

ST LEVAN 10K – 11TH AUGUST 2017

Position	Time	Name	Team	Category	Pace
1	0:33:33	BREWER, Tony	Mile High	Male Vet 35-39	05:23.8
2	0:33:47	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:26.1
3	0:34:08	MORANT, Jordan	Hayle Runners	Male under 35	05:29.5
4	0:34:28	BENNEY, Aaron	Mile High	Male Vet 35-39	05:32.7
5	0:34:58	MARTIN, Andrew	Mile High	Male Vet 35-39	05:37.5
6	0:35:01	THOMAS, Justin	Cornwall AC	Male Vet 40-44	05:38.0
7	0:35:36	RATCLIFFE, Floyd	Hayle Runners	Male under 20	05:43.6
8	0:35:40	WHEAR, Paul	Cornwall AC	Male Vet 45-49	05:44.3
9	0:36:06	ARGALL, Joe	Cornwall AC	Male under 35	05:48.5
10	0:36:07	WRIGHT, Tony	Newquay Road Runners	Male Vet 50-54	05:48.6
11	0:36:25	STEPHENSON, Jamie	Mile High	Male under 35	05:51.5
12	0:36:37	YATES, Matt	Cornwall AC	Male under 35	05:53.5
13	0:36:43	WEBSTER, Mark	Cornwall AC	Male under 35	05:54.4
14	0:36:51	STEPTO, Emma	Cornwall AC	Female Vet 45-49	05:55.7
15	0:37:15	JONES, Jeremy		Male under 35	05:59.6
16	0:37:24	DAY, Justin	Cornwall AC	Male Vet 45-49	06:01.0
17	0:37:34	FLEMING, Theodore	Mile High	Male under 20	06:02.6
18	0:37:36	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	06:02.9
19	0:37:38	ROSENFELD, Thomas	Hayle Runners	Male Vet 35-39	06:03.3
20	0:37:39	KLEMME, Jurgen		Male Vet 50-54	06:03.4
21	0:37:52	COOKSON, Neill	Hayle Runners	Male Vet 50-54	06:05.5
22	0:37:59	CUTLAN, James	St Austell Running Club	Male under 35	06:06.6
23	0:38:14	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:09.1
24	0:38:18	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:09.7
25	0:38:20	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:10.0
26	0:38:22	TREGENZA, Heidi	Cornwall AC	Female under 35	06:10.3
27	0:38:26	DEACON, Mark	Looe Pioneers	Male under 35	06:11.0
28	0:38:39	BENNETT, Simon	Steel City Striders	Male Vet 45-49	06:13.1
29	0:38:50	CARLEY, David		Male Vet 50-54	06:14.9
30	0:38:52	DALE, Matthew		Male under 35	06:15.2
31	0:38:57	MURRANT, Kieran	Falmouth Road Runners	Male under 35	06:16.0
32	0:38:59	DAVIS, Glynn	Carn Runners	Male Vet 50-54	06:16.3
33	0:39:11	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	06:18.2
34	0:39:13	DAVIES, James	Truro Running Club	Male under 35	06:18.6
35	0:39:30	DITTY, Graham	Mile High	Male under 35	06:21.3
36	0:39:35	COULSON, Lee	Falmouth Road Runners	Male Vet 50-54	06:22.1
37	0:39:56	SOLE, Amy	Cornwall AC	Female under 35	06:25.5
38	0:40:02	SOLE, Paul	Cornwall AC	Male Vet 35-39	06:26.4
39	0:40:08	KNUCKEY, Craig	Cornwall AC	Male Vet 45-49	06:27.4
40	0:40:25	RENDLE, Steve	Newquay Road Runners	Male Vet 45-49	06:30.1
41	0:40:57	ELLISON, Stephen	Mounts Bay Harriers	Male Vet 40-44	06:35.3
42	0:41:03	TAYLOR, James	Cornwall AC	Male under 35	06:36.3
43	0:41:18	BURGESS, Kathryn	Cornwall AC	Female Vet 40-44	06:38.7
44	0:41:30	MANNING, James	Hayle Runners	Male Vet 35-39	06:40.6
