

## ST LEVAN 10K – 14TH AUGUST 2015

PLACE	TIME	NAME	TEAM	CATEGORY	PACE	NO
1	0:33:25	RODGERS, Dan	Launceston Road Runners	Male under 35	05:22.6	313
2	0:33:31	SNOOK, Colin	Cornwall AC	Male Vet 35-39	05:23.5	294
3	0:33:37	EDDY, Neil	Mounts Bay Harriers	Male under 35	05:24.5	318
4	0:33:43	BIRCHMORE, Mike	Newquay Road Runners	Male under 35	05:25.5	319
5	0:33:56	THOMAS, Adam	Cornwall AC	Male under 35	05:27.5	312
6	0:34:00	LE GRICE, Peter	Mounts Bay Harriers	Male under 35	05:28.2	121
7	0:34:07	POWER, Declan		Male Vet 40-44	05:29.3	290
8	0:34:47	WHEAR, Paul	Cornwall AC	Male Vet 45-49	05:35.8	47
9	0:34:49	MORANT, Jordan	Hayle Runners	Male under 35	05:36.1	162
10	0:34:51	WRIGHT, Tony	Newquay Road Runners	Male Vet 45-49	05:36.4	236
11	0:35:09	DAVIS, Eleanor	Newquay Road Runners	Female under 35	05:39.3	275
12	0:35:20	COVOLD, Davide	Serpentine Running Club	Male under 35	05:41.1	260
13	0:35:35	HICKS, Ben	Mounts Bay Harriers	Male under 20	05:43.5	291
14	0:35:55	WARE, Iain	Newquay Road Runners	Male under 35	05:46.7	176
15	0:36:07	DANIELS, Alex	Newquay Road Runners	Male Vet 40-44	05:48.6	42
16	0:36:21	GUMMESSON, Jonas	Newquay Road Runners	Male Vet 35-39	05:50.9	237
17	0:36:23	BATEMAN, Dominic	Bodmin Road Runners	Male under 20	05:51.2	132
18	0:36:40	DAY, Justin	Cornwall AC	Male Vet 45-49	05:53.9	190
19	0:36:46	BLAKE, Josh	Tavistock AC	Male under 20	05:54.9	288
20	0:36:54	SLATTERY, Tom	Cornwall AC	Male under 20	05:56.2	75
21	0:37:05	STEPTO, Emma	Cornwall AC	Female Vet 45-49	05:58.0	25
22	0:37:16	COSTELLO, Daniel	Hayle Runners	Male under 20	05:59.7	142
23	0:37:24	HARRY, Chris	Cornwall AC	Male Vet 50-54	06:01.0	261
24	0:37:46	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	06:04.6	131
25	0:38:00	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:06.8	155
26	0:38:05	WOOD, Jacob	Mounts Bay Harriers	Male under 20	06:07.6	258
27	0:38:07	LONGHORN, Jason	Falmouth Road Runners	Male Vet 40-44	06:07.9	212
28	0:38:21	TREGENZA, Heidi	Cornwall AC	Female under 35	06:10.2	273
29	0:38:23	HILL, Lewis	Hayle Runners	Male under 35	06:10.5	150
30	0:38:40	ABRAHAM, Scott	Hayle Runners	Male Vet 40-44	06:13.2	137
31	0:38:42	KINGSTON, Dan	Mounts Bay Harriers	Male Vet 40-44	06:13.6	107
32	0:38:51	BAKER, Will	Mounts Bay Harriers	Male under 35	06:15.0	292
33	0:38:59	MAY, Ben	Mounts Bay Harriers	Male under 35	06:16.3	328
34	0:39:06	JARVIS, Anthony	St Austell Running Club	Male Vet 40-44	06:17.4	309
35	0:39:10	SLAYFORD, Dan		Male under 20	06:18.1	56
36	0:39:12	WEBB, Jason	Cornwall AC	Male Vet 45-49	06:18.4	60
37	0:39:15	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:18.9	195
38	0:39:19	DOWRICK, Mike	Cornwall AC	Male Vet 40-44	06:19.5	284
39	0:39:28	SANGER, Phil	Mounts Bay Harriers	Male Vet 40-44	06:21.0	127
