole	Shettleston Harriers	Female under 35	06:05.5	270
21	0:37:57	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:06.3	64
22	0:38:11	BAYLY, Marc	Newquay Road Runners	Male Vet 35-39	06:08.6	83
23	0:38:24	LEE, Laurie	St Austell Running Club	Male Vet 55-59	06:10.7	178
24	0:38:46	WALLER, Connor	Mounts Bay Harriers	Male under 20	06:14.2	218
25	0:38:56	MCWILLIAMS, John		Male under 35	06:15.8	279
26	0:39:02	EDDISON, Andrew	Cornwall AC	Male Vet 45-49	06:16.8	14
27	0:39:16	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 45-49	06:19.0	128
28	0:39:27	ADAMS, Tim	St Austell Running Club	Male Vet 40-44	06:20.8	203
29	0:39:46	BAYLY, Jason	Newquay Road Runners	Male Vet 40-44	06:23.9	84
30	0:39:54	JAMES, Ian	Mounts Bay Harriers	Male Vet 45-49	06:25.1	112
31	0:39:57	MAY, Ben	Mounts Bay Harriers	Male under 35	06:25.6	302
32	0:40:10	TAYLOR, James		Male under 35	06:27.7	171
33	0:40:13	CHIRGWIN, Rob	Truro Running Club	Male under 35	06:28.2	260
34	0:40:17	ADAMS, Russ	Cornwall AC	Male Vet 40-44	06:28.9	76
35	0:40:21	RICHARDS, Mark	Mounts Bay Harriers	Male Vet 40-44	06:29.5	4
36	0:40:29	RAGGETT, Donna	Cornwall AC	Female Vet 40-44	06:30.8	215
37	0:40:30	CARDEW, Barrie	Carn Runners	Male Vet 55-59	06:30.9	189
38	0:40:50	LAURIE, Andrew	Falmouth Road Runners	Male Vet 50-54	06:34.2	158
39	0:41:10	STRACHAN, Steven	Falmouth Road Runners	Male Vet 35-39	06:37.4	69
40	0:41:15	SWIFT, Simon	Erme Valley Harriers	Male Vet 45-49	06:38.2	242
41	0:41:23	PELL, David	Cornwall AC	Male Vet 45-49	06:39.5	299
42	0:41:39	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	06:42.0	21
43	0:41:43	WALLER, Anne	Mounts Bay Harriers	Female Vet 40-44	06:42.7	151
44	0:41:46	REID, Steve	St Austell Running Club	Male Vet 40-44	06:43.2	241
45	0:41:48	ANGELL, Dave	Mile High	Male under 35	06:43.5	310
46	0:41:50	MAY, Stuart	Okehampton RC	Male Vet 45-49	06:43.8	1
47	0:41:58	VINCENT, Andrew		Male Vet 50-54	06:45.1	247
48	0:42:13	GRIMES, Richard	Newquay Road Runners	Male Vet 35-39	06:47.5	225
49	0:42:19	COOLING, Steve	Hayle Runners	Male Vet 35-39	06:48.5	37
50	0:42:28	LUCKHURST, Will		Male Vet 45-49	06:49.9	309
51	0:42:41	NICHOLLS, Dan	Bodmin Road Runners	Male under 35	06:52.0	188
52	0:42:46	WITHAM, Neville	Cornwall AC	Male Vet 55-59	06:52.8	108
53	0:42:52	ATTWOOD, James	Hayle Runners	Male Vet 40-44	06:53.8	17
54	0:42:59	POLGLASE, Tom	Carn Runners	Male Vet 60-64	06:54.9	233
55	0:43:02	KINGDON, Jody	Truro Running Club	Male under 35	06:55.4	261

56	0:43:06	HARMER, Richard		Male Vet 35-39	06:56.0	292
57	0:43:09	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 45-49	06:56.5	155
58	0:43:09	ARGALL, Robert		Male under 35	06:56.5	289
59	0:43:16	BASSIGNANI, Massimiliano		Male Vet 40-44	06:57.7	238
60	0:43:31	STONE, Will	Cornwall AC	Male under 20	07:00.1	245