45	0:41:32	BAKER, Steve	Tamar Trotters	Male Vet 60-64	06:40.9
46	0:41:35	CHILD, Matthew		Male under 35	06:41.4
47	0:41:39	GWYNN, Leo	Mounts Bay Harriers	Male under 35	06:42.0
48	0:41:58	DOYLE, John		Male Vet 60-64	06:45.1
49	0:42:08	MARSTON, Jeremy	Mounts Bay Harriers	Male Vet 45-49	06:46.7
50	0:42:22	WALKER, Iain	St Austell Running Club	Male Vet 60-64	06:49.0
51	0:42:27	FITKIN, Graham	Local	Male Vet 50-54	06:49.8
52	0:42:33	VINNICOMBE, Jason	Carn Runners	Male Vet 40-44	06:50.7
53	0:42:35	TRERISE, Connor	Cornwall AC	Male under 20	06:51.1
54	0:42:47	HAWKEN, George		Male under 35	06:53.0
55	0:42:50	RONNGARD, Mattias	Newquay Road Runners	Male Vet 45-49	06:53.5
56	0:42:51	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 65-69	06:53.6

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Position	Time	Name	Team	Category	Pace
57	0:43:08	CHIRGWIN, Rob	Truro Running Club	Male under 35	06:56.4
58	0:43:13	LAY, Dominic		Male under 35	06:57.2
59	0:43:13	LOWE, Toby	Newquay Road Runners	Male Vet 45-49	06:57.2
60	0:43:15	WATERS, Ella	Launceston Road Runners	Female under 20	06:57.5
61	0:43:17	ROBERTS, Malcolm	St Austell Running Club	Male Vet 60-64	06:57.8
62	0:43:31	GENT, Samuel		Male Vet 35-39	07:00.1
63	0:43:36	COX, Daniel	Bodmin Road Runners	Male under 35	07:00.9
64	0:43:38	CARDEW, Barrie	Carn Runners	Male Vet 55-59	07:01.2
65	0:43:43	MOONEY, Dean		Male Vet 45-49	07:02.0
66	0:43:46	ATKIN, Robert		Male Vet 45-49	07:02.5
67	0:43:53	WOLF, Jan	Mounts Bay Harriers	Male Vet 40-44	07:03.6
68	0:43:54	COLEY, Alex	East Cornwall Harriers	Male under 35	07:03.8
69	0:43:54	BRAY, Daniel	St Austell Running Club	Male under 35	07:03.8
70	0:44:06	WALLER, Anne	Mounts Bay Harriers	Female Vet 45-49	07:05.7
71	0:44:08	JOHNSON, Alex	Storm Running Plymouth	Male Vet 40-44	07:06.0
72	0:44:14	WILDING, David	Hayle Runners	Male Vet 40-44	07:07.0
73	0:44:18	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	07:07.6
74	0:44:32	CRITCHLOW, Andrew		Male Vet 50-54	07:09.9
75	0:44:43	MUNDAY, Caleb	Mounts Bay Harriers	Male Vet 35-39	07:11.6
76	0:44:49	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	07:12.6
77	0:44:54	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:13.4
78	0:44:54	BURFORD, Lee	Hayle Runners	Male Vet 35-39	07:13.4
79	0:44:57	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	07:13.9
80	0:45:03	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	07:14.9
81	0:45:07	ARGALL, Nigel		Male Vet 55-59	07:15.5
82	0:45:12	WITHAM, Neville	Cornwall AC	Male Vet 60-64	07:16.3
83	0:45:15	CURTIS, Oisin	Hayle Runners	Male under 35	07:16.8
84	0:45:16	BRAY, Vivian	Cornwall AC	Male Vet 50-54	07:17.0
85	0:45:17	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	07:17.1
86	0:45:23	ASHTON, Doug		Male Vet 40-44	07:18.1
87	0:45:24	JOSE, Amy	Hayle Runners	Female under 35	07:18.2
