

MOUNTS BAY 10K- 3RD FEBRUARY 2013

PLACE	TIME	NAME	TEAM	CATEGORY
1	0:32:54	LE GRICE, Peter	Mounts Bay Harriers	Male under 35
2	0:34:00	THOMAS, Justin	Cornwall AC	Male Vet 35-39
3	0:34:18	EDDY, Neil	Mounts Bay Harriers	Male under 35
4	0:34:35	STEPTO, Emma	Cornwall AC	Female Vet 40-44
5	0:34:51	BARTLETT, Dave	Newquay Road Runners	Male under 35
6	0:35:06	HARRY, Chris	Cornwall AC	Male Vet 50-54
7	0:35:32	HEATHCOTE, Miranda	Newquay Road Runners	Female Vet 40-44
8	0:35:38	BUZZA, Dave	Cornwall AC	Male Vet 50-54
9	0:35:49	MORANT, Jordan	Hayle Runners	Male under 35
10	0:36:00	WHERRY, Steven	Cornwall AC	Male Vet 45-49
11	0:36:07	TURNER, Russell	Hayle Runners	Male under 35
12	0:36:18	GREGG, Paul	Tamar Trotters	Male Vet 45-49
13	0:36:35	MONTGOMERY-SMITH, Phil	St Austell RC	Male Vet 40-44
14	0:36:41	DALTON, Richard	Falmouth Road Runners	Male under 35
15	0:36:44	ROBERTS, Callum	Newquay Road Runners	Male under 35
16	0:36:49	DAY, Justin	Cornwall AC	Male Vet 40-44
17	0:36:52	KEEFE, Richard	Falmouth Road Runners	Male Vet 40-44
18	0:36:54	NICHOLAS, Stuart	St Austell RC	Male under 35
19	0:36:56	KNOWLES, Simon	Hayle Runners	Male Vet 35-39
20	0:37:01	SANGER, Phil	Mounts Bay Harriers	Male Vet 35-39
21	0:37:26	WOOD, Tom	Mounts Bay Harriers	Male under20
22	0:37:30	HICKS, Ben	Mounts Bay Harriers	Male under20
23	0:37:42	OMORI, Mark	Mounts Bay Harriers	Male Vet 50-54
24	0:37:49	ABRAHAM, Scott	Hayle Runners	Male Vet 40-44
25	0:38:04	DAVIS, Martin	Newquay Road Runners	Male Vet 50-54
26	0:38:05	COSTELLO, Daniel	Hayle Runners	Male under20
27	0:38:06	DOWRICK, Mike	Hayle Runners	Male Vet 40-44
28	0:38:07	GUSTERSON, Jeremy	Mounts Bay Harriers	Male Vet 40-44
29	0:38:10	SAWFORD, Paul	Carn Runners	Male Vet 45-49
30	0:38:22	SAVAGE, Rich	Hayle Runners	Male Vet 45-49
31	0:38:25	BABB, Steve	Newquay Road Runners	Male Vet 45-49
32	0:38:29	COLACO, Jonathan	Newquay Road Runners	Male Vet 40-44
33	0:38:30	CARTHEY, Tom	Falmouth Road Runners	Male under 35
34	0:38:35	RICHARDS, Gary	Mounts Bay Harriers	Male Vet 40-44
35	0:38:35	ADIE, Gordon	Truro Running Club	Male Vet 50-54
36	0:38:39	EDDISON, Andrew	Cornwall AC	Male Vet 45-49
37	0:38:40	STRACHAN, Stephen	Falmouth Road Runners	Male Vet 35-39
38	0:38:41	DAVIS, Glynn	Carn Runners	Male Vet 45-49
39	0:38:42	MAYES, Richard	Hayle Runners	Male Vet 40-44
40	0:38:44	ADAMS, Tim	St Austell RC	Male Vet 40-44
41	0:38:51	COATSWORTH, Rory	Mounts Bay Harriers	Male under 35
42	0:38:54	CARDEW, Barrie	Carn Runners	Male Vet 50-54
43	0:38:59	TIMMS, Simon	Hayle Runners	Male under 35
44	0:39:02	RICHARDS, Jason	Carn Runners	Male under 35
45	0:39:09	MURRANT, Kieran	Hayle Runners	Male under 35
46	0:39:10	WALKER, Chris	Newquay Road Runners	Male Vet 40-44
47	0:39:15	WEBB, Jason	Cornwall AC	Male Vet 40-44

48	0:39:17	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 45-49
49	0:39:23	HALL, Craig	Carn Runners	Male Vet 35-39
50	0:39:25	WILLIAMS, Simon S	St Austell RC	Male Vet 35-39
51	0:39:26	TELFORD, John	Cornwall AC	Male Vet 55-59
52	0:39:27	MUTSAERS, Adrian	Cornwall AC	Male Vet 40-44
53	0:39:27	COTTAM, Heidi	Cornwall AC	Female under 35
54	0:39:28	WOOD, Jacob	Mounts Bay Harriers	Male under20
55	0:39:29	CURTIS, Matt	Hayle Runners	Male Vet 35-39
56	0:39:31	KEAREY, Kyle	Mounts Bay Harriers	Male under 35
57	0:39:37	SCHOFIELD, Gary	Mounts Bay Harriers	Male under 35
58	0:39:45	TIER, Naomi	Cornwall AC	Female under 35
59	0:39:47	LEE, Laurie	St Austell RC	Male Vet 50-54
60	0:40:11	GWYNNE, Paul	Falmouth Road Runners	Male Vet 45-49
61	0:40:19	PURVIS, ;;oyd	Hayle Runners	Male Vet 35-39