40	0:39:37	RANDALL, Carol	Mounts Bay Harriers	Female Vet 45-49	06:22.4	268
41	0:39:41	WEBSTER, Mark	Cornwall AC	Male under 35	06:23.1	271
42	0:39:44	HARRINGTON, Bertie	Blackheath & Bromley Harriers AC	Male under 20	06:23.5	73
43	0:39:55	EDDISON, Andrew	Cornwall AC	Male Vet 50-54	06:25.3	321
44	0:39:57	STRACHAN, Steven	Falmouth Road Runners	Male Vet 40-44	06:25.6	263
45	0:40:01	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 50-54	06:26.3	106
46	0:40:21	WALLER, Connor	Mounts Bay Harriers	Male under 20	06:29.5	125
47	0:40:34	TIMMS, Simon	Hayle Runners	Male under 35	06:31.6	282
48	0:40:38	SAWFORD, Paul	Carn Runners	Male Vet 45-49	06:32.2	267
49	0:40:38	RAGGETT, Donna	Cornwall AC	Female Vet 40-44	06:32.2	53
50	0:40:42	JAMES, Matthew		Male Vet 40-44	06:32.9	270
51	0:40:45	CURTIS, Matt	Hayle Runners	Male Vet 35-39	06:33.4	143
52	0:40:49	MANNING, James	Hayle Runners	Male Vet 35-39	06:34.0	173
53	0:41:15	RICHARDS, Mark	Mounts Bay Harriers	Male Vet 45-49	06:38.2	9
54	0:41:34	ANGILLEY, David	Cornwall AC	Male Vet 50-54	06:41.2	283
55	0:41:43	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	06:42.7	205

56	0:41:48	LUCKHURST, Will		Male Vet 45-49	06:43.5	320
57	0:41:50	THOMPSON, Neil	Fitmums and Friends	Male Vet 35-39	06:43.8	296
58	0:41:53	WILLIAMS, James	Cornwall AC	Male under 20	06:44.3	298
59	0:41:57	THOMSON, Stuart	Mounts Bay Harriers	Male Vet 40-44	06:44.9	13
60	0:42:02	ANDREWS, Karen	Hedge End	Female under 35	06:45.7	255
61	0:42:13	TREMBATH, Robert	Hayle Runners	Male Vet 35-39	06:47.5	171
62	0:42:19	WILSON, Michael	Truro Running Club	Male Vet 55-59	06:48.5	55
63	0:42:25	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	06:49.4	32
64	0:42:26	ROUTLEDGE, Alan	Garden City Runners	Male Vet 50-54	06:49.6	264
65	0:42:28	SPENCE, Rob		Male under 35	06:49.9	332
66	0:42:30	MAY, Stuart	Okehampton RC	Male Vet 45-49	06:50.3	6
67	0:42:32	PRESTON, Daniel	Mounts Bay Harriers	Male Vet 35-39	06:50.6	104
68	0:42:42	ABBOTT, Brian	St Austell Running Club	Male Vet 50-54	06:52.2	193
69	0:42:44	ROBERTS, Malcolm	St Austell Running Club	Male Vet 60-64	06:52.5	68
70	0:42:59	HUGHES, Katie	Cornwall AC	Female under 20	06:54.9	325
71	0:43:03	GAY, Bethan	Cornwall AC	Female under 35	06:55.6	300
72	0:43:06	POLGLASE, Tom	Carn Runners	Male Vet 65-69	06:56.0	220
73	0:43:09	PROSSER, Thomas	Mounts Bay Harriers	Male under 20	06:56.5	85
74	0:43:14	THOMAS, Mark	Mounts Bay Harriers	Male Vet 40-44	06:57.3	116
75	0:43:21	COUPER, Andrew		Male Vet 45-49	06:58.5	259
76	0:43:24	MUTSAERS, Adrian	Cornwall AC	Male Vet 40-44	06:58.9	74
77	0:43:29	PROWSE, Barrie		Male under 35	06:59.7	256
78	0:43:31	HICKEY, Michael	Basingstoke & Mid Hants	Male Vet 55-59	07:00.1	303
79	0:43:40	LUKE, Dan		Male under 35	07:01.5	262
