

Remembrance Run Sunday 10 November 2013. 11:00 am

1	0:26:04	MANCER, Jez	St Austell RC	Male 40-44	06:12.3	88
2	0:27:05	HOWELL, Tom	Newquay Road Runners	Male under 35	06:26.8	37
3	0:27:17	YOULDEN, Jamie	St Austell RC	Male under 35	06:29.6	84
4	0:27:22	SAVAGE, Rich	Hayle Runners	Male 45-49	06:30.8	111
5	0:27:33	BAMBER, James		Male 40-44	06:33.5	99
6	0:27:41	RANDALL, Gary	Mounts Bay Harriers	Male 40-44	06:35.4	67
7	0:27:51	RICHARDS, Gary	Mounts Bay Harriers	Male 40-44	06:37.7	147
8	0:27:57	KEEFE, Richard	Falmouth Road Runners	Male 40-44	06:39.2	43
9	0:28:00	ELLIOTT, William		Male under 35	06:39.9	139
10	0:28:08	HALL, Craig	Carn Runners	Male 35-39	06:41.8	124
11	0:28:16	TRUDGIAN, Andy	St Austell RC	Male 40-44	06:43.7	79
12	0:28:41	LAURIE, Andrew	Falmouth Road Runners	Male 50-54	06:49.6	47
13	0:28:50	WATSON, Robin	Falmouth Road Runners	Male 45-49	06:51.8	81
14	0:28:52	WILLS, Julian	Mounts Bay Harriers	Male 40-44	06:52.3	83
15	0:29:00	JACKSON, Brett	St Austell RC	Male under 35	06:54.2	40
16	0:29:04	JARVIS, Antony	St Austell RC	Male 40-44	06:55.1	41
17	0:29:15	BLEWETT, Derren	St Austell RC	Male 45-49	06:57.7	148
18	0:29:18	DAVIS, Glynn	Carn Runners	Male 45-49	06:58.5	101
19	0:29:42	RANDALL, Carol	Mounts Bay Harriers	Female 40-44	07:04.2	66
20	0:29:57	FERRIS, Dom	Truro Running Club	Male under 35	07:07.7	155
21	0:30:37	FROST, Paul	Mud Crew	Male 50-54	07:17.3	26
22	0:30:52	GWYNNE, Paul	Falmouth Road Runners	Male 45-49	07:20.8	29
23	0:31:01	ULLMAN, Chris	East Cornwall Harriers	Male 40-44	07:23.0	80
24	0:31:21	TREGENZA, Heidi	Cornwall AC	Female under 35	07:27.7	126
25	0:31:32	HOADLEY, Ben	Mounts Bay Harriers	Male 45-49	07:30.4	145
26	0:31:36	BRAY, Vivian	Cornwall AC	Male 45-49	07:31.3	131
27	0:31:39	MARSTON, Jeremy	Mounts Bay Harriers	Male 40-44	07:32.0	132
28	0:31:48	ALLEN, Peter	Newquay Road Runners	Male 55-59	07:34.2	3
29	0:31:54	JAMES, Ian	Mounts Bay Harriers	Male 45-49	07:35.6	146
30	0:32:40	YOUNG, Andy	St Austell RC	Male 50-54	07:46.5	85
31	0:32:49	STEPHENS, Darren	Mud Crew	Male 40-44	07:48.7	73
32	0:32:57	THOMSON, Stuart	Mounts Bay Harriers	Male 35-39	07:50.6	77
33	0:32:58	OLIVE, Richard	Truro Running Club	Male 40-44	07:50.8	59
34	0:33:10	MANCER, Lucy	St Austell RC	Female 35-39	07:53.7	87
35	0:32:58	RICHMOND, Jacob		Male under 35	07:50.8	140
36	0:33:10	FORD-DUNN, Jonathan	Truro Running Club	Male 55-59	07:53.7	121
37	0:33:28	PICK, Robert	East Cornwall Harriers	Male 55-59	07:58.0	63