62	0:40:23	WILLIAMS, George	Carn Runners	Male Vet 50-54
63	0:40:24	SOUTHBY, Dave	Cornwall AC	Male Vet 45-49
64	0:40:41	EVANS, Julian	Falmouth Road Runners	Male Vet 40-44
65	0:40:53	ALLEN, John	Falmouth Road Runners	Male under 35
66	0:40:54	BAYLY, Marc	Newquay Road Runners	Male Vet 35-39
67	0:40:54	LAWLESS, Matt	Mounts Bay Harriers	Male Vet 35-39
68	0:40:56	BAKER, William	Mounts Bay Harriers	Male under 35
69	0:41:00	BAYLY, Jason	Newquay Road Runners	Male Vet 40-44
70	0:41:03	NICHOLAS, Alice	Mounts Bay Harriers	Female under 35
71	0:41:05	ANGILLEY, David	Cornwall AC	Male Vet 45-49
72	0:41:11	TRUSCOTT, Simon	Newquay Road Runners	Male Vet 40-44
73	0:41:13	WITHAM, Neville	Cornwall AC	Male Vet 55-59
74	0:41:15	TRUDGIAN, Andy	St Austell RC	Male Vet 40-44
75	0:41:23	MORRALL, Zelah	Cornwall AC	Female Vet 40-44
76	0:41:23	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 60-64
77	0:41:29	CHANNON, Lee	Cornwall AC	Male Vet 35-39
78	0:41:30	ROBERTS, Malcolm	St Austell RC	Male Vet 55-59
79	0:41:33	ADAMS, Russ	Cornwall AC	Male Vet 35-39
80	0:41:36	LOWDEN, John	Hayle Runners	Male Vet 35-39
81	0:41:39	BOLT, Phil	Cornwall AC	Male Vet 40-44
82	0:41:44	LINTHWAITE, Christopher	Cornwall AC	Male Vet 35-39
83	0:41:46	DAVIES, Kieran	Hayle Runners	Male under 35
84	0:41:49	CALDWELL, Andrew	Carn Runners	Male Vet 50-54
85	0:41:53	HOLDEN, Charlie	Mounts Bay Harriers	Male Vet 40-44
86	0:41:57	CLEMOV, Richard	Newquay Road Runners	Male under 35
87	0:42:14	LEE, Matthew	Newquay Road Runners	Male under 35
88	0:42:17	MARSTON, Jeremy	Mounts Bay Harriers	Male Vet 40-44
89	0:42:18	SMITH, Andrew	Hayle Runners	Male Vet 40-44
90	0:42:23	COX, David	Carn Runners	Male under 35
91	0:42:32	KING, Kevin	Hayle Runners	Male Vet 50-54
92	0:42:37	REID, Steve	St Austell RC	Male Vet 35-39
93	0:42:41	HARTLESS, Kurt	Mounts Bay Harriers	Male under 35
94	0:42:45	OWEN, Mark	St Austell RC	Male Vet 35-39
95	0:42:46	KENWORTHY, Sarah	Hayle Runners	Female under 35
96	0:42:52	WILES, Brian	Launceston Road Runners	Male Vet 65-69
97	0:42:57	LAMING, Andrew	Newquay Road Runners	Male Vet 40-44

98	0:42:59	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59
99	0:43:01	WALL, Alex	Hayle Runners	Male under 35
100	0:43:05	HOWELL, Tom	St Austell RC	Male under 35
101	0:43:08	HARRISON, Debbie	Hayle Runners	Female Vet 40-44
102	0:43:09	HARRIS, Geoff	Newquay Road Runners	Male Vet 50-54
103	0:43:33	HILL, Nancy	Mounts Bay Harriers	Female Vet 45-49
104	0:43:35	WILLIAMS, Alan	Tamar Trotters	Male under 35
105	0:43:38	BURROWS, Lee	Cornwall AC	Male Vet 35-39
106	0:43:42	ALMEY, Jenny	Cornwall AC	Female under 35
107	0:43:46	CIANO, Phillip	Newquay Road Runners	Male Vet 45-49
108	0:43:49	MORRIS, Sean	Tamar Trotters	Male Vet 40-44
109	0:43:51	LEE, Steven	Hayle Runners	Male Vet 50-54
110	0:43:51	BOSUSTOW, Suzy	Cornwall AC	Female Vet 35-39
111	0:43:53	BURGESS, Kathryn	Cornwall AC	Female Vet 35-39
112	0:43:54	LLOYD, Peter	Newquay Road Runners	Male under 35
113	0:43:54	HURST, Elisha	Cornwall AC	Female under 35
114	0:43:55	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 45-49
115	0:43:58	LOCKETT, Pat	Newquay Road Runners	Male Vet 65-69
116	0:44:02	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 45-49
117	0:44:04	ATTWOOD, James	Hayle Runners	Male Vet 40-44
118	0:44:07	TALEN, Patrick	St Austell RC	Male Vet 35-39
119	0:44:10	MACAULEY, Alan	Tamar Trotters	Male Vet 45-49
120	0:44:10	SMITH, Derek	Hayle Runners	Male Vet 50-54
121	0:44:13	YENDELL, Michael	Hayle Runners	Male Vet 45-49
122	0:44:16	BURROWS, Max	Falmouth Road Runners	Male Vet 50-54
