

ST LEVAN 10K - 12th AUGUST 2016

Position	Time	Name	Team	category	Pace
1	0:31:58	BULL, Josh	Derby AC	Male under 35	05:08.6
2	0:32:47	LE GRICE, Peter	Mounts Bay Harriers	Male under 35	05:16.4
3	0:33:31	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:23.5
4	0:34:54	SMITH, Paul	Cornwall AC	Male Vet 40-44	05:36.9
5	0:35:02	BENNEY, Aaron	Mile High	Male Vet 35-39	05:38.2
6	0:35:17	MORANT, Jordan	Hayle Runners	Male under 35	05:40.6
7	0:35:21	WRIGHT, Tony	Newquay Road Runners	Male Vet 50-54	05:41.2
8	0:35:36	WHEAR, Paul	Cornwall AC	Male Vet 45-49	05:43.6
9	0:36:02	DAVIS, Eleanor	Newquay Road Runners	Female under 35	05:47.8
10	0:36:06	SALAMONE, Craig	Cornwall AC	Male under 35	05:48.5
11	0:36:15	HICKS, Ben	Mounts Bay Harriers	Male under 20	05:49.9
12	0:36:19	SLATTERY, Tom	Cornwall AC	Male under 20	05:50.6
13	0:36:51	ROBINSON, Connor	Cornwall AC	Male under 35	05:55.7
14	0:36:56	FRASER, Stuart	Hercules Wimbledon	Male Vet 50-54	05:56.5
15	0:37:06	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	05:58.1
16	0:37:14	DANIELS, Alex	Newquay Road Runners	Male Vet 40-44	05:59.4
17	0:37:29	ABRAHAM, Scott	Hayle Runners	Male Vet 40-44	06:01.8
18	0:37:34	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:02.6
19	0:37:46	MASTERS, Jamie	St Austell Running Club	Male under 35	06:04.6
20	0:37:49	KLIMEK, Kristof	Cornwall AC	Male under 20	06:05.0
21	0:37:52	WEBSTER, Mark	Cornwall AC	Male under 35	06:05.5
22	0:38:06	STEPTO, Emma	Cornwall AC	Female Vet 45-49	06:07.8
23	0:38:18	BALL, Adrian	Cornwall AC	Male Vet 45-49	06:09.7
24	0:38:21	RANDALL, Gary	Mounts Bay Harriers	Male Vet 40-44	06:10.2
25	0:38:25	MURRANT, Kieran	Hayle Runners	Male under 35	06:10.8
26	0:38:26	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:11.0
27	0:38:37	HORN, Edward	Launceston Road Runners	Male under 35	06:12.8
28	0:38:40	RATCLIFFE, Floyd	Hayle Runners	Male under 20	06:13.2
29	0:38:43	DITTY, Graham	Mile High	Male under 35	06:13.7
30	0:38:56	GREGG, Paul	Tamar Trotters	Male Vet 50-54	06:15.8
31	0:39:26	CUTLAN, James	St Austell Running Club	Male under 35	06:20.6
32	0:39:29	TAYLOR, James	Cornwall AC	Male under 35	06:21.1
33	0:39:32	HOOPER, Gregg	Newquay Road Runners	Male Vet 35-39	06:21.6
34	0:39:35	PAULL, Emma	Hayle Runners	Female under 35	06:22.1
35	0:39:53	DAVIS, Glynn	Carn Runners	Male Vet 50-54	06:25.0
36	0:40:15	GEORGE, James	Local	Male Vet 40-44	06:28.5
37	0:40:19	COULSON, Lee	Falmouth Road Runners	Male Vet 45-49	06:29.2
38	0:40:32	FULLER, Stephen	Hayle Runners	Male Vet 45-49	06:31.3
39	0:40:40	MANNING, James	Hayle Runners	Male Vet 35-39	06:32.6
40	0:40:44	LEE, Laurie	St Austell Running Club	Male Vet 55-59	06:33.2
41	0:40:47	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	06:33.7
42	0:40:52	WILLIAMS, James	Cornwall AC	Male under 20	06:34.5
43	0:41:08	EDDISON, Andrew	Cornwall AC	Male Vet 50-54	06:37.1
44	0:41:13	DEACON, Mark	Looe Pioneers	Male under 35	06:37.9
45	0:41:16	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 50-54	06:38.3
46	0:41:17	RANDALL, Carol	Mounts Bay Harriers	Female Vet 45-49	06:38.5