38	0:33:35	COLES, Ray	Bude Rats	Male 60-64	07:59.6	17
39	0:33:44	ANGILLEY, Jayne	Cornwall AC	Female 50-54	08:01.8	127
40	0:33:45	MCGUIRE, David	Truro Running Club	Male 35-39	08:02.0	108
41	0:33:50	FROST, Matt		Male 35-39	08:03.2	152
42	0:33:53	MATTHEWS, Ian	Mounts Bay Harriers	Male 45-49	08:03.9	149
43	0:33:57	SIMMS, Peter	Mounts Bay Harriers	Male 45-49	08:04.9	96
44	0:34:09	BADGE, Steveb	Tamar Trotters	Male 45-49	08:07.7	106
45	0:34:14	HARRIS, Geoff	Newquay Road Runners	Male 50-54	08:08.9	91
46	0:34:20	EYRE, Janna	Carn Runners	Female under 35	08:10.3	23
47	0:34:24	PAYNE, Glenn		Male 40-44	08:11.3	134
48	0:34:33	GREENAWAY, John	Mounts Bay Harriers	Male 55-59	08:13.4	90
49	0:34:41	HARVEY, Richard	Carn Runners	Male 35-39	08:15.3	32
50	0:34:46	STORER, Graham	Cornwall AC	Male 55-59	08:16.5	74
51	0:34:53	COATES, Pat	Newquay Road Runners	Female 55-59	08:18.2	15
52	0:35:03	RINGER, Ian	East Cornwall Harriers	Male 65-69	08:20.6	69
53	0:35:04	PATEMAN, Scott	St Austell RC	Male 40-44	08:20.8	123
54	0:35:12	ALSOP, Doug	St Austell RC	Male 65-69	08:22.7	4
55	0:35:15	OLIVER, Adam	Mounts Bay Harriers	Male under 35	08:23.4	60
56	0:35:30	MAXWELL, Cherish	Mounts Bay Harriers	Female under 35	08:27.0	153
57	0:35:32	KLEINMAN, Michael		Male 45-49	08:27.5	44
58	0:35:48	VAN SPLUNTER, Petra	Newquay Road Runners	Female under 35	08:31.3	136

59	0:35:55	OBRIEN, Tim		Male 40-44	08:33.0	112
60	0:36:01	COCKS, Daniel		Male under 35	08:34.4	16
61	0:36:04	DINHAM, Martin		Male 40-44	08:35.1	21
62	0:30:16	MCNEVIN, Philip	Mounts Bay Harriers	Male under 35	07:12.3	135
63	0:36:29	RINGWOOD, Michael	Mounts Bay Harriers	Male 45-49	08:41.1	144
64	0:36:42	HAYNES, Janet		Female 45-49	08:44.1	110
65	0:37:09	POPE, Robert	Truro Running Club	Male 50-54	08:50.6	122
66	0:37:34	LONGMAN, Claire	Truro Running Club	Female 35-39	08:56.5	128
67	0:37:50	WATSON, Janet	Falmouth Road Runners	Female 60-64	09:00.3	105
68	0:37:54	HICKS, Derek	Bere AlstonTrekks	Male 60-64	09:01.3	115
69	0:38:04	MERRIKIN, Carolyn	Grit & Grin	Female 50-54	09:03.7	107
70	0:38:10	CLEAVER, Nick	Bude Rats	Male 55-59	09:05.1	92
71	0:38:15	KANE, Duncan	Mounts Bay Harriers	Male 50-54	09:06.3	42
72	0:38:17	WILKINS, Millie		Female under 35	09:06.8	154
73	0:38:27	SANDERS, Pual	St Ives SLSC	Male 40-44	09:09.1	133
74	0:38:28	FRITH, Ray	Newquay Road Runners	Male 65-69	09:09.4	118
75	0:38:28	KNUCKEY, Nigel	Truro Running Club	Male 55-59	09:09.4	45