123	0:44:28	KEEN, Jim	Tamar Trotters	Male Vet 40-44
124	0:44:28	MILLWARD, Andy	Carn Runners	Male Vet 50-54
125	0:44:29	STONE, Matthew	Hayle Runners	Male under20
126	0:44:34	MARTIN, Steve	St Austell RC	Male Vet 35-39
127	0:44:37	PHILLIPS, Steven	Carn Runners	Male Vet 35-39
128	0:44:41	BAZELEY, Geoff	St Austell RC	Male Vet 50-54
129	0:44:42	TOMS, Faye	Hayle Runners	Female Vet 35-39
130	0:44:51	GREGG, Louise	Tamar Trotters	Female Vet 40-44
131	0:44:55	CHAPMAN, Peter	Carn Runners	Male Vet 55-59
132	0:44:59	VINNICOMBE, Jason	Carn Runners	Male Vet 35-39
133	0:45:03	GILL, Stuart	Hayle Runners	Male Vet 35-39
134	0:45:13	PENBERTHY, Michael	Hayle Runners	Male Vet 55-59
135	0:45:26	BENNETT, Charlotte	Hayle Runners	Female Vet 35-39
136	0:45:32	WRIGHT, Paul	Newquay Road Runners	Male Vet 65-69
137	0:45:32	CHAPMAN, Wendy	Truro Running Club	Female Vet 35-39
138	0:45:37	HURST, Charlotte	Cornwall AC	Female under 35
139	0:45:42	UREN, Peter	Mounts Bay Harriers	Male Vet 65-69
140	0:45:43	HERD, Joanna	Newquay Road Runners	Female Vet 35-39
141	0:45:44	SMITH, Nicholas	Mounts Bay Harriers	Male under 35
142	0:45:44	PATTERSON, Sarah	Hayle Runners	Female Vet 45-49
143	0:45:46	POST, Martin	Mounts Bay Harriers	Male under 35
144	0:45:50	WEST, Rob	Cornwall AC	Male Vet 35-39
145	0:45:57	DAVEY, Charlotte	Mounts Bay Harriers	Female Vet 35-39
146	0:46:01	GILL, Philip	Falmouth Road Runners	Male Vet 35-39
147	0:46:15	LE BOULANGER, Mathieu	Newquay Road Runners	Male under 35

148	0:46:28	MASKELL, Lisa	Hayle Runners	Female under 35
149	0:46:38	SIMS, Nigel	Mounts Bay Harriers	Male Vet 50-54
150	0:46:41	GOLDSWORTHY, Rachel	Hayle Runners	Female under 35
151	0:46:45	MACHIN, Zoe	Newquay Road Runners	Female under 35
152	0:47:00	RICHARDS, Steven	Mounts Bay Harriers	Male Vet 45-49
153	0:47:02	ROCHOWIAK, Robert	Carn Runners	Male Vet 50-54
154	0:47:04	RULE, Helen	Hayle Runners	Female under 35
155	0:47:21	TIMMS, Ian		Male under 35
156	0:47:23	BLIGHT, Andrew	Hayle Runners	Male Vet 45-49
157	0:47:24	MORTIMER, Pip	Truro Running Club	Male under 35
158	0:47:27	BOX, Philip	Launceston Road Runners	Male Vet 60-64
159	0:47:40	TALLING, Lisa	Newquay Road Runners	Female Vet 40-44
160	0:47:41	THOMSON, Stuart	Mounts Bay Harriers	Male Vet 35-39
161	0:47:45	MUTSAERS, Kirstie	Cornwall AC	Female Vet 40-44
162	0:47:48	ROWELL, Tony	Carn Runners	Male Vet 50-54
163	0:47:50	WILLIAMS, Maria	Hayle Runners	Female Vet 50-54
164	0:47:51	KEWN, Jeremy	Mounts Bay Harriers	Male Vet 45-49
165	0:47:52	EYRE, Janna	Carn Runners	Female under 35
166	0:47:58	PASCOE, Darren	Falmouth Road Runners	Male under 35
167	0:48:01	ROMSEY, Chris	Truro Running Club	Male Vet 60-64
168	0:48:02	RUDD, Nikki	Hayle Runners	Female Vet 45-49
169	0:48:05	THOMAS, Helen	Carn Runners	Female Vet 40-44
170	0:48:09	RINGWOOD, Michael	Mounts Bay Harriers	Male Vet 45-49
171	0:48:09	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 60-64
172	0:48:13	COATES, Pat	Newquay Road Runners	Female Vet 50-54
173	0:48:14	CRACKNELL, Dave	Tri-Logic Cornwall	Male Vet 40-44
174	0:48:17	TOWNEND, Stewart	Hayle Runners	Male Vet 70-74
175	0:48:17	JONES, Simon MB	Mounts Bay Harriers	Male Vet 35-39
176	0:48:19	CLARE, Helen	Hayle Runners	Female under 35
177	0:48:26	LOVEDAY, Allan	Newquay Road Runners	Male Vet 60-64
178	0:48:34	BASTIAN, Adrian	Hayle Runners	Male Vet 40-44
179	0:48:42	MCNEVIN, Philip	Mounts Bay Harriers	Male under 35
180	0:48:42	GOULBOURN, Mark	Hayle Runners	Male Vet 35-39
181	0:48:43	REDD, Hazel	Newquay Road Runners	Female under 35
182	0:48:48	MARTIN, Colin	Newquay Road Runners	Male Vet 60-64