61	0:43:36	PEARCE, Julia	Cornwall AC	Female Vet 35-39	07:00.9	179
62	0:43:37	CALDWELL, Andrew	Carn Runners	Male Vet 50-54	07:01.0	190
63	0:43:50	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	07:03.1	211
64	0:43:56	MCCLAY, Karen	Mounts Bay Harriers	Female Vet 45-49	07:04.1	129
65	0:43:57	PRESTON, Daniel	Mounts Bay Harriers	Male Vet 35-39	07:04.2	7
66	0:44:04	MCCORMACK, Scott	Falmouth Road Runners	Male Vet 45-49	07:05.4	212
67	0:44:30	WRIGHT, Ian	Cornwall AC	Male Vet 55-59	07:09.6	257
68	0:44:34	MORGAN, Martin	Bodmin Road Runners	Male Vet 55-59	07:10.2	187
69	0:44:38	HARRINGTON, Bertie	Blackheath & Bromley Harriers AC	Male under 20	07:10.8	248
70	0:44:41	LAY, Dominic		Male under 35	07:11.3	170
71	0:44:44	KING, Kevin	Hayle Runners	Male Vet 50-54	07:11.8	46
72	0:44:49	UREN, Peter	Mounts Bay Harriers	Male Vet 65-69	07:12.6	119
73	0:44:54	ARGALL, Nigel		Male Vet 55-59	07:13.4	287
74	0:44:58	FORD-DUNN, Jonathan	Truro Running Club	Male Vet 55-59	07:14.1	250
75	0:45:03	SWIFT, Jaine	Erme Valley Harriers	Female Vet 45-49	07:14.9	243
76	0:45:05	EYRE, Janna	Carn Runners	Female under 35	07:15.2	197
77	0:45:11	CORKER, Richard		Male Vet 50-54	07:16.2	274
78	0:45:14	HUMPHREY, Irwin	Hayle Runners	Male Vet 55-59	07:16.6	34
79	0:45:17	DRAYSON, Tim	Cornwall AC	Male Vet 45-49	07:17.1	296
80	0:45:20	REEVE, Paul	Cornwall AC	Male Vet 45-49	07:17.6	240
81	0:45:27	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 45-49	07:18.7	79
82	0:45:35	HARRIS, Geoff	Newquay Road Runners	Male Vet 50-54	07:20.0	88
83	0:45:36	WILCOX, David	Truro Running Club	Male Vet 35-39	07:20.2	78
84	0:45:43	USHER, Matt		Male Vet 40-44	07:21.3	300
85	0:45:45	HUBBARD, John		Male Vet 50-54	07:21.6	18
86	0:45:47	PINZOT, Giovanni	Pontecungo Bologna	Male Vet 40-44	07:21.9	82
87	0:45:48	KNOWLES, Juliet	Carn Runners	Female Vet 40-44	07:22.1	198
88	0:45:49	LEETON, Russell	Launceston Road Runners	Male Vet 40-44	07:22.3	236
89	0:45:58	PERRY, Will		Male Vet 35-39	07:23.7	237
90	0:46:00	KNAB, Tim	Bodmin Road Runners	Male Vet 45-49	07:24.0	201
91	0:46:05	FIGURES, Emma	Truro Running Club	Female under 35	07:24.8	298
92	0:46:13	OLIVER, Adam	Mounts Bay Harriers	Male under 35	07:26.1	49
93	0:46:26	THOMAS, Mellora		Female Vet 40-44	07:28.2	13
94	0:46:34	ZAMBELL, Alberto		Male Vet 55-59	07:29.5	275
95	0:46:35	SHORLAND, Narina	Hayle Runners	Female under 35	07:29.7	41
96	0:46:37	YOUNG, Stephen	Wootton Road Runners	Male Vet 40-44	07:30.0	71
97	0:46:41	ARCHER, Scott		Male Vet 35-39	07:30.6	206
98	0:46:42	CLEMENTS, Colette	Newquay Road Runners	Female under 35	07:30.8	227
99	0:46:45	PAULL, Lucy	Hayle Runners	Female under 35	07:31.3	45
100	0:46:57	HEANEY, Mark		Male Vet 55-59	07:33.2	263
101	0:46:59	GOULD, Marie	Cornwall AC	Female Vet 40-44	07:33.5	72