76	0:38:36	POTTER, Alison	Newquay Road Runners	Female 35-39	09:11.3	65
77	0:38:48	MACHIN, Zoe	Newquay Road Runners	Female under 35	09:14.1	50
78	0:38:51	BURROWS, Robert	Mounts Bay Harriers	Male 55-59	09:14.9	103
79	0:38:55	GRILLS, Deb	St Austell RC	Female 50-54	09:15.8	28
80	0:38:58	LECORNU, Emily		Female under 35	09:16.5	156
81	0:39:03	BROWN, Roger	Falmouth Road Runners	Male 45-49	09:17.7	95
82	0:39:25	CABLE, Caroline	Falmouth Road Runners	Female 50-54	09:23.0	11
83	0:39:27	SPEAKE, Georgina	St Austell RC	Female 35-39	09:23.4	70
84	0:39:39	BURNELL, Frank	Hayle Runners	Male 55-59	09:26.3	10
85	0:39:43	LUCAS, Andrew	St Austell RC	Male 45-49	09:27.2	49
86	0:39:48	PICKARD, Linda	Launceston Road Runners	Female 50-54	09:28.4	64
87	0:39:52	COX, Sarah	Bodmin Road Runners	Female under 35	09:29.4	18
88	0:40:01	BATEMAN, Rebecca	Bodmin Road Runners	Female 35-39	09:31.5	7
89	0:40:05	MULLARKEY, Mary	East Cornwall Harriers	Female 65-69	09:32.5	58
90	0:40:09	TREGEAR, Sarah	Mounts Bay Harriers	Female under 35	09:33.4	78
91	0:40:26	STEPHENS, Jane	Bodmin Road Runners	Female 45-49	09:37.5	72
92	0:40:29	CURTISS, Michael		Male 45-49	09:38.2	150
93	0:40:39	HOLLEY, Michaela	Tri Logic Cornwall	Female 45-49	09:40.6	89
94	0:40:44	HOWIS, Steven	Mounts Bay Harriers	Male 50-54	09:41.8	38
95	0:40:46	HALL, Nicola	Bodmin Womens RC	Female 40-44	09:42.2	30
96	0:41:07	LONGMAN, David	Waverley Harriers	Male 35-39	09:47.2	129
97	0:41:24	DOBSON, Helen	Mounts Bay Harriers	Female 40-44	09:51.3	125
98	0:41:25	CAPSTACK, Paul		Male 50-54	09:51.5	12
99	0:41:42	SETTINGTON, Julian	Bere AlstonTrekks	Male 45-49	09:55.6	116
100	0:41:45	BATE, Geoff	St Austell RC	Male 45-49	09:56.3	6
101	0:41:53	MARSHALL, Debbie	St Austell RC	Female 35-39	09:58.2	53
102	0:42:17	CHAPMAN, Jane	Mile High	Female 40-44	10:03.9	14
103	0:42:20	HILL, Sarah	Newquay Road Runners	Female 40-44	10:04.6	35
104	0:42:22	WILLIS, Sharon	Newquay Road Runners	Female 50-54	10:05.1	109
105	0:42:26	HAYNES, Howard	Hayle Runners	Male 75+	10:06.0	34
106	0:42:55	CLEMENCE, Sarah	Cornwall AC	Female 40-44	10:12.9	119
107	0:43:26	SWIFT, Barrie		Male 50-54	10:20.3	98
108	0:43:35	KNOWLES, Catherine	Mounts Bay Harriers	Female under 35	10:22.5	142
109	0:43:39	FINDING, Annie	Bude Rats	Female 60-64	10:23.4	24
110	0:43:39	DAVIES, Pippa	Mounts Bay Harriers	Male 35-39	10:23.4	143
111	0:43:51	BENNETT, Guy	Dreckly Runners	Male 50-54	10:26.3	117