183	0:48:50	CLITHEROW, Hana	Truro Running Club	Female Vet 50-54
184	0:48:54	BERRY, Tony	Truro Running Club	Male Vet 75+
185	0:49:03	CLARKE, Aiden	Newquay Road Runners	Male under 35
186	0:49:04	EDLIN, David	Newquay Road Runners	Male Vet 40-44
187	0:49:09	LONGMAN, Claire	Truro Running Club	Female Vet 35-39
188	0:49:10	TRETHEWEY, Martin	St Austell RC	Male Vet 45-49
189	0:49:13	OLIVER, Adam	Mounts Bay Harriers	Male under 35
190	0:49:17	WEBB, Helen	Mounts Bay Harriers	Female Vet 35-39
191	0:49:17	HEMSWORTH, Kim	Falmouth Road Runners	Male Vet 60-64
192	0:49:21	SHORLAND, Narina	Hayle Runners	Female under 35
193	0:49:23	PAULL, Lucy	Hayle Runners	Female under 35
194	0:49:24	WIGLEY, Rob	Mounts Bay Harriers	Male under 35
195	0:49:27	EAGLING, Nigel	Truro Running Club	Male Vet 60-64
196	0:49:30	SYMONS, Martin	Carn Runners	Male Vet 45-49
197	0:49:34	CURTIS, Martin	Hayle Runners	Male Vet 60-64

198	0:49:41	HANDS, Jack	Mounts Bay Harriers	Male under20
199	0:49:41	STOCKMAN, Keith	Mounts Bay Harriers	Male Vet 50-54
200	0:49:42	TYAS, Adrian	Truro Running Club	Male Vet 60-64
201	0:49:44	DODWELL, Helen	Truro Running Club	Female Vet 35-39
202	0:49:47	NICHOLL, Steve	Cornwall AC	Male Vet 45-49
203	0:49:49	WRIGHT, David	Hayle Runners	Male Vet 45-49
204	0:49:51	BADGE, Steve	Tamar Trotters	Male Vet 45-49
205	0:49:53	RINGER, Ian	East Cornwall Harriers	Male Vet 65-69
206	0:49:55	LAWRANCE, Russell	St Austell RC	Male Vet 45-49
207	0:49:57	COCKSEGE, Zoe	Mounts Bay Harriers	Female Vet 40-44
208	0:50:00	EVANS, Treve	Carn Runners	Male Vet 45-49
209	0:50:02	EVANS, Des	Newquay Road Runners	Male Vet 60-64
210	0:50:05	RAGGETT, Donna	Cornwall AC	Female Vet 40-44
211	0:50:05	STORER, Graham	Cornwall AC	Male Vet 50-54
212	0:50:06	DAVIES, Steve	Mounts Bay Harriers	Male Vet 55-59
213	0:50:08	NADAUD, Julia	St Austell RC	Female under 35
214	0:50:12	DREW, Peter	Carn Runners	Male Vet 60-64
215	0:50:16	FOREMAN, Lia	Hayle Runners	Female under 20
216	0:50:22	PATEMAN, Scott	St Austell RC	Male Vet 40-44
217	0:50:23	JONES, Stephen CR	Carn Runners	Male Vet 40-44
218	0:50:26	WAITE, Brady	Falmouth Road Runners	Male under 35
219	0:50:29	FRITH, Ray	Newquay Road Runners	Male Vet 60-64
220	0:50:34	FISHER, Paul	Newquay Road Runners	Male Vet 45-49
221	0:50:39	MERRETT, Graham	Hayle Runners	Male Vet 50-54
222	0:50:48	LEE, Becky	Hayle Runners	Female Vet 45-49
223	0:50:57	JONES, Amanda	Hayle Runners	Female Vet 45-49
224	0:51:05	LILLIS, John	Newquay Road Runners	Male Vet 65-69
225	0:51:10	JANE, Gary	St Austell RC	Male Vet 40-44
226	0:51:13	LITTLEJOHNS, Alan	Launceston Road Runners	Male Vet 65-69
227	0:51:15	SPARGO, Philip	Truro Running Club	Male Vet 55-59
228	0:51:18	COUNTER, Lynn	Newquay Road Runners	Female Vet 50-54
229	0:51:21	NORMAN, Diane	Fit 2 Run	Female Vet 50-54
230	0:51:23	KEWN, Nicola	Mounts Bay Harriers	Female Vet 40-44
231	0:51:29	STONE, Olivia	Hayle Runners	Female under 20
232	0:51:31	FOREMAN, Michelle	Hayle Runners	Female Vet 45-49
233	0:51:34	BURROWS, Robert	Mounts Bay Harriers	Male Vet 55-59
234	0:51:37	GREET, Pete	St Austell RC	Male Vet 35-39
235	0:51:44	ELMS, Mike	Mounts Bay Harriers	Male Vet 55-59
236	0:51:55	DAVIDSON, Iain	Hayle Runners	Male Vet 35-39
237	0:51:58	SMITH, Hannah	Hayle Runners	Female under 20
238	0:52:03	ROUND, Matthew	Hayle Runners	Male Vet 35-39
239	0:52:04	HILL, Sandi	Newquay Road Runners	Female under 35
240	0:52:07	WILTON, David	Falmouth Road Runners	Male Vet 55-59
241	0:52:11	VENNING, Martin	Launceston Road Runners	Male Vet 60-64
242	0:52:12	PITT, Jenny	Tamar Trotters	Female Vet 35-39