80	0:43:53	DREW, Caroline	Mounts Bay Harriers	Female under 35	07:03.6	279
81	0:44:01	DITTY, Graham		Male under 35	07:04.9	38
82	0:44:05	COCKCROFT, Adrian		Male Vet 40-44	07:05.5	16
83	0:44:07	NICHOLLS, Dan	St Austell Running Club	Male under 35	07:05.9	326
84	0:44:10	LE GRICE, Georgina		Female under 35	07:06.3	186
85	0:44:11	COOLING, Steve	Hayle Runners	Male Vet 35-39	07:06.5	152
86	0:44:14	CARDEW, Barrie	Carn Runners	Male Vet 55-59	07:07.0	213
87	0:44:21	DAYMAN, Shaun	North Devon Road Runner	Male Vet 40-44	07:08.1	265
88	0:44:36	HARRINGTON, Rod	Croydon Harriers	Male Vet 45-49	07:10.5	71
89	0:44:39	WHEELER, Tim		Male Vet 50-54	07:11.0	54
90	0:44:42	MCCLAY, Karen	Mounts Bay Harriers	Female Vet 45-49	07:11.5	123
91	0:44:46	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 45-49	07:12.1	35
92	0:44:47	DEACON, Mark	Looe Pioneers	Male under 35	07:12.3	253
93	0:44:51	MORGAN, Martin	Bodmin Road Runners	Male Vet 55-59	07:12.9	135
94	0:45:03	COLEY, Alexander	East Cornwall Harriers	Male under 20	07:14.9	62
95	0:45:05	JOSE, Amy	Hayle Runners	Female under 35	07:15.2	153
96	0:45:35	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 45-49	07:20.0	120
97	0:45:47	CRITCHLOW, Andrew		Male Vet 50-54	07:21.9	329
98	0:45:51	HARRISON, Karen	Cornwall AC	Female Vet 45-49	07:22.6	61
99	0:45:56	DAVIS, Megan	Newquay Road Runners	Female under 35	07:23.4	276
100	0:45:57	FITKIN, Graham	Local	Male Vet 50-54	07:23.6	327
101	0:45:59	WILES, Brian	Launceston Road Runners	Male Vet 65-69	07:23.9	34
102	0:46:02	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	07:24.4	245
103	0:46:07	ANDREWARTHA, David		Male under 35	07:25.2	317
104	0:46:11	CROWLE, Jonathan	Truro Running Club	Male Vet 40-44	07:25.8	191
105	0:46:15	MORTON, Richard	Tamar Trotters	Male Vet 60-64	07:26.5	229
106	0:46:20	WARING, Chris	Hayle Runners	Male Vet 55-59	07:27.3	37
107	0:46:28	MARTIN, Katherine	Mile High	Female Vet 50-54	07:28.5	227
108	0:46:31	MARTIN, Colin	Newquay Road Runners	Male Vet 60-64	07:29.0	182
109	0:46:38	NUGENT, Debbie	Carn Runners	Female Vet 50-54	07:30.2	219
110	0:46:46	CHAPMAN, Peter	Carn Runners	Male Vet 60-64	07:31.4	214
111	0:47:01	NEWCOMBE, Giles	Hayle Runners	Male Vet 55-59	07:33.9	43
112	0:47:08	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35	07:35.0	114
113	0:47:15	SPENCER, Julian		Male Vet 45-49	07:36.1	64
114	0:47:16	HAYNES, Janet	Mounts Bay Harriers	Female Vet 45-49	07:36.3	117

115	0:47:25	ROGERS, Laura	Cornwall AC	Female under 35	07:37.7	67
116	0:47:28	OWEN, Mark	St Austell Running Club	Male Vet 40-44	07:38.2	196
117	0:47:31	KESTLE, Mike	Newquay Road Runners	Male Vet 60-64	07:38.7	252
118	0:47:40	GOULD, Marie	Cornwall AC	Female Vet 40-44	07:40.1	19
119	0:47:46	LINTHWAITE, Christopher	Cornwall AC	Male Vet 40-44	07:41.1	129
