



## Junior Grand Prix 2016

The junior grand prix comprises of 5 events. Awards are made to the first 3 in each age group U8-U10-U12-U14. To qualify athletes need to be club members and to have completed 3 out of the 5 events if more than 3 are completed then the best 3 will be taken . Points are awarded 50 to the first 49 to the second 48 etc. Awards will be made at the Annual Christmas Party and Awards night.

### Events

Friday May 20 <sup>th</sup>	Sportshall Challenge
Saturday June 11 <sup>th</sup>	Penrose Park run Helston
Friday July 8 <sup>th</sup>	Bleep test
Friday July 22 <sup>nd</sup>	Cross country running in the field
Friday August 12 <sup>th</sup>	St Levan fun run