243	0:52:14	HAWKE, Mike	St Austell RC	Male under 35
244	0:52:19	CARDEW, Denise	Carn Runners	Female Vet 50-54
245	0:52:30	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 45-49
246	0:52:30	LEO, Cas	Hayle Runners	Male Vet 50-54
247	0:52:31	HILL, Sarah	Newquay Road Runners	Female Vet 40-44

248	0:52:31	SUTTON, Andrew	Newquay Road Runners	Male Vet 40-44
249	0:52:33	WATERS, Rachel	St Austell RC	Female Vet 45-49
250	0:52:41	PHILLIPS, Nicola	Newquay Road Runners	Female Vet 40-44
251	0:52:53	BEMAN, Lynn	Hayle Runners	Female Vet 55-59
252	0:52:55	BISHOP, Ruth	Newquay Road Runners	Female under 35
253	0:53:03	HAMPTON, David	St Austell RC	Male Vet 35-39
254	0:53:05	SHEPHERD, Beckie	Newquay Road Runners	Female Vet 45-49
255	0:53:05	BAKER, Ben	Hayle Runners	Male under 35
256	0:53:05	WILKINSON, Sarah	Newquay Road Runners	Female Vet 50-54
257	0:53:05	ELGAR, Simon	Hayle Runners	Male Vet 35-39
258	0:53:09	DONOHUE, Lynne	Truro Running Club	Female Vet 45-49
259	0:53:10	GRENFELL, Michelle	Mounts Bay Harriers	Female under 35
260	0:53:12	WILLS, Kerry	Hayle Runners	Male under 35
261	0:53:22	SHAPLAND, Ron	Newquay Road Runners	Male Vet 65-69
262	0:53:28	TURNER, Yvonne	Mounts Bay Harriers	Female Vet 50-54
263	0:53:31	HALL, Alexis	Newquay Road Runners	Female under 35
264	0:53:33	BUDGE, Claire	St Austell RC	Female Vet 35-39
265	0:53:34	MURRISH, Darren	Hayle Runners	Male Vet 35-39
266	0:53:38	JOHNS, Julie	Truro Running Club	Female Vet 50-54
267	0:53:42	CABLE, Caroline	Falmouth Road Runners	Female Vet 50-54
268	0:53:43	TONKIN, Katrina	Mounts Bay Harriers	Female Vet 35-39
269	0:53:47	MARSHALL, Sheila	Falmouth Road Runners	Female Vet 50-54
270	0:53:47	DOBSON, Helen	Mounts Bay Harriers	Female Vet 40-44
271	0:53:48	HUSSEY, Faye	Fit 2 Run	Female Vet 50-54
272	0:53:49	HUNT, Greg	Truro Running Club	Male under 35
273	0:53:53	MERRETT, Trish	Hayle Runners	Female Vet 40-44
274	0:54:05	KANE, Duncan	Mounts Bay Harriers	Male Vet 50-54
275	0:54:08	SPEAKE, Georgina	St Austell RC	Female Vet 35-39
276	0:54:10	BROMFIELD, Terry	Mounts Bay Harriers	Male Vet 60-64
277	0:54:12	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35
278	0:54:12	WARREN, Diane	Hayle Runners	Female Vet 55-59
279	0:54:16	LEAN, Philip	St Austell RC	Male Vet 50-54
280	0:54:21	HOLLEY, Michaela	Hayle Runners	Female Vet 45-49
281	0:54:29	MCPHAIL, Mo	Hayle Runners	Female under 35
282	0:54:34	RIGGS, Paul	Mounts Bay Harriers	Male under 35
283	0:54:37	CHALLONER, Jady	Hayle Runners	Female under 35
284	0:54:39	EVANS, Alun	Hayle Runners	Male Vet 45-49
285	0:54:42	SENIOR, Ann	Hayle Runners	Female Vet 55-59
286	0:54:46	KINGTON, Norris	Cornwall AC	Male Vet 70-74
287	0:54:50	UREN, Lisa	Carn Runners	Female Vet 35-39
288	0:54:53	CONNON, Naomi	Hayle Runners	Female Vet 40-44
289	0:54:53	OWEN, Hayley	Mounts Bay Harriers	Female under 35
290	0:54:53	MANLEY, Stacey	Mounts Bay Harriers	Female under 35
291	0:54:54	HULSE, Matthew	Mounts Bay Harriers	Male Vet 35-39
292	0:54:56	POTTER, Alison	Newquay Road Runners	Female Vet 35-39
293	0:54:58	SIMMS, Peter	Mounts Bay Harriers	Male Vet 45-49
294	0:54:58	CLARKE, Joanne	Mounts Bay Harriers	Female Vet 40-44
295	0:55:00	HORTON, Catherine	Falmouth Road Runners	Female Vet 35-39
296	0:55:11	PAYNE, Holly	St Austell RC	Female under 35
297	0:55:16	GREENAWAY, John	Mounts Bay Harriers	Male Vet 55-59

298	0:55:17	HURST, Richard	Cornwall AC	Male Vet 55-59
299	0:55:21	CLEMENCE, Sarah	Carn Runners	Female Vet 40-44
300	0:55:24	CUBEDDU, Lee	Hayle Runners	Male under 35
301	0:55:27	HARVEY, Ceri	Carn Runners	Female Vet 35-39