88	0:45:27	POLGLASE, Tom	Carn Runners	Male Vet 65-69	07:18.7
89	0:45:29	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	07:19.1
90	0:45:31	HALL, Jamie		Male Vet 40-44	07:19.4
91	0:45:35	HARRISON, Karen	Cornwall AC	Female Vet 45-49	07:20.0
92	0:45:38	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49	07:20.5
93	0:45:42	HAYNES, CHRIS		Male Vet 45-49	07:21.1
94	0:45:45	CLARK, Jim	Grand Ancouleme Athletic	Male Vet 45-49	07:21.6
95	0:45:49	WILSON, Matthew	Cornwall AC	Male Vet 40-44	07:22.3
96	0:45:56	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	07:23.4
97	0:45:58	BACON, Richard		Male under 35	07:23.7
98	0:45:58	TALLING, Sophie	Newquay Road Runners	Female under 20	07:23.7
99	0:45:58	SPENCER, Leigh	Newquay Road Runners	Female under 20	07:23.7
100	0:46:08	VOWLES, Elliott		Male Vet 40-44	07:25.3
101	0:46:09	MANNERING, Tom		Male under 35	07:25.5
102	0:46:11	WATSON, Joanne	Ludlow Runners	Female Vet 35-39	07:25.8
103	0:46:30	NEWCORBE, Giles	Hayle Runners	Male Vet 60-64	07:28.9
104	0:46:32	MORGAN, Martin	Bodmin Road Runners	Male Vet 60-64	07:29.2
105	0:46:34	COOK, Peter		Male under 35	07:29.5
106	0:46:37	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35	07:30.0
107	0:46:41	RILEY, Mick	Market Drayton AC	Male Vet 55-59	07:30.6
108	0:46:44	GWYNN, Thomas		Male under 35	07:31.1
109	0:46:46	HAYNES, Janet	Mounts Bay Harriers	Female Vet 50-54	07:31.4
110	0:46:54	BATCHELOR, David	Hayle Runners	Male Vet 55-59	07:32.7
111	0:46:55	ANGILLEY, Jayne	Cornwall AC	Female Vet 55-59	07:32.9
112	0:46:59	SMITH, Derek	Hayle Runners	Male Vet 55-59	07:33.5

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Position	Time	Name	Team	Category	Pace
113	0:47:02	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39	07:34.0
114	0:47:03	DAVIES, Richard	Newquay Road Runners	Male Vet 50-54	07:34.2
115	0:47:15	THOMAS, Rachael	Cornwall AC	Female Vet 40-44	07:36.1
116	0:47:22	WEBB, Kirsty	Looe Pioneers	Female under 35	07:37.2
117	0:47:23	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 50-54	07:37.4
118	0:47:33	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	07:39.0
119	0:47:35	CHASE, Andy	St Austell Running Club	Male under 35	07:39.3
120	0:47:39	HINDSON, Danny		Male Vet 40-44	07:40.0
121	0:47:40	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	07:40.1
122	0:48:00	JAMES, Jon		Male Vet 50-54	07:43.3
123	0:48:01	HORNE, Martin		Male Vet 55-59	07:43.5
124	0:48:02	DRAYSON (MAGUIRE), Natalie	Cornwall AC	Female Vet 40-44	07:43.7
125	0:48:02	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	07:43.7
126	0:48:06	WILLIAMS, Kelly	Mounts Bay Harriers	Female under 35	07:44.3
127	0:48:07	FORD-DUNN, Jonathan	Truro Running Club	Male Vet 60-64	07:44.5
128	0:48:09	BOUCHER, Richard	Mounts Bay Harriers	Male Vet 45-49	07:44.8
129	0:48:10	WOODFORD, Ian	Cleethorpes & District AC	Male Vet 50-54	07:45.0