120	0:47:48	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	07:41.4	70
121	0:48:00	LONGMAN, Claire	Truro Running Club	Female Vet 35-39	07:43.3	192
122	0:48:08	MOORE, Andy	Hayle Runners	Male Vet 55-59	07:44.6	161
123	0:48:14	BLACKBURN, Simon	Mounts Bay Harriers	Male Vet 50-54	07:45.6	92
124	0:48:15	TUCKER, Ian	Mounts Bay Harriers	Male under 35	07:45.8	95
125	0:48:21	THOMAS, Helen	Carn Runners	Female Vet 40-44	07:46.7	221
126	0:48:27	MACNAMARA, John		Male Vet 45-49	07:47.7	299
127	0:48:34	EAGLING, Nigel	Truro Running Club	Male Vet 60-64	07:48.8	27
128	0:48:35	LOWE, Stacey	Carn Runners	Female under 35	07:49.0	217
129	0:48:46	ELLIS, Andrew	Cycle Logic	Male Vet 40-44	07:50.7	278
130	0:49:00	MITCHELL, Jon		Male Vet 40-44	07:53.0	302
131	0:49:01	THOMAS, Mellora		Female Vet 40-44	07:53.2	28
132	0:49:04	GOLDBERG, Jessica	Launceston Road Runners	Female under 20	07:53.6	57
133	0:49:07	TREBILCOCK, Liz		Female Vet 50-54	07:54.1	249
134	0:49:17	BALSDON, Joe	Plymouth Harriers	Male under 20	07:55.7	308
135	0:49:20	LILLIS, John	Newquay Road Runners	Male Vet 70-74	07:56.2	183
136	0:49:24	TALLING, Sophie	Newquay Road Runners	Female under 20	07:56.9	239
137	0:49:35	HOLDEN, John	Local	Male Vet 45-49	07:58.6	295
138	0:49:36	TOWNEND, Stewart	Hayle Runners	Male Vet 70-74	07:58.8	168
139	0:49:39	STAVES, Jo	Truro Running Club	Female Vet 35-39	07:59.3	310
140	0:49:43	BOWKER, Rachel	Hayle Runners	Female Vet 45-49	07:59.9	140
141	0:49:51	JONES, Simon MB	Mounts Bay Harriers	Male Vet 40-44	08:01.2	188
142	0:49:51	COCKSEGE, Zoe	Mounts Bay Harriers	Female Vet 40-44	08:01.2	99
143	0:49:57	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	08:02.2	108
144	0:50:04	OLIVER, Adam	Mounts Bay Harriers	Male under 35	08:03.3	80
145	0:50:22	KNOWLES, Chris		Male Vet 40-44	08:06.2	169
146	0:50:22	GARVEY, Jessica		Female under 35	08:06.2	69
147	0:50:28	BACKHOUSE, Eden	Mounts Bay Harriers	Female under 20	08:07.2	102
148	0:50:34	WALLER, Kate	Mounts Bay Harriers	Female under 35	08:08.1	130
149	0:50:45	MARQUIS, Peter		Male Vet 55-59	08:09.9	281
150	0:50:46	STEVENS, Garry		Male Vet 55-59	08:10.1	128
151	0:50:52	STUBBS, Marc		Male Vet 45-49	08:11.0	289
152	0:51:03	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	08:12.8	238
153	0:51:26	MATTHEWS, Scott	Mounts Bay Harriers	Male Vet 35-39	08:16.5	113
154	0:51:27	PAGE, Danni		Female under 35	08:16.7	316
155	0:51:30	RITCHIE, Janet	Carn Runners	Female Vet 50-54	08:17.1	39
156	0:51:33	GORVIN, Naomi	Local	Female Vet 35-39	08:17.6	266
157	0:51:49	ELGAR, Simon	Hayle Runners	Male Vet 40-44	08:20.2	146
158	0:51:53	PARSONS, Andy	Falmouth Road Runners	Male Vet 45-49	08:20.8	198
159	0:51:55	JACKSON, Robert	Local	Male Vet 35-39	08:21.2	254
160	0:51:59	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 70-74	08:21.8	10