102	0:47:05	CAMPLELL, Aurein	Cardiff AC	Male under 35	07:34.5	269
103	0:47:09	FALLOWFIELD, Tim	Newquay Road Runners	Male under 35	07:35.1	224
104	0:47:17	COLEMAN, William		Male under 35	07:36.4	102
105	0:47:18	CARLISLE, Martha	Cornwall AC	Female under 20	07:36.6	293
106	0:47:19	BURROWS, Max	Falmouth Road Runners	Male Vet 50-54	07:36.8	169
107	0:47:22	GILL, Philip	Falmouth Road Runners	Male Vet 40-44	07:37.2	166
108	0:47:23	JONES, Simon MB	Mounts Bay Harriers	Male Vet 40-44	07:37.4	141
109	0:47:24	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35	07:37.6	131
110	0:47:25	BYTHEWAY, Simon		Male Vet 40-44	07:37.7	172
111	0:47:30	MCIVOR, Terry	Hayle Runners	Male Vet 65-69	07:38.5	40
112	0:47:30	CLARK, Katie	Mounts Bay Harriers	Female under 35	07:38.5	145
113	0:47:34	ROWELL, Tony	Tri Logic Cornwall	Male Vet 50-54	07:39.2	213
114	0:47:44	HARRINGTON, Rod	Croydon	Male Vet 45-49	07:40.8	249

115	0:47:58	KITCHEN, Nathan	Cornwall AC	Male Vet 40-44	07:43.0	6
116	0:48:06	RINGWOOD, Michael	Mounts Bay Harriers	Male Vet 45-49	07:44.3	123
117	0:48:09	JONES, Malcolm	Launceston Road Runners	Male Vet 55-59	07:44.8	304
118	0:48:14	PRIDE, Benjamin		Male Vet 35-39	07:45.6	204
119	0:48:19	HEATHFIELD, Jon	Dark Peak Fell Runners	Male Vet 50-54	07:46.4	67
120	0:48:22	TAYLOR, Josh		Male under 35	07:46.9	312
121	0:48:24	SIMCOCK, Jenny	Newquay Road Runners	Female under 35	07:47.2	229
122	0:48:31	COUPER, Andrew		Male Vet 45-49	07:48.3	252
123	0:48:35	HAYNES, Janet		Female Vet 45-49	07:49.0	3
124	0:48:36	TURNER, Jim	Newquay Road Runners	Male Vet 55-59	07:49.1	93
125	0:48:42	MAGUIRE, Natalie	Cornwall AC	Female Vet 35-39	07:50.1	294
126	0:48:45	NICHOLLS, Ruth		Female Vet 50-54	07:50.6	81
127	0:48:50	TOWNEND, Stewart	Hayle Runners	Male Vet 70-74	07:51.4	42
128	0:49:07	SHANNON, Jack		Male under 35	07:54.1	316
129	0:49:07	THOMAS, Harvey		Male under 35	07:54.1	315
130	0:49:07	WILLIAMS, Amy	East Cornwall Harriers	Female under 35	07:54.1	73
131	0:49:17	SCOTT, Cheryl		Female Vet 35-39	07:55.7	307
132	0:49:21	BUNCE, Richard	Mounts Bay Harriers	Male Vet 50-54	07:56.4	143
133	0:49:29	THOMAS, Helen	Carn Runners	Female Vet 40-44	07:57.7	11
134	0:49:33	BAKER, Colin		Male Vet 50-54	07:58.3	311
135	0:49:34	STUBBS, Marc		Male Vet 45-49	07:58.5	280
136	0:49:38	LILLIS, John	Newquay Road Runners	Male Vet 65-69	07:59.1	90
137	0:49:39	ROWETT, Gareth	St Austell Running Club	Male under 35	07:59.3	303
138	0:49:44	REID, Stuart		Male under 35	08:00.1	244
139	0:49:49	BACON, Richard		Male under 35	08:00.9	297
140	0:49:50	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	08:01.0	154
141	0:49:59	MOORE, Andy	Hayle Runners	Male Vet 55-59	08:02.5	38
142	0:50:09	HILL, Sarah	Newquay Road Runners	Female Vet 40-44	08:04.1	86
143	0:50:14	WALLER, Kate	Mounts Bay Harriers	Female under 35	08:04.9	147