130	0:48:11	WRIGHT, David	Hayle Runners	Male Vet 50-54	07:45.1
131	0:48:19	MITCHELL, Jon	Cornwall AC	Male Vet 45-49	07:46.4
132	0:48:21	BRADBURY, Rosie	Falmouth Road Runners	Female under 35	07:46.7
133	0:48:23	WATERS, Claire	Launceston Road Runners	Female Vet 45-49	07:47.0
134	0:48:24	JONES, Stephen CR	Carn Runners	Male Vet 45-49	07:47.2
135	0:48:28	MORTON, John		Male under 35	07:47.9
136	0:48:29	BARBER, Craig		Male Vet 40-44	07:48.0
137	0:48:33	CHESTERFIELD, Caroline	Hayle Runners	Female Vet 50-54	07:48.7
138	0:48:49	GUMMOW, Katie	Looe Pioneers	Female Vet 35-39	07:51.2
139	0:48:55	GREGANLE, Jack		Male under 35	07:52.2
140	0:48:55	THOMAS, Helen	Carn Runners	Female Vet 45-49	07:52.2
141	0:49:02	LILLIS, John	Newquay Road Runners	Male Vet 70-74	07:53.3
142	0:49:07	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	07:54.1
143	0:49:10	SMITHERAM, Mark		Male Vet 40-44	07:54.6
144	0:49:11	SARGENT, Pete	Newquay Road Runners	Male Vet 70-74	07:54.8
145	0:49:22	HORNE, Adam		Male under 20	07:56.5
146	0:49:26	PALMER, Brendan	Storm Running Plymouth	Male Vet 40-44	07:57.2
147	0:49:27	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	07:57.3
148	0:49:28	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:57.5
149	0:49:29	MOORE, Andy	Hayle Runners	Male Vet 55-59	07:57.7
150	0:49:30	GARVEY, Jessica	Hayle Runners	Female under 35	07:57.8
151	0:49:38	O'KEEFFE, Niamh		Female under 35	07:59.1
152	0:49:50	JACKSON, Robert	Local	Male Vet 35-39	08:01.0
153	0:49:51	YOUNG, Stephen	100 Marathon Club	Male Vet 45-49	08:01.2
154	0:49:52	JESSOP, Katie		Female under 35	08:01.4
155	0:49:55	MARTIN, Colin	Newquay Road Runners	Male Vet 65-69	08:01.9
156	0:49:57	KLEMME, Corinna		Female Vet 40-44	08:02.2
157	0:50:09	MARSLAND, Louise	Tamar Trotters	Female Vet 35-39	08:04.1
158	0:50:17	COLEY, Simon	East Cornwall Harriers	Male Vet 50-54	08:05.4
159	0:50:18	RICHARDS, Philip		Male Vet 40-44	08:05.6
160	0:50:22	HAYNES, Patrick	St Austell Running Club	Male Vet 50-54	08:06.2
161	0:50:25	GIBSON, Philip	Looe Pioneers	Male Vet 40-44	08:06.7
162	0:50:31	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54	08:07.6
163	0:50:32	ROOT, Letitia		Female Vet 35-39	08:07.8
164	0:50:37	ATKINSON-BEAUMONT, Ross	Mounts Bay Harriers	Male Vet 35-39	08:08.6
165	0:50:38	MULLAN, Christopher		Male Vet 35-39	08:08.8
166	0:50:39	PEARCE, Ryan		Male under 35	08:08.9
167	0:50:40	WAITE, Tracy		Female Vet 35-39	08:09.1
168	0:50:40	HELLINGS, Sally		Female Vet 45-49	08:09.1

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Position	Time	Name	Team	Category	Pace
169	0:50:41	WAITE, Kevin		Male Vet 35-39	08:09.3
170	0:50:43	BENNETT, Emily	Hayle Runners	Female under 20	08:09.6
171	0:50:47	TREGENZA, Elizabeth	Cornwall AC	Female Vet 55-59	08:10.2
172	0:50:48	ROBINS, Sara	Newquay Road Runners	Female under 35	08:10.4