47	0:41:18	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:38.7
48	0:41:20	CARDEW, Barrie	Carn Runners	Male Vet 55-59	06:39.0
49	0:41:36	HUGHES, Katie	Cornwall AC	Female under 20	06:41.6
50	0:41:47	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	06:43.3
51	0:42:03	PICKERING, Stuart	Hayle Runners	Male Vet 50-54	06:45.9
52	0:42:04	MURRAY, Emma	St Austell Running Club	Female Vet 50-54	06:46.1
53	0:42:11	SZYMANSKI, Pawel	Launceston Road Runners	Male under 35	06:47.2
54	0:42:14	ANDREWARTHA, David	Bude Rats	Male under 35	06:47.7
55	0:42:18	JAMES, Ian	Mounts Bay Harriers	Male Vet 50-54	06:48.3
56	0:42:19	LITTLEWOOD, Ian	East Cornwall Harriers	Male Vet 35-39	06:48.5

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Position	Time	Name	Team	category	Pace
57	0:42:26	WALLER, Anne	Mounts Bay Harriers	Female Vet 45-49	06:49.6
58	0:42:30	THOMPSON, Neil	Fitmums and Friends	Male Vet 40-44	06:50.3
59	0:42:45	GWYNN, Leo	Mounts Bay Harriers	Male under 35	06:52.7
60	0:42:55	SAVAGE, Nell	Cornwall AC	Female under 20	06:54.3
61	0:42:58	CROWLE, Revis	East Cornwall Harriers	Female Vet 50-54	06:54.8
62	0:42:59	ROBERTS, Malcolm	St Austell Running Club	Male Vet 60-64	06:54.9
63	0:43:10	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	06:56.7
64	0:43:14	LAURIE, Andrew	Falmouth Road Runners	Male Vet 50-54	06:57.3
65	0:43:18	WILSON, Michael	Truro Running Club	Male Vet 55-59	06:58.0
66	0:43:21	LUCKHURST, Will	Hayle Runners	Male Vet 45-49	06:58.5
67	0:43:23	ROWLINGS, Jonny	Tewkesbury AC	Male Vet 45-49	06:58.8
68	0:43:25	PARRY, Kate	Cornwall AC	Female under 35	06:59.1
69	0:43:26	CLARK, Will	Epsom & Ewell	Male Vet 35-39	06:59.3
70	0:43:28	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 60-64	06:59.6
71	0:43:31	CURTIS, Matt	Hayle Runners	Male Vet 35-39	07:00.1
72	0:43:35	SNEYD, Paul	Hayle Runners	Male Vet 45-49	07:00.7
73	0:43:44	MCCORMACK, Scott	Falmouth Road Runners	Male Vet 45-49	07:02.2
74	0:43:50	ALDRIDGE, William		Male under 35	07:03.1
75	0:43:59	ADIE, Gordon	Truro Running Club	Male Vet 55-59	07:04.6
76	0:44:02	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:05.1
77	0:44:07	CROWLE, Ian	East Cornwall Harriers	Male Vet 55-59	07:05.9
78	0:44:14	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	07:07.0
79	0:44:20	WILES, Brian	Launceston Road Runners	Male Vet 65-69	07:07.9
80	0:44:25	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 50-54	07:08.8
81	0:44:26	ROGERS, Laura	Cornwall AC	Female under 35	07:08.9
82	0:44:27	FITKIN, Graham	Local	Male Vet 50-54	07:09.1
83	0:44:28	IVEY, Joseph		Male Vet 35-39	07:09.2
84	0:44:30	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49	07:09.6
85	0:44:34	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	07:10.2
86	0:44:39	HARDING, Ben	East Cornwall Harriers	Male under 35	07:11.0
87	0:44:42	LLOYD, James	Truro Running Club	Male Vet 40-44	07:11.5
88	0:44:49	HEBDEN, Paul		Male Vet 40-44	07:12.6
89	0:44:53	MOSSOP, Emma	Falmouth Road Runners	Female Vet 40-44	07:13.3
90	0:44:55	NEWCOMBE, Giles	Hayle Runners	Male Vet 55-59	07:13.6