161	0:52:00	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	08:22.0	199
162	0:52:00	GEORGE, Andrew	Hayle Runners	Male Vet 55-59	08:22.0	148
163	0:52:03	JACKSON, Dave		Male Vet 60-64	08:22.4	233
164	0:52:04	NICHOLLS, Taj	Local	Male Vet 45-49	08:22.6	333
165	0:52:14	LEO, Cas	Hayle Runners	Male Vet 50-54	08:24.2	156
166	0:52:23	VEITCH, Steve		Male Vet 55-59	08:25.7	322
167	0:52:23	BRICKWELL, Mark	Plymstock Road Runners	Male Vet 50-54	08:25.7	323
168	0:52:28	POULTNEY, Melissa	Hayle Runners	Female Vet 35-39	08:26.5	164
169	0:52:37	HOLLAND, Jo	Hayle Runners	Female under 35	08:27.9	151
170	0:52:47	WALTERS, Karen	Newquay Road Runners	Female Vet 40-44	08:29.5	187
171	0:52:50	CAFF, Wayne	Newquay Road Runners	Male Vet 40-44	08:30.0	174
172	0:52:54	DERITIS, Vince	Watford Joggers	Male Vet 45-49	08:30.7	21
173	0:52:59	JAMES, Laura	Wimbledon Windmilers	Female under 35	08:31.5	111

174	0:53:02	HUGHES, Helen	Mounts Bay Harriers	Female Vet 45-49	08:31.9	82
175	0:53:02	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	08:31.9	93
176	0:53:13	SAVIN, Nick	Newquay Road Runners	Male under 35	08:33.7	181
177	0:53:15	STOBART, Sara	Cheddar Running Club	Female Vet 55-59	08:34.0	22
178	0:53:16	ROSE, Clare	Aycliffe Running Club	Female Vet 35-39	08:34.2	277
179	0:53:17	PROWSE, James	Local	Male Vet 35-39	08:34.4	247
180	0:53:19	SIMMONS, Andrea		Female Vet 60-64	08:34.7	226
181	0:53:21	WARREN, Diane	Hayle Runners	Female Vet 60-64	08:35.0	172
182	0:53:21	SARGENT, Pete	Newquay Road Runners	Male Vet 65-69	08:35.0	235
183	0:53:21	HAWKE-PERRY, Soraya	Newquay Road Runners	Female Vet 35-39	08:35.0	179
184	0:53:23	WINTERBOURNE, Matthew	Local	Male under 35	08:35.3	248
185	0:53:27	MACK, Mike	Carn Runners	Male Vet 65-69	08:36.0	218
186	0:53:30	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 35-39	08:36.4	26
187	0:53:31	WATKINS, Yvonne	Mounts Bay Harriers	Female Vet 50-54	08:36.6	118
188	0:53:37	HARRINGT, Isobel	Croydon Harriers	Female Vet 50-54	08:37.6	72
189	0:53:38	MCLENNAN, Chantal	Mounts Bay Harriers	Female Vet 35-39	08:37.7	96
190	0:53:44	WILDING, Rebecca		Female under 35	08:38.7	242
191	0:53:48	BROMFIELD, Terry	Mounts Bay Harriers	Male Vet 65-69	08:39.3	122
192	0:53:50	THOMAS, Philip		Male Vet 50-54	08:39.7	243
193	0:53:51	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	08:39.8	166
194	0:53:58	SENIOR, Ann	Hayle Runners	Female Vet 55-59	08:40.9	167
195	0:54:03	TAYLOR, Becci	Egdon Heath Harriers	Female Vet 35-39	08:41.8	272
196	0:54:09	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	08:42.7	197
197	0:54:13	DAVIS, Jason		Male Vet 40-44	08:43.4	287
198	0:54:19	COKELL, Pete		Male Vet 40-44	08:44.3	311
199	0:54:21	MUDD, Calvin	Bodmin Road Runners	Male Vet 40-44	08:44.6	65