144	0:50:37	NICHOLS, Jonathan	Local	Male Vet 45-49	08:08.6	234
145	0:50:42	JACKSON, Dave		Male Vet 60-64	08:09.4	291
146	0:50:47	SIMMONS, Andrea		Female Vet 60-64	08:10.2	177
147	0:51:02	BYRNE, Carly	Mounts Bay Harriers	Female Vet 35-39	08:12.6	142
148	0:51:14	THOMAS, Alan	Hayle Runners	Male Vet 55-59	08:14.6	268
149	0:51:15	BACKHOUSE, Eden	Mounts Bay Harriers	Female under 20	08:14.7	113
150	0:51:17	MUDD, Calvin		Male Vet 40-44	08:15.0	306
151	0:51:19	NICHOLAS, Stacey	Mounts Bay Harriers	Female under 35	08:15.4	124
152	0:51:20	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	08:15.5	137
153	0:51:37	LEWIS, Bridget	Mounts Bay Harriers	Female Vet 45-49	08:18.3	140
154	0:51:37	SEARLE (CHAPPELL), Lynsey	Mounts Bay Harriers	Female under 35	08:18.3	125
155	0:51:43	SYMONDS, Neil		Male Vet 45-49	08:19.2	253
156	0:51:50	FOREMAN, Michelle	Hayle Runners	Female Vet 45-49	08:20.4	35
157	0:51:56	HAYLER, Peter	Northern Vets AC	Male Vet 55-59	08:21.3	200
158	0:52:00	HIGGS, Martin	Mounts Bay Harriers	Male Vet 50-54	08:22.0	281
159	0:52:02	WALKER, Julia		Female Vet 45-49	08:22.3	208
160	0:52:06	TURTLE, John	Mounts Bay Harriers	Male Vet 50-54	08:22.9	144
161	0:52:09	BOOTH, Denise	Mounts Bay Harriers	Female Vet 40-44	08:23.4	130
162	0:52:29	WATERS, Rachel	St Austell Running Club	Female Vet 45-49	08:26.6	107
163	0:52:31	WALTERS, Karen	Newquay Road Runners	Female Vet 40-44	08:27.0	230
164	0:52:40	RUSSELL, Adrian	Woodford Green	Male Vet 50-54	08:28.4	96
165	0:53:00	OLIVER, Martin		Male Vet 55-59	08:31.6	48
166	0:53:00	MIDDLEDITCH, Kay	Newquay Road Runners	Female under 35	08:31.6	85
167	0:53:01	KEWN, Nicola	Mounts Bay Harriers	Female Vet 45-49	08:31.8	219
168	0:53:06	HEANEY, Susan	Royton Road Runners	Female Vet 50-54	08:32.6	264
169	0:53:15	PLATT, Steve	Trailrunning Assoc	Male Vet 55-59	08:34.0	314
170	0:53:19	RITCHIE, Janet	Carn Runners	Female Vet 50-54	08:34.7	192
171	0:53:23	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 35-39	08:35.3	226
172	0:53:29	BROMFIELD, Terry	Mounts Bay Harriers	Male Vet 65-69	08:36.3	132
173	0:53:34	JELF, Michelle	Hayle Runners	Female Vet 45-49	08:37.1	5

174	0:53:46	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	08:39.0	15
175	0:54:06	WARREN, Diane	Hayle Runners	Female Vet 60-64	08:42.2	26
176	0:54:08	WHARTON, Sarah	Mounts Bay Harriers	Female Vet 35-39	08:42.6	150
177	0:54:14	MELLIS, Susan	St Austell Running Club	Female Vet 60-64	08:43.5	111
178	0:54:14	ENDEAN, Dave	St Austell Running Club	Male Vet 60-64	08:43.5	98
179	0:54:20	BRAY, Simon		Male under 35	08:44.5	8
180	0:54:22	CHAPPLE, Janet	Local	Female Vet 55-59	08:44.8	80
181	0:54:24	MCCHESENEY, Ian		Male Vet 40-44	08:45.1	265
182	0:54:24	AUSTRIDGE, Claire	Blackheath & Bromley Harriers AC	Female Vet 45-49	08:45.1	183