173	0:50:49	ASPDEN, Gail	Hayle Runners	Female Vet 45-49	08:10.5
174	0:50:57	COX, Clive		Male Vet 55-59	08:11.8
175	0:51:07	SHERIDAN, Cheryl		Female Vet 35-39	08:13.4
176	0:51:10	PIERCE, Ruth	Hayle Runners	Female Vet 50-54	08:13.9
177	0:51:22	THOMAS, Steven	Carn Runners	Male Vet 40-44	08:15.8
178	0:51:27	LEWIS, Bridget	Mounts Bay Harriers	Female Vet 45-49	08:16.7
179	0:51:30	LAWES, Helen	Looe Pioneers	Female Vet 45-49	08:17.1
180	0:51:33	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	08:17.6
181	0:51:41	SIMMONS, Andrea		Female Vet 60-64	08:18.9
182	0:51:41	MORRIS, Anna		Female Vet 50-54	08:18.9
183	0:51:43	FOSTER, Diane	Looe Pioneers	Female Vet 45-49	08:19.2
184	0:51:45	WARD, Malcolm	Falmouth Road Runners	Male Vet 55-59	08:19.5
185	0:51:46	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	08:19.7
186	0:51:48	GIBSON, Alice		Female under 35	08:20.0
187	0:51:48	LYNCH, Kelsey	Mounts Bay Harriers	Female under 35	08:20.0
188	0:51:50	DREW, Peter	Carn Runners	Male Vet 65-69	08:20.4
189	0:51:51	UREN, Lisa	Carn Runners	Female Vet 40-44	08:20.5
190	0:52:12	MOORE, Tim	Ivanhoe Runners	Male Vet 40-44	08:23.9
191	0:52:16	ELSTONE, Meryl	Carn Runners	Female Vet 50-54	08:24.5
192	0:52:17	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	08:24.7
193	0:52:23	CROWLE, Jonathan	Truro Running Club	Male Vet 45-49	08:25.7
194	0:52:31	WARREN, Diane	Hayle Runners	Female Vet 60-64	08:27.0
195	0:52:35	WEBB, Helen	Mounts Bay Harriers	Female Vet 40-44	08:27.6
196	0:52:38	JACKSON, Kate		Female Vet 35-39	08:28.1
197	0:52:51	TOWNEND, Stewart	Hayle Runners	Male Vet 70-74	08:30.2
198	0:52:53	SAVIN, Nick	Newquay Road Runners	Male under 35	08:30.5
199	0:52:57	ATKINSON-BEAUMONT, David	Mounts Bay Harriers	Male Vet 35-39	08:31.1
200	0:52:58	PARK, Michael		Male Vet 50-54	08:31.3
201	0:52:59	LYNCH, David	Mounts Bay Harriers	Male under 35	08:31.5
202	0:53:02	WILDING, Rebecca	Mounts Bay Harriers	Female under 35	08:31.9
203	0:54:11	ARGALL, Rebecca		Female under 35	08:43.0
204	0:54:13	ELLISON, Eleanor	Newquay Road Runners	Female Vet 60-64	08:43.4
205	0:53:16	HOLMES, Ben	Local	Male Vet 40-44	08:34.2
206	0:53:17	WHETTON, Grace	Mounts Bay Harriers	Female under 35	08:34.4
207	0:53:25	ELLEN, Emily	Hayle Runners	Female Vet 35-39	08:35.6
208	0:53:27	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	08:36.0
209	0:53:30	PROWSE, James	Local	Male Vet 35-39	08:36.4
210	0:53:45	STANESCU, Norbert	Cornwall AC	Male under 35	08:38.9
211	0:53:46	RENFREE, Caroline		Female under 35	08:39.0
212	0:53:59	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44	08:41.1
213	0:54:00	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	08:41.3
214	0:54:01	PAYNE, Holly	St Austell Running Club	Female under 35	08:41.4
215	0:54:10	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 70-74	08:42.9
216	0:54:11	BENNETTS, Shaun	Hayle Runners	Male Vet 50-54	08:43.0