200	0:54:27	WILTON, David	Falmouth Road Runners	Male Vet 60-64	08:45.6	202
201	0:54:36	WARWICK, Joe	Cambridge & Coleridge AC	Male under 20	08:47.1	17
202	0:54:38	MOUNTER, David	Carn Runners	Male Vet 65-69	08:47.4	2
203	0:54:38	BOARDMAN, Diane	Truro Running Club	Female under 35	08:47.4	293
204	0:54:42	COOK, Matthew	Mounts Bay Harriers	Male under 20	08:48.0	89
205	0:54:43	AITKEN, Simon	Mounts Bay Harriers	Male Vet 35-39	08:48.2	87
206	0:54:52	WHETTON, Grace	Mounts Bay Harriers	Female under 35	08:49.6	126
207	0:54:58	GOIRRE, Julia		NDB	08:50.6	48
208	0:55:23	OLIVER, Martin	Mounts Bay Harriers	Male Vet 55-59	08:54.6	81
209	0:55:32	BARRACLOUGH, Jessica	Mounts Bay Harriers	Female Vet 35-39	08:56.1	115
210	0:55:33	MORSE, Nicky	Mounts Bay Harriers	Male Vet 55-59	08:56.2	119
211	0:55:33	COOK, Damian	Mounts Bay Harriers	Male Vet 40-44	08:56.2	88
212	0:56:00	CATTERALL, Diane	Carn Runners	Female under 35	09:00.6	315
213	0:56:05	PRITCHARD, Rebeca		Female under 35	09:01.4	231
214	0:56:10	JAMES, Clare		Female Vet 40-44	09:02.2	269
215	0:56:15	DOMINEY, Jane		Female Vet 50-54	09:03.0	18
216	0:56:21	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 50-54	09:04.0	86
217	0:56:22	TONKIN, Tracy		Female Vet 40-44	09:04.1	5
218	0:56:22	ELLIS, Mike		Male Vet 40-44	09:04.1	225
219	0:56:23	GIBSON, Faye	Carn Runners	Female Vet 35-39	09:04.3	77
220	0:56:28	CARBRY, Sarah	Mounts Bay Harriers	Female Vet 40-44	09:05.1	23
221	0:56:34	MARTIN, Lorna	Cornwall AC	Female Vet 35-39	09:06.0	297
222	0:56:54	WIDDERSHOVEN, Demelza	Carn Runners	Female under 35	09:09.3	223
223	0:57:13	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54	09:12.3	241
224	0:57:18	MILLER, Calum		Male Vet 35-39	09:13.1	306
225	0:57:18	HALSTEAD, Jacob		Male under 35	09:13.1	324
226	0:57:22	LATHOM, Janet	Launceston Road Runners	Female Vet 55-59	09:13.8	78
227	0:57:25	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49	09:14.3	139
228	0:57:27	LYDALL, Denise	Falmouth Road Runners	Female Vet 45-49	09:14.6	203
229	0:57:39	POYNTON, Sallt	Mounts Bay Harriers	Female Vet 35-39	09:16.5	58
230	0:57:45	LAMMERS, Wiebke	Falmouth Road Runners	Female Vet 35-39	09:17.5	204
231	0:57:47	MULLEN, Shona	Truro Running Club	Female Vet 50-54	09:17.8	7
232	0:57:50	BEAUMONT, Dee		Female Vet 35-39	09:18.3	280

233	0:57:52	HAMMOND, Gillian		Female Vet 35-39	09:18.6	59
234	0:58:03	JAMIESON, Sandy	Carn Runners	Female Vet 60-64	09:20.4	15
235	0:58:08	JAMESON, Judy	Carn Runners	Female Vet 55-59	09:21.2	11
236	0:58:20	JENKIN, Jacqueline	Cornwall AC	Female Vet 65-69	09:23.1	46
237	0:58:20	JENKIN, Richard		Male Vet 70-74	09:23.1	45
238	0:58:24	THOMSON, Rachel	Mounts Bay Harriers	Female Vet 50-54	09:23.7	14
239	0:58:32	BOLT, Adrian	Truro Running Club	Male Vet 45-49	09:25.0	31