112	0:44:02	MILLWARD, Laura	Carn Runners	Female 50-54	10:28.9	56
113	0:44:02	UREN, Lisa	Carn Runners	Female 35-39	10:28.9	120
114	0:44:10	STUTHRIDGE, Helen	St Austell RC	Female 45-49	10:30.8	75
115	0:44:26	SQUIRE, Mark	Mounts Bay Harriers	Male 55-59	10:34.6	71
116	0:44:40	MANDER, Peter	Launceston Road Runners	Male 75+	10:37.9	51
117	0:44:43	RIGGS, Paul	Mounts Bay Harriers	Male 35-39	10:38.7	68

118	0:44:53	PRADY, Liz	Mounts Bay Harriers	Female 55-59	10:41.0	86
119	0:45:05	DUFOUR, Victoria		Female under 35	10:43.9	22
120	0:45:53	CLAYTON, Harry	Bristol & West AC	Male 75+	10:55.3	102
121	0:46:38	HOLT, Liane	Newquay Road Runners	Female under 35	11:06.0	36
122	0:46:55	THOMSON, Rachel	Mounts Bay Harriers	Female 45-49	11:10.1	76
123	0:47:13	BARKER, Alice	Bodmin Road Runners	Female under 35	11:14.4	5
124	0:47:31	BUCKINGHAM, Juliette		Female 50-54	11:18.6	130
125	0:48:18	COOKE, Megan	Wetherby Runners	Female 40-44	11:29.8	104
126	0:48:48	MCCOLL, Charlotte	St Austell RC	Female 35-39	11:37.0	55
127	0:49:00	BROOKS, Lai-Yin	Plymouth Harriers	Female 40-44	11:39.8	97
128	0:49:01	WARD, Deanne		Female 35-39	11:40.1	151
129	0:49:10	CRAYFORD, Jo		Female 50-54	11:42.2	20
130	0:49:10	CRAYFORD, Tony		Male 50-54	11:42.2	19
131	0:49:14	SWABY, Heidi	Mounts Bay Harriers	Female 40-44	11:43.2	138
132	0:49:21	FLANAGAN, Rachel	Falmouth Road Runners	Female 45-49	11:44.8	141
133	0:49:30	REES, Lin	Mounts Bay Harriers	Female 40-44	11:47.0	137
134	0:49:39	WOOLLEY, David		Male 70-74	11:49.1	100
135	0:50:07	CARTER, Catherine		Female 45-49	11:55.8	13
136	0:50:12	FARLEY, Dan		Male 35-39	11:57.0	114
137	0:50:12	PUREMONT, Claire		Male under 35	11:57.0	113
138	0:50:19	LANDER, Terry		Male under 35	11:58.6	46
139	0:51:03	HART, Benjamin		Male under 35	12:09.1	31
140	0:53:09	AGNIHORTI, Dev	Hayle Runners	Male under 35	12:39.1	2
141	0:54:06	WILKINSON, Hannah	Carn Runners	Female under 35	12:52.7	82
142	0:54:06	MASSEY, Jennie	Bodmin Womens RC	Female 50-54	12:52.7	54
143	0:54:34	LAWRENCE, Steve	Falmouth Road Runners	Male 55-59	12:59.3	48
144	0:59:30	HATCH, David	Moorhaven RC	Male 65-69	14:09.8	33
145	1:01:30	MARSH, Kathryn	Dreckly Runners	Female 35-39	14:38.4	52
146	1:04:40	PERCIVAL, Nic	Falmouth Road Runners	Female 40-44	15:23.6	93
147	1:04:40	BROWN, Helen	Falmouth Road Runners	Female 45-49	15:23.6	94
148	1:08:17	HULCOOP, Jason	Moorhaven RC	Male 35-39	16:15.3	39
149	1:08:17	TURNER, Yvonne	Mounts Bay Harriers	Female 50-54	16:15.3	1