302	0:55:28	BILLINGE, Nicole	Cornwall AC	Female under 35
303	0:55:29	PAGE, Helen	Carn Runners	Female Vet 35-39
304	0:55:29	THOMAS, Emma	Fit 2 Run	Female Vet 35-39
305	0:55:35	MANDER, Peter	Launceston Road Runners	Male Vet 75+
306	0:55:40	LA BRASH, Angela	Hayle Runners	Female Vet 35-39
307	0:55:41	DREW, Barry	Carn Runners	Male Vet 65-69
308	0:55:44	ENDEAN, Dave	St Austell RC	Male Vet 60-64
309	0:55:48	WATKINS, Yvonne	Mounts Bay Harriers	Female Vet 50-54
310	0:55:49	MARSHALL, Debbie	St Austell RC	Female Vet 35-39
311	0:55:49	BATE, Geoff	St Austell RC	Male Vet 45-49
312	0:55:52	CARDELL, Timothea	Hayle Runners	Female Vet 70+
313	0:55:54	OSBORN, Kathryn	Hayle Runners	Female Vet 50-54
314	0:55:55	GOULD, Maria		Female Vet 40-44
315	0:55:58	BAKER, Pippa	Mounts Bay Harriers	Female Vet 50-54
316	0:56:00	MELLIS, Susan	St Austell RC	Female Vet 60-64
317	0:56:17	BACKHOUSE, Eden	Mounts Bay Harriers	Male under20
318	0:56:18	JEPHCOTT, David	Falmouth Road Runners	Male under 35
319	0:56:21	WALKER, Daniella	St Austell RC	Female Vet 40-44
320	0:56:23	MARTIN, Kelly	Hayle Runners	Female under 35
321	0:56:23	GALLOWAY, Alison	Carn Runners	Female Vet 45-49
322	0:56:24	COOK, Bill	Tamar Trotters	Male Vet 45-49
323	0:56:33	PICKARD, Dave	Launceston Road Runners	Male Vet 50-54
324	0:56:34	TIDY, Ian	Mounts Bay Harriers	Male Vet 45-49
325	0:56:34	MASON, Zoe	Mounts Bay Harriers	Female under 35
326	0:56:35	ASPDEN, Peta	Running Forever RC	Female Vet 40-44
327	0:56:38	ROTHSCHILD, Holly	Mounts Bay Harriers	Female under 35
328	0:56:40	FRASER, Glen	Hayle Runners	Male Vet 50-54
329	0:56:42	DAVIS, Steph	Mounts Bay Harriers	Female under 35
330	0:56:42	MCINNERY, Sioban	Mounts Bay Harriers	Female Vet 45-49
331	0:56:45	SHARP, Katie	Truro Running Club	Female under 35
332	0:56:45	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 50-54
333	0:56:48	PLAYER, Shirley	Bodmin Womens RC	Female Vet 40-44
334	0:56:48	JAMES, Becky	St Austell RC	Female Vet 40-44
335	0:56:48	WILLIS, Sharon	Newquay Road Runners	Female Vet 45-49
336	0:56:56	WISEMAN, Emma	Mounts Bay Harriers	Female under 35
337	0:57:01	GAMBLE, Fiona	Hayle Runners	Female under 35
338	0:57:02	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 55-59
339	0:57:05	RICKARD, Lucy	Hayle Runners	Female under 20
340	0:57:14	THOMPSON, Louise		Female under 35
341	0:57:15	STONE, Jackie	Mounts Bay Harriers	Female Vet 50-54
342	0:57:18	CHAPPELL, Lynsey	Mounts Bay Harriers	Female under 35
343	0:57:39	ADAMS, Rob	Hayle Runners	Male Vet 35-39
344	0:57:48	MARSTON, David	Mounts Bay Harriers	Male Vet 65-69
345	0:57:48	JOHNS, Michael	Mounts Bay Harriers	Male Vet 55-59
346	0:57:51	LAY, Evelyn	Mounts Bay Harriers	Female Vet 40-44
347	0:58:04	HOWIS, Steve	Mounts Bay Harriers	Male Vet 50-54

348	0:58:08	THOMSON, Rachel	Mounts Bay Harriers	Female Vet 45-49
349	0:58:15	ENGLAND, Emma	Bodmin Womens RC	Female Vet 40-44
350	0:58:16	JOHNS, Sue	Mounts Bay Harriers	Female Vet 45-49
351	0:58:20	TALEN, Alison	St Austell RC	Female Vet 35-39
352	0:58:31	GILES, Catherine	Truro Running Club	Female Vet 40-44
353	0:58:42	WEDDEN, Sandra	Fit 2 Run	Female Vet 45-49
354	0:58:44	TIMMS, Carolyn		Female Vet 50-54
355	0:58:49	STEVENS, Carol	Hayle Runners	Female Vet 50-54
356	0:58:51	STRONGHILL, Tracey	Fit 2 Run	Female Vet 45-49
357	0:58:51	STONE, Natasha	Hayle Runners	Female Vet 35-39
358	0:58:53	RULE, Roger	Mounts Bay Harriers	Male Vet 60-64
359	0:59:00	BAKER, Stephi	Tamar Trotters	Female Vet 40-44
360	0:59:00	HOAR, Nicola	St Austell RC	Female Vet 45-49
361	0:59:05	CHAPMAN, Susan	Hayle Runners	Female Vet 50-54