217	0:54:11	TOTTLE, Louisa	Mounts Bay Harriers	Female Vet 45-49	08:43.0
218	0:54:16	GROVES, Adrian		Male Vet 45-49	08:43.8
219	0:54:27	KELLY, Joanne		Female Vet 40-44	08:45.6
220	0:54:27	MUDD, Calvin		Male Vet 40-44	08:45.6
221	0:54:28	OLIVER, Adam	Mounts Bay Harriers	Male under 35	08:45.8
222	0:54:29	OLIVER, Martin	Mounts Bay Harriers	Male Vet 60-64	08:45.9
223	0:54:34	COLLINSON, Michelle	Mounts Bay Harriers	Female Vet 40-44	08:46.7
224	0:54:35	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 50-54	08:46.9

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Position	Time	Name	Team	Category	Pace
225	0:54:41	PALMER, Michael	East Cornwall Harriers	Male Vet 70-74	08:47.9
226	0:54:50	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	08:49.3
227	0:55:01	EVANS, Alun	Hayle Runners	Male Vet 45-49	08:51.1
228	0:55:10	SMITH, Hannah	Hayle Runners	Female under 35	08:52.5
229	0:55:20	SCARFE, Jackie	St Austell Running Club	Female Vet 55-59	08:54.1
230	0:55:26	ANGOVE, Paul		Male Vet 35-39	08:55.1
231	0:55:32	HAGHANI, Laura	Hayle Runners	Female Vet 35-39	08:56.1
232	0:55:38	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 55-59	08:57.0
233	0:55:39	CLARK, Emma	Looe Pioneers	Female under 35	08:57.2
234	0:55:40	ANDREWS, Becky	Truro Running Club	Female Vet 35-39	08:57.4
235	0:55:45	CADDY, Chantelle	Mounts Bay Harriers	Female Vet 40-44	08:58.2
236	0:55:55	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	08:59.8
237	0:56:04	BOWDEN, John	Looe Pioneers	Male Vet 60-64	09:01.2
238	0:56:09	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:02.0
239	0:56:16	HARRINGTON, Mark	Carn Runners	Male Vet 50-54	09:03.2
240	0:56:20	PATEMAN, Gemma	St Austell Running Club	Female Vet 35-39	09:03.8
241	0:56:22	IACONIANNI, Gennara	St Austell Running Club	Female under 35	09:04.1
242	0:56:24	CUNDY-COOPER, Emma	Bodmin Womens RC	Female under 35	09:04.4
243	0:56:30	WIDDERSHOVEN, Demelza	Carn Runners	Female Vet 35-39	09:05.4
244	0:56:35	ENGLAND, Emma	Bodmin Womens RC	Female Vet 45-49	09:06.2
245	0:56:41	MYCOCK, Buddie		Female under 35	09:07.2
246	0:56:46	WILDING, Sarah	Hayle Runners	Female Vet 40-44	09:08.0
247	0:56:56	MORGADO, Chloe	Cornwall AC	Female Vet 40-44	09:09.6
248	0:57:05	BUDGE, Andrew	St Austell Running Club	Male Vet 50-54	09:11.0
249	0:57:11	EVANS, Mollie	Carn Runners	Female Vet 40-44	09:12.0
250	0:57:17	BROWN, Lorraine	Truro Running Club	Female Vet 45-49	09:13.0
251	0:57:18	GIBSON, Jo		Female Vet 35-39	09:13.1
252	0:57:19	VOSPER, Francis	Bodmin Road Runners	Male Vet 60-64	09:13.3
253	0:57:25	TRELEVEN, Sandra	Mounts Bay Harriers	Female Vet 45-49	09:14.3
254	0:57:31	DAVIES, Sarah	Newquay Road Runners	Female Vet 40-44	09:15.2
255	0:57:36	JONES, Alan		Male Vet 65-69	09:16.0
256	0:57:36	GOWER, Lisa	Carn Runners	Female Vet 45-49	09:16.0