91	0:45:09	WILLIAMS, Alex		Male Vet 40-44	07:15.8
92	0:45:13	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54	07:16.5
93	0:45:23	PELL, David		Male Vet 50-54	07:18.1
94	0:45:33	DAVIES, Richard	Newquay Road Runners	Male Vet 45-49	07:19.7
95	0:45:35	SPENCER, Julian		Male Vet 45-49	07:20.0
96	0:45:36	ALLAN, Genny	Blackheath & Bromley Harriers AC	Female under 20	07:20.2
97	0:45:38	REID, Stuart		Male Vet 35-39	07:20.5
98	0:45:44	WITHAM, Neville	Cornwall AC	Male Vet 60-64	07:21.5
99	0:45:53	BRAY, Vivian	Cornwall AC	Male Vet 50-54	07:22.9
100	0:46:00	WOOD, Imogen	Cornwall AC	Female under 20	07:24.0
101	0:46:03	MAXWELL, Cherish	Mounts Bay Harriers	Female under 35	07:24.5
102	0:46:30	CROWLE, Jonathan	Truro Running Club	Male Vet 40-44	07:28.9
103	0:46:37	NUGENT, Debbie	Carn Runners	Female Vet 50-54	07:30.0
104	0:46:42	GREGG, Louise	Tamar Trotters	Female Vet 45-49	07:30.8
105	0:46:46	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:31.4
106	0:46:50	GOULD, Marie	Cornwall AC	Female Vet 40-44	07:32.1
107	0:46:51	TREBILCOCK, Mark		Male Vet 50-54	07:32.2
108	0:46:52	BURT, David		Male Vet 40-44	07:32.4
109	0:46:56	NICHOLAS, Scott	Mounts Bay Harriers	Male Vet 35-39	07:33.0
110	0:46:59	BACKHOUSE, Stuart	Mounts Bay Harriers	Male Vet 45-49	07:33.5
111	0:47:00	WILLIAMS, Kelly	Mounts Bay Harriers	Female under 35	07:33.7
112	0:47:13	ELLIS, Andrew	Hayle Runners	Male Vet 40-44	07:35.8

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Position	Time	Name	Team	category	Pace
113	0:47:21	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	07:37.1
114	0:47:26	MORTON, Richard	Tamar Trotters	Male Vet 60-64	07:37.9
115	0:47:29	HAYNES, CHRIS		Male Vet 45-49	07:38.4
116	0:47:32	THOMAS, Rachael	Cornwall AC	Feemale Vet 40-44	07:38.8
117	0:47:42	HAYNES, Janet	Mounts Bay Harriers	Female Vet 50-54	07:40.5
118	0:47:48	BUNCE, Richard	Mounts Bay Harriers	Male Vet 50-54	07:41.4
119	0:47:51	COCKSEEDGE, Zoe	Mounts Bay Harriers	Female Vet 45-49	07:41.9
120	0:47:53	SARGENT, Pete	Newquay Road Runners	Male Vet 70-74	07:42.2
121	0:48:00	GOSSAN, John	Looe Pioneers	Male Vet 65-69	07:43.3
122	0:48:01	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35	07:43.5
123	0:48:04	THOMAS, Helen	Carn Runners	Female Vet 45-49	07:44.0
124	0:48:05	CHAPMAN, Peter	Carn Runners	Male Vet 60-64	07:44.2
125	0:48:14	OWEN, Mark	St Austell Running Club	Male Vet 40-44	07:45.6
126	0:48:16	PULLEY, Seaan	Hayle Runners	Male Vet 50-54	07:45.9
127	0:48:19	KITCHEN, Nathan	Cornwall AC	Male Vet 40-44	07:46.4
128	0:48:22	BERRYMAN, Tom		Male under 35	07:46.9
129	0:48:24	RINGWOOD, Michael	Mounts Bay Harriers	Male Vet 50-54	07:47.2
130	0:48:28	HAYNES, Tom		Male under 20	07:47.9
131	0:48:29	FORD-DUNN, Jonathan	Truro Running Club	Male Vet 60-64	07:48.0
132	0:48:44	CLARK, Julie	Mounts Bay Harriers	Female Vet 50-54	07:50.4
133	0:48:49	HARMER, Richard		Male Vet 35-39	07:51.2
134	0:48:54	MOORE, Kelly	Hayle Runners	Female under 35	07:52.0
135	0:49:00	RAMSEY, Chris	Truro Running Club	Male Vet 60-64	07:53.0