362	0:59:06	SWABY, Heidi	Mounts Bay Harriers	Female Vet 40-44
363	0:59:12	WATKINS, Emma	St Austell RC	Female Vet 40-44
364	0:59:15	RIVE, Christine	Fit 2 Run	Female Vet 60-64
365	0:59:29	WALTON, Nancy	Hayle Runners	Female Vet 50-54
366	0:59:29	TREWHELLA, Chris	Mounts Bay Harriers	Male Vet 50-54
367	0:59:32	KNOWLES, Catherine	Mounts Bay Harriers	Female under 35
368	0:59:33	DAVIES, Pippa	Mounts Bay Harriers	Female Vet 35-39
369	0:59:44	FERGUSON, Ana	Hayle Runners	Female Vet 35-39
370	0:59:56	SHAPCOTT, Paul	Tamar Trotters	Male Vet 40-44
371	0:59:57	PAYNE, Samantha	Falmouth Road Runners	Female under 35
372	1:00:06	TRUDGEON, Rachel	St Austell RC	Female under 35
373	1:00:07	BRANDWOOD, Laura	Falmouth Road Runners	Female under 35
374	1:00:12	CHAPMAN, Sharon	Newquay Road Runners	Female Vet 40-44
375	1:00:19	MILLWARD, Laura	Carn Runners	Female Vet 50-54
376	1:00:25	SAUNDRY, Richard	Hayle Runners	Male Vet 70-74
377	1:00:27	TURNER, Clare	Fit 2 Run	Female Vet 45-49
378	1:00:28	JAMIESON, Sandy	Carn Runners	Female Vet 60-64
379	1:00:31	CULLEY, Carol	Carn Runners	Female Vet 55-59
380	1:00:34	PELLOW, Karen	Dreckly Runnrs	Female Vet 45-49
381	1:00:38	LEIWORTHY, Jo	Mounts Bay Harriers	Female Vet 35-39
382	1:00:51	FORD, Julie	Mounts Bay Harriers	Female Vet 45-49
383	1:00:53	WOODING, Mike	Newquay Road Runners	Male Vet 65-69
384	1:00:57	JONES, Aimee	Carn Runners	Female under 35
385	1:01:01	WADE, Margaret	Carn Runners	Female Vet 60-64
386	1:01:05	JAMESON, Judy	Carn Runners	Female Vet 50-54
387	1:01:06	LEWIS, Caroline	Hayle Runners	Female Vet 45-49
388	1:01:08	NIMMO, Donna	Hayle Runners	Female under 35
389	1:01:12	NIMMO, Karen	Hayle Runners	Female under 35
390	1:01:12	BURNELL, Frank	Hayle Runners	Male Vet 55-59
391	1:01:14	NEIL, Jennifer	Hayle Runners	Female under 35
392	1:01:16	WILSON, Peter	Tamar Trotters	Male Vet 50-54
393	1:01:39	RICHARDS, Mandy	Fit 2 Run	Female Vet 45-49
394	1:01:41	CARTER, Nikki	Hayle Runners	Female Vet 40-44
395	1:01:41	BOWKER, Rachel	Hayle Runners	Female Vet 40-44
396	1:01:50	LACEKLE, Liga		Female under 35
397	1:01:50	TREVORROW, Amy		Female under 35

398	1:02:08	JAMES, Joyce	Mounts Bay Harriers	Female Vet 55-59
399	1:02:13	DALTON, Martin	Falmouth Road Runners	Male Vet 60-64
400	1:02:19	REDWORTH, Claire	Carn Runners	Female under 35
401	1:02:21	PICKARD, Linda	Launceston Road Runners	Female Vet 50-54
402	1:02:30	EVANS, Susan		Female Vet 45-49
403	1:02:41	TURNER, Rachel	Grit and Grin	Female Vet 40-44
404	1:02:47	NICHOLAS, Hilary	St Austell RC	Female Vet 50-54
405	1:02:48	JAMES, Amanda	Tamar Trotters	Female Vet 55-59
406	1:02:51	WRIGHT, Lisa	Newquay Road Runners	Female Vet 65-69
407	1:03:01	CLOETE, Vicky		Female Vet 35-39
408	1:03:02	KIRK, Jo	Hayle Runners	Female Vet 35-39
409	1:03:13	POWELL, Jennifer	Mounts Bay Harriers	Female under 35
410	1:03:27	SNOOK, Mike	Tamar Trotters	Male Vet 45-49
411	1:03:29	DENNIS, Pauline	Bodmin Womens RC	Female Vet 50-54
412	1:03:34	ROCHFORD, Hayley	Hayle Runners	Female Vet 35-39
413	1:03:35	THOMPSON, Steve	Dreckly Runnrs	Male Vet 45-49
414	1:03:40	TREGARTHEN, Sarah	Hayle Runners	Female Vet 45-49
415	1:03:57	ALLEN, Louise	Carn Runners	Female under 35
416	1:04:08	MENZIES, Roger	Newquay Road Runners	Male Vet 40-44
417	1:04:10	HOOPER, Catherine	Carn Runners	Female Vet 45-49
418	1:04:17	DREW, Talwyn	Mounts Bay Harriers	Female under 35
419	1:04:24	ADAMS, Hannah	St Austell RC	Female Vet 35-39
420	1:04:29	JARDINE, Clare	Tamar Trotters	Female Vet 45-49
421	1:04:50	STEVENS, Mark		Male Vet 35-39
422	1:05:47	HANSON, Julie	Hayle Runners	Female Vet 50-54