240	0:58:39	PROSSER, Amanda	Mounts Bay Harriers	Female Vet 40-44	09:26.2	84
241	0:58:40	JAMES, Ian	Mounts Bay Harriers	Male Vet 50-54	09:26.3	103
242	0:58:50	BACKHOUSE, Claire	Mounts Bay Harriers	Female Vet 45-49	09:27.9	101
243	0:59:04	SMITH, Joe		Male Vet 65-69	09:30.2	79
244	0:59:07	STONE, Jackie	Mounts Bay Harriers	Female Vet 50-54	09:30.7	8
245	0:59:13	JAKES, Karyn	Mounts Bay Harriers	Female Vet 35-39	09:31.6	97
246	0:59:14	GREEN, Nikki	Hayle Runners	Female Vet 35-39	09:31.8	149
247	0:59:16	LAING, Amy		Female under 35	09:32.1	307
248	0:59:20	MATTHEWS, Sian	Mounts Bay Harriers	Female Vet 35-39	09:32.8	112
249	0:59:31	KAYE, Emma	Newquay Road Runners	Female under 35	09:34.5	184
250	0:59:31	SUMMERS, Kate	Newquay Road Runners	Female under 35	09:34.5	185
251	0:59:37	MARTIN, Kelly	Hayle Runners	Female under 35	09:35.5	159
252	0:59:44	HICKEY, Tom		Male under 35	09:36.6	305
253	0:59:50	CARDELL, Timothea	Hayle Runners	Female Vet 70+	09:37.6	33
254	1:00:00	JOHNS, Sue	Mounts Bay Harriers	Female Vet 55-59	09:39.2	110
255	1:00:01	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 60-64	09:39.4	36
256	1:00:11	JAMES, Joyce	Mounts Bay Harriers	Female Vet 55-59	09:41.0	109
257	1:00:22	KINGTON, Norris	Cornwall AC	Male Vet 75+	09:42.7	29
258	1:00:23	ROWE, Sam	Mounts Bay Harriers	Female Vet 45-49	09:42.9	30
259	1:00:27	MUDD, Barrington	Fetch Everyone RC	Male Vet 60-64	09:43.5	66
260	1:00:27	HUGHES, Elizabeth		Female Vet 35-39	09:43.5	286
261	1:00:45	WHERRY, Cordelia		Female under 35	09:46.4	240
262	1:01:01	CULLEY, Carol	Hayle Runners	Female Vet 60-64	09:49.0	41
263	1:01:05	DALTON, Martin	Falmouth Road Runners	Male Vet 60-64	09:49.7	210
264	1:01:12	BUTLER, Makayla-Rose	Carn Runners	Female under 35	09:50.8	314
265	1:01:12	WADE, Margaret	Carn Runners	Female Vet 60-64	09:50.8	12
266	1:01:46	PAN-HUERTAS, Ana	Hayle Runners	Female Vet 35-39	09:56.3	163
267	1:02:03	UREN, Penny	Mounts Bay Harriers	Female Vet 60-64	09:59.0	105
268	1:02:10	JONES, Mark		Male Vet 40-44	10:00.1	189
269	1:02:15	COATES, Sam	Mounts Bay Harriers	Female Vet 45-49	10:00.9	94
270	1:02:17	DE BARROS, Sara	Hayle Runners	Female Vet 40-44	10:01.2	144
271	1:02:22	ANDREWS, George	Mounts Bay Harriers	Male Vet 60-64	10:02.0	90
272	1:02:26	FRASER, Glen	Hayle Runners	Male Vet 55-59	10:02.7	147
273	1:02:38	GREEN, Marie	Falmouth Road Runners	Female Vet 35-39	10:04.6	208
274	1:02:47	BONE, Fiona	Local	Female Vet 45-49	10:06.1	285
275	1:02:48	WOTTON, Nicola	Falmouth Road Runners	Female Vet 35-39	10:06.2	211
276	1:02:53	MITCHELL, Dan		Male Vet 35-39	10:07.0	301
277	1:03:07	SIMMONS, Ruth	St Austell Running Club	Female Vet 45-49	10:09.3	76
278	1:03:35	NEWCOMBE, Jo	Hayle Runners	Female Vet 55-59	10:13.8	44
279	1:03:36	WRIGHT, Lisa	Newquay Road Runners	Female Vet 70+	10:13.9	251