257	0:57:39	CATTERALL, Diane	Carn Runners	Female under 35	09:16.5
258	0:57:44	NIEMEIJER, Mariska		Female Vet 40-44	09:17.3
259	0:57:58	HAMSHIRE, Cordelia		Female under 35	09:19.6
260	0:58:04	BOOTH, Sally		Female Vet 50-54	09:20.5
261	0:58:08	AUSTIN, Jamie	Dagenham 88 Runners	Male under 35	09:21.2
262	0:58:19	LONG, Fran	Hayle Runners	Female Vet 55-59	09:22.9
263	0:58:20	MORGAN, Iain	Newquay Road Runners	Male Vet 55-59	09:23.1
264	0:58:24	PIPER, Judith	Local	Female Vet 40-44	09:23.7
265	0:58:24	JAMIESON, Sandy	Carn Runners	Female Vet 65-69	09:23.7
266	0:58:33	CUFF, Linda	Looe Pioneers	Female Vet 50-54	09:25.2
267	0:58:45	ROBERTS, Ian	Isabella Rose Foundation	Male Vet 50-54	09:27.1
268	0:58:46	CARVETH, Debbie	Hayle Runners	Female Vet 40-44	09:27.3
269	0:58:46	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	09:27.3
270	0:58:47	LEGGO (KING), Sarah	Mounts Bay Harriers	Female Vet 40-44	09:27.4
271	0:59:09	STUBBS, Finley		Male under 20	09:31.0
272	0:59:09	STUBBS, Marc		Male Vet 50-54	09:31.0
273	0:59:21	PENTREATH, Nick	Falmouth Road Runners	Male Vet 50-54	09:32.9
274	0:59:32	BOWDEN, Geraldine	Looe Pioneers	Female Vet 55-59	09:34.7
275	0:59:41	GREEN, Marie	Falmouth Road Runners	Female Vet 40-44	09:36.1
276	0:59:42	JOHNS, Gillian	Mounts Bay Harriers	Female Vet 55-59	09:36.3
277	0:59:44	JOHNS, Sue MB	Mounts Bay Harriers	Female Vet 60-64	09:36.6
278	0:59:47	BAWDEN, Mike	Cornwall AC	Male Vet 55-59	09:37.1
279	0:59:50	BUCKINGHAM-WELLS, Tanya	Carn Runners	Female Vet 35-39	09:37.6
280	0:59:50	DEPONEO, Jennifer		Female under 35	09:37.6

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Position	Time	Name	Team	Category	Pace
281	0:59:55	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	09:38.4
282	0:59:56	HOCKING, Deborah	Carn Runners	Female Vet 45-49	09:38.6
283	0:59:57	HARPER, Penelope	Mounts Bay Harriers	Female Vet 40-44	09:38.7
284	1:00:02	LITTLE, Angela		Female Vet 35-39	09:39.5
285	1:00:09	HOGAN, Ella	Ledbury & District Harriers	Female Vet 35-39	09:40.6
286	1:00:14	JENKIN, Jacqueline	Cornwall AC	Female Vet 70-74	09:41.4
287	1:00:14	JENKIN, Richard	Cornwall AC	Male Vet 70-74	09:41.4
288	1:00:23	ROBERTSON, Rachel		Female under 35	09:42.9
289	1:00:24	BARNET, James	Falmouth Road Runners	Male under 35	09:43.1
290	1:00:25	WILLIAMS, Robert		Male Vet 55-59	09:43.2
291	1:00:35	KING, Gary	Mounts Bay Harriers	Male Vet 40-44	09:44.8
292	1:00:40	BOARDMAN, Diane	Truro Running Club	Female Vet 35-39	09:45.6
293	1:00:50	JAMES, Joyce	Mounts Bay Harriers	Female Vet 60-64	09:47.2
294	1:00:56	RICHARDS, Clair	Carn Runners	Female Vet 40-44	09:48.2
295	1:00:58	BOLT, Adrian	Truro Running Club	Male Vet 50-54	09:48.5
296	1:01:07	FROST, Amy	Mounts Bay Harriers	Female under 35	09:50.0
297	1:01:08	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44	09:50.1
298	1:01:10	BURGESS, Mel	Hayle Runners	Female Vet 50-54	09:50.5