183	0:54:25	AUSTRIDGE, Paul	Blackheath & Bromley Harriers AC	Male Vet 50-54	08:45.3	182
184	0:54:26	HITCHENS, Wietske	Newquay Road Runners	Female Vet 45-49	08:45.5	92
185	0:54:30	GOLDING, Nick	Local	Male under 35	08:46.1	239
186	0:54:36	RIGGS, Paul	Mounts Bay Harriers	Male Vet 35-39	08:47.1	127
187	0:54:42	CLARK, Julie	Mounts Bay Harriers	Female Vet 50-54	08:48.0	267
188	0:54:49	EVANS, Alun	Hayle Runners	Male Vet 45-49	08:49.2	30
189	0:54:51	BLEARS, Jenny	Newquay Road Runners	Female under 35	08:49.5	277
190	0:54:57	ALMOND, Mandie		Female Vet 40-44	08:50.4	66
191	0:55:21	ROSKILLY, Michelle	Hayle Runners	Female Vet 40-44	08:54.3	57
192	0:55:31	CONYERS, Matt		Male Vet 40-44	08:55.9	313
193	0:55:32	SHAW, Darren	Hayle Runners	Male Vet 40-44	08:56.1	216
194	0:55:38	CONNON, Naomi	Hayle Runners	Female Vet 40-44	08:57.0	2
195	0:55:46	PRADY, Clive	Cornwall AC	Male Vet 55-59	08:58.3	318
196	0:55:51	FITZGERALD, Atlanta		Female under 35	08:59.1	317
197	0:55:54	BOYD, Claire	Tri Logic Cornwall	Female under 35	08:59.6	207
198	0:55:56	COKELL, Pete		Male Vet 35-39	08:59.9	199
199	0:56:07	FRASER, Glen	Hayle Runners	Male Vet 55-59	09:01.7	39
200	0:56:13	LOWE, Wendy	Bodmin Womens RC	Female Vet 55-59	09:02.7	295
201	0:56:16	STONE, Jackie	Mounts Bay Harriers	Female Vet 50-54	09:03.2	133
202	0:56:21	WILTON, David	Falmouth Road Runners	Male Vet 55-59	09:04.0	163
203	0:56:28	SEARCH, Jenny	Elvet Striders	Female Vet 35-39	09:05.1	256
204	0:56:28	WADE, Neal		Male Vet 35-39	09:05.1	255
205	0:56:36	ARGALL, Rebecca		Female under 35	09:06.4	288
206	0:56:45	SARGENT, Pete	Newquay Road Runners	Male Vet 65-69	09:07.8	173
207	0:56:47	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 50-54	09:08.1	156
208	0:56:53	MATTHEWS, Clare		Female under 35	09:09.1	209
209	0:56:57	MARSTON, David	Mounts Bay Harriers	Male Vet 65-69	09:09.8	117
210	0:57:17	COOK, Damian	Mounts Bay Harriers	Male Vet 40-44	09:13.0	136
211	0:57:28	MARTIN, Kelly	Hayle Runners	Female under 35	09:14.7	29
212	0:57:32	GLAZIK, Rosanna		Female under 35	09:15.4	283
213	0:57:34	JOHNS, Sue	Mounts Bay Harriers	Female Vet 55-59	09:15.7	134
214	0:57:36	PYRAH, Pippa	Mounts Bay Harriers	Female under 35	09:16.0	135
215	0:57:38	DREW, Peter	Carn Runners	Male Vet 65-69	09:16.3	191
216	0:57:39	JEWELS, Lucy	St Austell Running Club	Female Vet 40-44	09:16.5	50
217	0:57:42	PRADY, Liz	Mounts Bay Harriers	Female Vet 55-59	09:17.0	105
218	0:57:58	ELLIS, Mike		Male Vet 35-39	09:19.6	52
219	0:57:58	TONKIN, Tracy		Female Vet 35-39	09:19.6	53
220	0:58:01	PURCHES-KNAB, Nicola		Female Vet 45-49	09:20.0	202
221	0:58:04	HUBBARD, Judith		Female Vet 45-49	09:20.5	19
222	0:58:05	JAMIESON, Sandy	Carn Runners	Female Vet 60-64	09:20.7	195
223	0:58:20	JAMES, Joyce	Mounts Bay Harriers	Female Vet 55-59	09:23.1	139