423	1:05:53	PATEMAN, Gemma	St Austell RC	Female under 35
424	1:06:16	BRENNAN, Valerie	Hayle Runners	Female Vet 60-64
425	1:06:28	REES, Lin	Mounts Bay Harriers	Female Vet 40-44
426	1:06:39	FOX, Karri	Falmouth Road Runners	Female Vet 60-64
427	1:06:51	SQUIRE, Helen	Mounts Bay Harriers	Female Vet 50-54
428	1:07:03	WHITNEY, Linda	Newquay Road Runners	Female Vet 60-64
429	1:07:12	WILKINSON, Hannah	Carn Runners	Female under 35
430	1:07:20	HAMBLY, Darren	St Austell RC	Male Vet 40-44
431	1:07:24	SAVAGE, Wendy	Carn Runners	Female Vet 50-54
432	1:07:29	KEEFE, Lindsay	Falmouth Road Runners	Female Vet 40-44
433	1:07:34	GARRARD, David	Falmouth Road Runners	Male Vet 65-69
434	1:07:59	PENROSE, Vanessa		Female Vet 40-44
435	1:08:09	MAYNE, Kim	Mounts Bay Harriers	Female Vet 50-54
436	1:08:33	WOOD, Lorna	Falmouth Road Runners	Female Vet 60-64
437	1:08:39	MASSEY, Jennie	Bodmin Womens RC	Female Vet 50-54
438	1:08:44	KIRTON, Deborah	Hayle Runners	Female Vet 45-49
439	1:08:49	JACKSON, Abby	Hayle Runners	Female under 35
440	1:08:49	RICHARDS, Anita	Mounts Bay Harriers	Female Vet 40-44
441	1:08:51	BAKER, Becky	Hayle Runners	Female Vet 35-39
442	1:08:53	EMPSON, Wendy	Mounts Bay Harriers	Female Vet 45-49
443	1:09:29	DREW, Carole	Carn Runners	Female Vet 65-69
444	1:09:31	VENNING, Ann	Launceston Road Runners	Female Vet 60-64
445	1:09:48	COLDRICK, Debra	Hayle Runners	Female Vet 45-49
446	1:09:50	BOWDEN, Ian	Hayle Runners	Male Vet 40-44
447	1:09:59	WYATT, Terry	St Austell RC	Male Vet 50-54

448	1:10:03	BALDWIN, Charlotte	Hayle Runners	Female under 20
449	1:10:03	THOMAS, Alison	Hayle Runners	Female Vet 35-39
450	1:10:24	MCGUIRE, Jo	Hayle Runners	Female under 35
451	1:10:29	DUKE, Jan	Tamar Trotters	Male Vet 65-69
452	1:10:29	ROGERS, Samantha	Tamar Trotters	Female under 35
453	1:10:30	BOYES, Angela	Falmouth Road Runners	Female Vet 40-44
454	1:10:40	CHEEL, Amanda	Hayle Runners	Female Vet 45-49
455	1:10:42	POLLARD, Jean	Hayle Runners	Female Vet 60-64
456	1:10:46	KENT, Charlotte	Mounts Bay Harriers	Female under 35
457	1:11:02	LEO, Olivia	Hayle Runners	Female under 20
458	1:11:39	MILLS, Helen	Hayle Runners	Female Vet 45-49
459	1:11:39	MCCREEDY, Alexi	Hayle Runners	Female under 35
460	1:11:58	ATKINSON, Anita	Hayle Runners	Female Vet 50-54
461	1:12:38	CAMPBELL, Alison	Carn Runners	Female Vet 35-39
462	1:13:19	HAWKEN, Val	Newquay Road Runners	Female Vet 70+
463	1:13:20	VINNICOMBE, Caroline	Carn Runners	Female Vet 35-39
464	1:13:37	MACKINTOSH, Susie	Hayle Runners	Female Vet 45-49
465	1:14:04	EVANS, Julie	Hayle Runners	Female Vet 50-54
466	1:14:20	PAGE, Jo	Hayle Runners	Female Vet 50-54
467	1:14:48	NANCARROW, Karen	Hayle Runners	Female Vet 40-44
468	1:14:48	NANCARROW, David	Hayle Runners	Male Vet 40-44
469	1:14:57	ROGERS, Verity	Mounts Bay Harriers	Female under 35
470	1:14:58	LOWRY, Jen	Mounts Bay Harriers	Female under 35
471	1:15:35	SEDGEMAN, Linda	Hayle Runners	Female Vet 45-49
472	1:15:39	SILLS, Helen	Hayle Runners	Female Vet 40-44
473	1:15:47	MCNEVIN, Iva	Mounts Bay Harriers	Female Vet 55-59
474	1:16:05	MILES, Maria	Mounts Bay Harriers	Female Vet 40-44
475	1:16:22	ARMSTRONG, Maxine	Hayle Runners	Female under 35
476	1:16:22	MCCREEDY, Tina	Hayle Runners	Female Vet 50-54
477	1:16:22	HUDSON, Mellissa	Hayle Runners	Female Vet 45-49
478	1:16:54	SOMERVILLE, Andrea	Grit and Grin	Female Vet 60-64
479	1:16:58	BENNEY, Sue	Newquay Road Runners	Female Vet 45-49
480	1:22:53	HATTO, Lorna	Newquay Road Runners	Female Vet 35-39
481	1:22:53	BENNEY, Kevin	Newquay Road Runners	Male Vet 50-54