280	1:03:40	HICKS, Sabrina	Bodmin Road Runners	Female Vet 35-39	10:14.6	134
281	1:04:06	TREWHELLA, Chris	Mounts Bay Harriers	Male Vet 50-54	10:18.8	232
282	1:04:25	WATTS, Naomi	Newquay Road Runners	Female under 35	10:21.8	178
283	1:04:36	MARSH, Kathryn	Carn Runners	Female Vet 40-44	10:23.6	3
284	1:04:50	ADAMS, Hannah	St Austell Running Club	Female Vet 35-39	10:25.9	194
285	1:04:54	DORMER, Kathryn	Falmouth Road Runners	Female Vet 65-69	10:26.5	209
286	1:04:56	CARTER, Nicki	Hayle Runners	Female Vet 45-49	10:26.8	141
287	1:05:04	HOCKING, Deborah	Carn Runners	Female Vet 45-49	10:28.1	216
288	1:05:32	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	10:32.6	206
289	1:05:59	SROCZYNSKI, Jan	East Cornwall Harriers	Male Vet 65-69	10:37.0	228
290	1:06:29	PENTREATH, Jackie	Falmouth Road Runners	Female Vet 55-59	10:41.8	201
291	1:06:30	LONG, Fran	Hayle Runners	Female Vet 55-59	10:41.9	157

292	1:06:33	BOWDEN, Jenny	Newquay Road Runners	Female Vet 50-54	10:42.4	180
293	1:06:46	TOY, Jeanette	Carn Runners	Female Vet 45-49	10:44.5	222
294	1:07:01	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	10:46.9	63
295	1:07:33	TREGEAR, Sarah	Mounts Bay Harriers	Female under 35	10:52.1	1
296	1:07:37	RAY, Pamela	Hayle Runners	Female Vet 45-49	10:52.7	165
297	1:07:40	WILKINSON, Hannah	Carn Runners	Female under 35	10:53.2	224
298	1:07:42	COOPER, Bonnie	Newquay Road Runners	Female under 35	10:53.5	175
299	1:07:55	PHILLIPS, Caroline	Carn Runners	Female Vet 45-49	10:55.6	24
300	1:08:04	TREGONING, Debbie	Hayle Runners	Female Vet 50-54	10:57.1	170
301	1:08:04	ATHERTON, Julie	Hayle Runners	Female Vet 45-49	10:57.1	138
302	1:08:47	JACKSON, Tegan		Female under 35	11:04.0	234
303	1:08:58	PRITCHARD, Rhian		Female Vet 55-59	11:05.8	230
304	1:09:14	HILLIER, Sally	Falmouth Road Runners	Female Vet 50-54	11:08.3	200
305	1:09:37	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 35-39	11:12.0	91
306	1:10:01	MILLS, Helen	Hayle Runners	Female Vet 45-49	11:15.9	160
307	1:10:01	MACKINTOSH, Susie	Hayle Runners	Female Vet 45-49	11:15.9	158
308	1:10:18	HICKEY, Cathy		Female Vet 50-54	11:18.6	304
309	1:10:40	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 50-54	11:22.2	133
310	1:11:07	SEARLE, Viv	Mounts Bay Harriers	Female Vet 35-39	11:26.5	83
311	1:11:55	LE CHEMINANT, Rebecca	Local	Female Vet 40-44	11:34.2	246
312	1:12:33	GLOVER, Rachel	Mounts Bay Harriers	Female Vet 55-59	11:40.4	98
313	1:16:56	TURNER, John		Male Vet 65-69	12:22.7	49
314	1:23:31	PERCIVALL, Nic	Falmouth Road Runners	Female Vet 40-44	13:26.2	257
315	1:24:45	HENLEY-DAVIES, Emma		Female Vet 45-49	13:38.1	274
316	1:25:25	ORPWOOD, Jenny	Mounts Bay Harriers	Female Vet 45-49	13:44.6	100
317	1:34:36	WHITE, Christine	Falmouth Road Runners	Female Vet 65-69	15:13.2	250