136	0:49:02	FRANTZ, Derrick	Cornwall AC	Male Vet 45-49	07:53.3
137	0:49:10	HEATHFIELD, Jon	Dark Peak Fell Runners	Male Vet 55-59	07:54.6
138	0:49:19	MITCHELL, Jon		Male Vet 45-49	07:56.1
139	0:49:20	ELSTONE, Meryl	Carn Runners	Female Vet 45-49	07:56.2
140	0:49:23	MARTIN, Colin	Newquay Road Runners	Male Vet 60-64	07:56.7
141	0:49:26	FRITH, Marcia	Helm Hill Fell Runners	Feemale Vet 40-44	07:57.2
142	0:49:31	DALE, Steve	Newquay Road Runners	Male Vet 40-44	07:58.0
143	0:49:34	SMITH, Sharon	Carn Runners	Feemale Vet 40-44	07:58.5
144	0:49:36	YOUNG, Stephen	100 Marathon Club	Male Vet 45-49	07:58.8
145	0:49:37	BACON, Richard		Male under 35	07:59.0
146	0:49:38	HOLLAND, Jo	Hayle Runners	Female under 35	07:59.1
147	0:49:43	CAULFIELD, Paul	Tamar Trotters	Male Vet 50-54	07:59.9
148	0:49:50	GERRARD, Corrine	Hayle Runners	Female Vet 45-49	08:01.0
149	0:49:52	TALLING, Sophie	Newquay Road Runners	Female under 20	08:01.4
150	0:50:00	TREBILCOCK, Liz		Female Vet 50-54	08:02.7
151	0:50:06	BREAKWELL, Curtis	Hayle Runners	Male under 35	08:03.6
152	0:50:08	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	08:03.9
153	0:50:11	KERSHAW, David	Hayle Runners	Male Vet 45-49	08:04.4
154	0:50:14	BROWN, Joshua		Male under 35	08:04.9
155	0:50:17	CUTLAN, Hannah	St Austell Running Club	Female under 35	08:05.4
156	0:50:23	WALKER, Katie	Cornwall AC	Female under 20	08:06.4
157	0:50:29	SIMMONS, Andrea		Female Vet 60-64	08:07.3
158	0:50:31	THOMAS, Tamsin	Mounts Bay Harriers	Female Vet 45-49	08:07.6
159	0:50:49	DUNCAN, Jeanette	Newquay Road Runners	Female Vet 55-59	08:10.5
160	0:50:54	TURNER, Jim	Newquay Road Runners	Male Vet 60-64	08:11.3
161	0:51:00	TONKIN, Craig	Hayle Runners	Male Vet 45-49	08:12.3
162	0:51:00	ANGOVE, Paul		Male Vet 35-39	08:12.3
163	0:51:05	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	08:13.1
164	0:51:14	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 65-69	08:14.6
165	0:51:22	LILLIS, John	Newquay Road Runners	Male Vet 70-74	08:15.8
166	0:51:43	HOGG, Louise	St Helelns Tri/AC	Feemale Vet 40-44	08:19.2
167	0:51:52	PAULL, Lucy	Hayle Runners	Female under 35	08:20.7
168	0:51:56	STUBBS, Marc		Male Vet 45-49	08:21.3

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Position	Time	Name	Team	category	Pace
169	0:51:58	TOWNEND, Stewart	Hayle Runners	Male Vet 70-74	08:21.6
170	0:51:59	BULLOCK, Katie	Newquay Road Runners	Female under 35	08:21.8
171	0:52:17	ELLISON, Eleanor	Newquay Road Runners	Female Vet 60-64	08:24.7
172	0:52:32	MORRIS, Anna		Female Vet 45-49	08:27.1
173	0:52:36	DREW, Peter	Carn Runners	Male Vet 65-69	08:27.8
174	0:52:36	JONES, Stephen CR	Carn Runners	Male Vet 45-49	08:27.8
175	0:52:40	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 60-64	08:28.4
176	0:52:42	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	08:28.7
177	0:52:47	LETCHER, Darren		Male Vet 40-44	08:29.5
178	0:52:55	OLIVER, Martin	Mounts Bay Harriers	Male Vet 60-64	08:30.8
179	0:53:06	WILDING, Rebecca	Mounts Bay Harriers	Female under 35	08:32.6
180	0:53:09	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	08:33.1