224	0:58:33	RULE, Roger	Mounts Bay Harriers	Male Vet 60-64	09:25.2	153
225	0:58:36	UREN, Penny	Mounts Bay Harriers	Female Vet 60-64	09:25.7	120
226	0:58:37	BOARDMAN, Diane	Truro Running Club	Female under 35	09:25.8	284
227	0:58:44	SUMMERS, Kate	Newquay Road Runners	Female under 35	09:27.0	176
228	0:58:44	EVANS, Des	Newquay Road Runners	Male Vet 65-69	09:27.0	174
229	0:58:44	KAYE, Emma	Newquay Road Runners	Female under 35	09:27.0	94
230	0:58:50	JAMESON, Judy	Carn Runners	Female Vet 55-59	09:27.9	193
231	0:58:53	KINGTON, Norris	Cornwall AC	Male Vet 70-74	09:28.4	65
232	0:59:03	CARTER, Nicki	Hayle Runners	Female Vet 45-49	09:30.0	31

233	0:59:08	VINCENT, Giuseppina	Dreckly Runners	Female Vet 50-54	09:30.8	181
234	0:59:12	THOMSON, Rachel	Mounts Bay Harriers	Female Vet 50-54	09:31.5	114
235	0:59:13	THOMSON, Stuart	Mounts Bay Harriers	Male Vet 40-44	09:31.6	115
236	0:59:13	JELBERT, Teona		Female under 35	09:31.6	290
237	0:59:15	CHAPMAN, Jackie	Launceston Road Runners	Female Vet 50-54	09:32.0	63
238	0:59:17	MENEAR, Lianne		Female under 35	09:32.3	51
239	0:59:18	COLES, Andrew		Male Vet 35-39	09:32.4	246
240	0:59:19	BURGES, Sue	Launceston Road Runners	Female Vet 60-64	09:32.6	10
241	0:59:20	MANDER, Peter	Launceston Road Runners	Male Vet 75+	09:32.8	22
242	0:59:21	TILDESEY, Amy	Mounts Bay Harriers	Female under 35	09:32.9	148
243	0:59:36	COUPER, Amy		Female under 20	09:35.3	251
244	0:59:41	TUCKER, Ian		Male under 35	09:36.1	259
245	0:59:45	POLLARD, Donna	Carn Runners	Female Vet 40-44	09:36.8	194
246	1:00:11	CULLEY, Carol	Hayle Runners	Female Vet 55-59	09:41.0	100
247	1:00:17	MCLENNAN, Chantal	Mounts Bay Harriers	Female Vet 35-39	09:41.9	152
248	1:00:17	JAKES, Karyn	Mounts Bay Harriers	Female Vet 35-39	09:41.9	258
249	1:00:30	WADE, Margaret	Carn Runners	Female Vet 60-64	09:44.0	196
250	1:00:37	PULLEN, Tim	Mounts Bay Harriers	Male Vet 55-59	09:45.1	118
251	1:01:09	MUDD, Barrington	Fetch Everyone RC	Male Vet 60-64	09:50.3	305
252	1:01:14	BULLOCK, Matthew	Tamar Trotters	Male Vet 35-39	09:51.1	186
253	1:01:26	KANE, Duncan	Mounts Bay Harriers	Male Vet 50-54	09:53.0	121
254	1:01:26	JAMES, Sue	Mounts Bay Harriers	Female Vet 60-64	09:53.0	149
255	1:01:36	PROSSER, Amanda	Mounts Bay Harriers	Female Vet 40-44	09:54.6	122
256	1:01:37	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	09:54.8	164
257	1:01:39	CARDELL, Timothea	Hayle Runners	Female Vet 70+	09:55.1	33
258	1:01:52	DALTON, Martin	Falmouth Road Runners	Male Vet 60-64	09:57.2	161
259	1:02:26	DE BARROS, Sara	Falmouth Road Runners	Female Vet 40-44	10:02.7	217
260	1:02:45	FRITH, Ray	Newquay Road Runners	Male Vet 65-69	10:05.7	87
261	1:02:51	MITCHELL, Dan		Male Vet 35-39	10:06.7	266
262	1:03:03	JAMES, Amanda	Mounts Bay Harriers	Female Vet 60-64	10:08.6	138