181	0:53:14	NICOLS, John	Local	Male Vet 45-49	08:33.9
182	0:53:16	THOMPSON, John	Telford Harriers	Male Vet 45-49	08:34.2
183	0:53:19	PROWSE, James	Local	Male Vet 35-39	08:34.7
184	0:53:24	HOLMES, Ben		Male Vet 40-44	08:35.5
185	0:53:25	BOWDEN, John	Looe Pioneers	Male Vet 55-59	08:35.6
186	0:53:28	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 70-74	08:36.1
187	0:53:30	STEPTO, Brett	Cornwall AC	Male Vet 40-44	08:36.4
188	0:53:34	JACKSON, Dave		Male Vet 65-69	08:37.1
189	0:53:38	HENWOOD, Phillip	Newquay Road Runners	Male Vet 40-44	08:37.7
190	0:53:40	GREEN, Julie	Carn Runners	Female Vet 50-54	08:38.1
191	0:53:41	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	08:38.2
192	0:53:44	WEBB, Helen	Mounts Bay Harriers	Female Vet 40-44	08:38.7
193	0:53:55	MORSE, Nicky	Mounts Bay Harriers	Male Vet 55-59	08:40.5
194	0:54:15	HEYWOOD, Peter	Looe Pioneers	Male Vet 70-74	08:43.7
195	0:54:17	TAYLOR, Becci	Egdon Heath Harriers	Female Vet 35-39	08:44.0
196	0:54:22	CAFF, Wayne	Newquay Road Runners	Male Vet 40-44	08:44.8
197	0:54:24	MCBAIN, Vanessa May	Newquay Road Runners	Female under 35	08:45.1
198	0:54:25	SWETNAN, Jim	Hayle Runners	Male Vet 35-39	08:45.3
199	0:54:29	LYNCH, David	Mounts Bay Harriers	Male under 35	08:45.9
200	0:54:34	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	08:46.7
201	0:54:35	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44	08:46.9
202	0:54:37	KNOWLES, Chris		Male Vet 45-49	08:47.2
203	0:54:38	BENNETT, Emily	Hayle Runners	Female under 20	08:47.4
204	0:54:43	WHETTON, Grace	Mounts Bay Harriers	Female under 35	08:48.2
205	0:54:51	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 55-59	08:49.5
206	0:54:56	JOHNS, Darren	Truro Running Club	Male Vet 40-44	08:50.3
207	0:55:12	COULSON, Graham		Male Vet 45-49	08:52.9
208	0:55:13	SMITH, Hannah	Hayle Runners	Female under 35	08:53.0
209	0:55:20	LEO, Cas	Hayle Runners	Male Vet 50-54	08:54.1
210	0:55:23	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	08:54.6
211	0:55:24	MUDD, Calvin		Male Vet 40-44	08:54.8
212	0:55:32	LYNCH (MCDONALD), Kelsey	Mounts Bay Harriers	Female under 35	08:56.1
213	0:55:37	MACK, Mike	Carn Runners	Male Vet 65-69	08:56.9
214	0:55:38	JORDAN, Rob	Hayle Runners	Male Vet 50-54	08:57.0
215	0:55:46	FRENCH, Daniel		Male under 35	08:58.3
216	0:55:48	LONG, Fran	Hayle Runners	Female Vet 55-59	08:58.6
217	0:55:50	DERITIS, Vince		Male Vet 45-49	08:59.0
218	0:56:10	ADAMS, Elaine	Hayle Runners	Female Vet 35-39	09:02.2
219	0:56:10	HAGHANI, Laura	Hayle Runners	Female Vet 35-39	09:02.2
220	0:56:27	TURTLE, John	Mounts Bay Harriers	Male Vet 50-54	09:04.9
221	0:56:41	HORWELL, Kenneth		Male Vet 50-54	09:07.2
222	0:56:51	ALLEN, Owen	WalkRun NRR	Male under 20	09:08.8
223	0:57:04	ROBERTS, Kevin		Male Vet 40-44	09:10.9
224	0:57:13	JAMIESON, Sandy	Carn Runners	Female Vet 60-64	09:12.3

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Position	Time	Name	Team	category	Pace
225	0:57:28	MCCORMACK, Teresa	Falmouth Road Runners	Feemale Vet 40-44	09:14.7
226	0:57:48	BEAZLEY, Steve	East Cornwall Harriers	Male Vet 55-59	09:18.0