263	1:03:08	SROCZYNSKI, Jan	East Cornwall Harriers	Male Vet 65-69	10:09.4	77
264	1:03:45	BACKHOUSE, Claire	Mounts Bay Harriers	Female Vet 45-49	10:15.4	116
265	1:04:07	MCCLAY, Rebecca		Female under 35	10:18.9	91
266	1:04:15	LUGG, Dan	Mounts Bay Harriers	Male under 35	10:20.2	146
267	1:04:16	LEWIS, Tamsin	St Austell Running Club	Female Vet 40-44	10:20.4	62
268	1:04:16	LEWIS, Sean		Male Vet 50-54	10:20.4	61
269	1:04:16	TRENARY, Katie	Local	Female Vet 40-44	10:20.4	232
270	1:04:20	ARGALL, Helen		Male Vet 45-49	10:21.0	285
271	1:04:24	COULSON, Sarah		Female Vet 45-49	10:21.7	276
272	1:04:24	STUBBS, Lorraine		Female Vet 45-49	10:21.7	282
273	1:04:36	MARSH, Kathryn	Dreckly Runners	Female Vet 35-39	10:23.6	210
274	1:04:44	COLEMAN, Sarah	Hayle Runners	Female under 35	10:24.9	101
275	1:04:48	LEONARD-WILLIAMS, Esther	Hayle Runners	Female under 35	10:25.5	262
276	1:05:28	ARMSTRONG, Maxine	Hayle Runners	Female Vet 35-39	10:32.0	28
277	1:05:54	SCOTT, Susan		Female Vet 55-59	10:36.2	308
278	1:06:30	LE CHEMINANT, Rebecca	Local	Female Vet 40-44	10:41.9	97
279	1:06:35	BACKHOUSE, Angela	Newquay Road Runners	Female Vet 35-39	10:42.8	175
280	1:06:41	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	10:43.7	168
281	1:07:18	RICHARDSON, Joanne	Hayle Runners	Male Vet 40-44	10:49.7	110
282	1:07:27	GARRARD, David	Falmouth Road Runners	Male Vet 65-69	10:51.1	162
283	1:07:57	THOMAS, Jane	St Austell Running Club	Female Vet 55-59	10:55.9	59
284	1:08:02	BOWDEN, Jenny	Newquay Road Runners	Female Vet 45-49	10:56.7	89
285	1:08:04	SHAPCOTT, Paul	Tamar Trotters	Male Vet 40-44	10:57.1	184
286	1:08:04	WEBBER, Sharon	St Austell Running Club	Female Vet 40-44	10:57.1	20
287	1:08:07	DUKE, Jan	Tamar Trotters	Male Vet 65-69	10:57.6	185
288	1:08:41	MACKINTOSH, Susie	Hayle Runners	Female Vet 45-49	11:03.0	24
289	1:08:47	MOORE, Rachel	St Austell Running Club	Female Vet 40-44	11:04.0	54
290	1:08:47	BATE, Geoff	St Austell Running Club	Male Vet 45-49	11:04.0	47
291	1:08:53	FARLEY, Jenna	Hayle Runners	Female under 35	11:05.0	214

292	1:09:51	MASSEY, Jennie	Bodmin Womens RC	Female Vet 50-54	11:14.3	231
293	1:11:10	SAUNDRY, Richard	Hayle Runners	Male Vet 70-74	11:27.0	104
294	1:11:53	WYATT, Liz	St Austell Running Club	Female Vet 45-49	11:33.9	180
295	1:12:19	ARGALL, Jess		Female under 35	11:38.1	9
296	1:12:54	WATTS, Naomi		Female under 35	11:43.7	272
297	1:12:54	WATTS, Bridie		Female under 35	11:43.7	273
298	1:13:39	ROBSON, Tamsin		Female Vet 40-44	11:51.0	254
299	1:16:23	ROBERTS, Nigel	Falmouth Road Runners	Male under 35	12:17.4	165
300	1:21:22	HAIDON, Sofie	Moorhaven RC	Female under 35	13:05.5	235
301	1:21:22	HATCH, David	Moorhaven RC	Male Vet 65-69	13:05.5	68
302	1:23:54	HULCOOP, Jason	Moorhaven RC	Male Vet 35-39	13:29.9	12