227	0:57:49	LATHOM, Janet	Launceston Road Runners	Female Vet 60-64	09:18.1
228	0:57:57	MARTIN, Lorna	Cornwall AC	Female Vet 35-39	09:19.4
229	0:58:12	GAGE, Emma		Feemale Vet 40-44	09:21.8
230	0:58:18	JAMESON, Judy	Carn Runners	Female Vet 55-59	09:22.8
231	0:58:22	MAYWOOD, Kirstie	Looe Pioneers	Female Vet 50-54	09:23.4
232	0:58:25	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	09:23.9
233	0:58:44	TILDESLEY, Amy	Mounts Bay Harriers	Female under 35	09:27.0
234	0:58:47	SCOTT, Amy		Female Vet 35-39	09:27.4
235	0:58:50	MOUNTER, David	Carn Runners	Male Vet 65-69	09:27.9
236	0:58:56	BUCKINGHAM-WELLS, Tanya		Female Vet 35-39	09:28.9
237	0:59:07	TOZER, Nicola	Cornwall AC	Feemale Vet 40-44	09:30.7
238	0:59:13	MYCOCK, Buddie		Female under 35	09:31.6
239	0:59:16	BENNETT, Shaun	Hayle Runners	Male Vet 50-54	09:32.1
240	0:59:17	BOWDEN, Geraldine	Looe Pioneers	Female Vet 55-59	09:32.3
241	0:59:20	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:32.8
242	0:59:23	LOUD QUINLAN, Nancy		Female under 20	09:33.2
243	0:59:33	JOHNS, Gillian	Mounts Bay Harriers	Female Vet 55-59	09:34.9
244	0:59:33	DE BARROS, Sara	Hayle Runners	Feemale Vet 40-44	09:34.9
245	0:59:35	GOLDING, Nick	Local	Male Vet 35-39	09:35.2
246	0:59:36	CATNACH, Peter	Looe Pioneers	Male Vet 55-59	09:35.3
247	0:59:41	JOHNSON, Peter	St Helelns Tri/AC	Male Vet 45-49	09:36.1
248	0:59:53	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	09:38.1
249	1:00:04	LUFFSTADT-HUGHES, Dylan		Male under 20	09:39.8
250	1:00:32	NEWCOMBE, Jo	Hayle Runners	Female Vet 55-59	09:44.3
251	1:00:38	DOYLE, Tony	St Helelns Tri/AC	Male Vet 55-59	09:45.3
252	1:01:07	CAULFIELD, Trudy	Tamar Trotters	Female Vet 45-49	09:50.0
253	1:01:15	WILLIAMS, Tania	Hayle Runners	Female Vet 35-39	09:51.3
254	1:01:17	WILLIAMS, Alana	Mounts Bay Harriers	Female under 35	09:51.6
255	1:01:18	DYMOND, Steph	Mounts Bay Harriers	Female Vet 45-49	09:51.7
256	1:01:19	MATTHEWS, Sian	Mounts Bay Harriers	Female Vet 35-39	09:51.9
257	1:01:23	WOOLLETT, Laura		Female under 35	09:52.5
258	1:01:24	MACHENZIE, Sarah		Male under 35	09:52.7
259	1:01:28	THOMAS, Paul	Hayle Runners	Male Vet 55-59	09:53.4
260	1:01:57	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	09:58.0
261	1:02:05	BARRETT, Liz	St Austell Running Club	Female Vet 55-59	09:59.3
262	1:02:14	BONE, Fiona	Local	Female Vet 45-49	10:00.8
263	1:02:28	WADE, Margaret	Carn Runners	Female Vet 60-64	10:03.0
264	1:02:30	PIPER, Judith	Local	Feemale Vet 40-44	10:03.3
265	1:02:32	MUDD, Barrington		Male Vet 65-69	10:03.7
266	1:03:02	FINLEY, Damela			10:08.5
267	1:03:04	FRITH, Ray	Newquay Road Runners	Male Vet 65-69	10:08.8
268	1:03:36	SMITH, Roger		Male Vet 50-54	10:13.9
269	1:03:42	DORMER, Kathran	Falmouth Road Runners	Female Vet 65-69	10:14.9
270	1:04:00	BOLT, Adrian	Truro Running Club	Male Vet 45-49	10:17.8
271	1:04:18	JENKIN, Jacqueline	Cornwall AC	Female Vet 65-69	10:20.7
272	1:04:19	JENKIN, Richard	Cornwall AC	Male Vet 70-74	10:20.9
273	1:04:20	RAY, Pamela	Hayle Runners	Female Vet 45-49	10:21.0
274	1:04:27	BAWDEN, Mike	Cornwall AC	Male Vet 55-59	10:22.2
275	1:04:46	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	10:25.2
276	1:04:46	LAMMERS, Wiebke	Falmouth Road Runners	Feemale Vet 40-44	10:25.2
277	1:05:15	HUBAND, Sophie	Mounts Bay Harriers	Female Vet 45-49	10:29.9
278	1:05:26	STONE, Jackie	Mounts Bay Harriers	Female Vet 50-54	10:31.6
279	1:05:32	WINTERBOURNE, Matthew	Local	Male under 35	10:32.6
280	1:05:39	GOWER, Lisa	Carn Runners	Female Vet 45-49	10:33.7

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Position	Time	Name	Team	category	Pace
281	1:06:27	ROBSON, Tamsin		Feemale Vet 40-44	10:41.5
282	1:06:27	SYMONDS, Neil		Male Vet 45-49	10:41.5
283	1:06:33	SINCOCK, Richard		Male Vet 45-49	10:42.4
284	1:06:37	KNOWLES, Rachel		Feemale Vet 40-44	10:43.1
285	1:06:38	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	10:43.2
286	1:06:40	BROOKS, Amanda	Newquay Road Runners	Female under 35	10:43.6
287	1:07:28	BREWER, Lollie		Female Vet 45-49	10:51.3
288	1:07:37	CARLISE, Cecilia	Cornwall AC	Female under 35	10:52.7
289	1:07:47	ANDREWS, Greta	Mounts Bay Harriers	Feemale Vet 40-44	10:54.3
290	1:07:55	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	10:55.6
291	1:08:16	CAFF, Jane	Newquay Road Runners	Female Vet 55-59	10:59.0
292	1:08:34	RALLS, David	St Austell Running Club	Male Vet 50-54	11:01.9
293	1:08:47	PROSSER, Amanda	Mounts Bay Harriers	Feemale Vet 40-44	11:04.0
294	1:08:52	THOMAS-HORTON, Michaela	St Austell Running Club	Female Vet 45-49	11:04.8
295	1:09:00	DOUGLAS, Christine		Feemale Vet 40-44	11:06.1
296	1:09:00	HEBDEN, Sacha		Feemale Vet 40-44	11:06.1
297	1:09:20	SLATER, Kirstie	Truro Running Club	Feemale Vet 40-44	11:09.3
298	1:09:51	MARSH, Kathryn	Carn Runners	Feemale Vet 40-44	11:14.3
299	1:09:58	YATES, Angela	St Austell Running Club	Female Vet 55-59	11:15.4
300	1:10:02	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	11:16.1
301	1:10:04	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 50-54	11:16.4
302	1:10:37	JACKSON, Tegan		Female under 35	11:21.7
303	1:11:14	HYDE-LINAKER, Elaine	St Austell Running Club	Female Vet 50-54	11:27.6
304	1:11:14	POOLE, Wendy	St Austell Running Club	Female Vet 55-59	11:27.6
305	1:11:33	KINGTON, Norris	Cornwall AC	Male Vet 75+	11:30.7
306	1:11:36	JONES, Simon	Carn Runners	Male Vet 45-49	11:31.2
307	1:11:57	CARBINES, Chelsea	Mounts Bay Harriers	Female under 35	11:34.6
308	1:14:12	GARRARD, David	Falmouth Road Runners	Male Vet 65-69	11:56.3
309	1:15:42	THOMAS, Kathryn	Cornwall AC	Feemale Vet 40-44	12:10.8
310	1:15:57	SROCZYNSKI, Jan	East Cornwall Harriers	Male Vet 65-69	12:13.2
311	1:16:13	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	12:15.8
312	1:16:32	WILLIAMS, Susan		Female Vet 45-49	12:18.8
313	1:21:08	SLATEFORD, Nicola	St Austell Running Club	Female Vet 50-54	13:03.2
314	1:23:36	PRANGLEY, Lisa	St Austell Running Club	Female Vet 45-49	13:27.0
315	1:23:36	WYATT, Liz	St Austell Running Club	Female Vet 45-49	13:27.0
316	1:28:10	ORPWOOD, Jenny	Mounts Bay Harriers	Female Vet 45-49	14:11.1