299	1:01:18	NICHOLSON, Diane	Tamar Trotters	Female Vet 55-59	09:51.7
300	1:01:21	GOWER, Emma	Bodmin Womens RC	Female under 35	09:52.2
301	1:01:28	JAMESON, Judy	Carn Runners	Female Vet 55-59	09:53.4
302	1:01:28	TREGEAR, Sarah	Mounts Bay Harriers	Female under 35	09:53.4
303	1:01:37	BILLS, Kelly	Carn Runners	Female Vet 40-44	09:54.8
304	1:01:40	VERCESI, Gemma	Mounts Bay Harriers	Female Vet 35-39	09:55.3
305	1:01:41	DEERE, Louise	Hayle Runners	Female Vet 50-54	09:55.4
306	1:01:42	BERRY, Tony	Truro Running Club	Male Vet 80+	09:55.6
307	1:01:51	MACLAREN, Lesley	St Austell Running Club	Female under 35	09:57.1
308	1:01:57	WADE, Margaret	Carn Runners	Female Vet 65-69	09:58.0
309	1:02:18	SUMMERS, Luke	Dagenham 88 Runners	Male under 35	10:01.4
310	1:02:38	PASCOE, Wendy	Hayle Runners	Female Vet 50-54	10:04.6
311	1:02:42	ROBERTSON, Jen	Bodmin Road Runners	Female Vet 40-44	10:05.3
312	1:02:44	TAMBLYN, Harry		Male under 35	10:05.6
313	1:02:57	WALLACE, Geraldine		Female Vet 60-64	10:07.7
314	1:03:02	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	10:08.5
315	1:03:03	PRADY, Liz	Mounts Bay Harriers	Female Vet 60-64	10:08.6
316	1:03:07	WILLIAMS, Helen	Mounts Bay Harriers	Female Vet 55-59	10:09.3
317	1:03:08	LEIWORTHY, Emily	Mounts Bay Harriers	Female under 35	10:09.4
318	1:03:10	LEWINGTON, Leah	Mounts Bay Harriers	Female Vet 45-49	10:09.8
319	1:03:13	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	10:10.2
320	1:03:17	STEVENS, Tara	Mounts Bay Harriers	Female under 35	10:10.9
321	1:03:18	HOLT, Liane	Newquay Road Runners	Female under 35	10:11.1
322	1:03:18	HOLT, Claire		Female under 35	10:11.1
323	1:03:18	WALLIS, Michelle	Mounts Bay Harriers	Female Vet 35-39	10:11.1
324	1:03:19	LODER, Kat	Mounts Bay Harriers	Female Vet 35-39	10:11.2
325	1:03:22	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	10:11.7
326	1:03:24	COX, Alison	Bodmin Womens RC	Female Vet 50-54	10:12.0
327	1:03:32	JOHNS, Sarah	Mounts Bay Harriers	Female Vet 35-39	10:13.3
328	1:03:33	SMITH, Lucy		Female Vet 35-39	10:13.5
329	1:03:37	MUDD, Barrington		Male Vet 65-69	10:14.1
330	1:04:01	CUMBLEY, Kat	Hayle Runners	Female under 35	10:18.0
331	1:04:10	COSTELLO, Susan	Hayle Runners	Female Vet 45-49	10:19.4
332	1:04:30	MITCHELL, Dan	Cornwall AC	Male Vet 40-44	10:22.6
333	1:04:40	BOWDEN, Sally	Newquay Road Runners	Female Vet 50-54	10:24.2
334	1:05:02	RAIKER, Diana	Falmouth Road Runners	Female under 35	10:27.8
335	1:05:03	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	10:27.9
336	1:05:07	MARTIN, Hayley	Carn Runners	Female Vet 35-39	10:28.6

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Position	Time	Name	Team	Category	Pace
337	1:05:08	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	10:28.8
338	1:05:08	JAMES, Amanda	Mounts Bay Harriers	Female Vet 60-64	10:28.8
339	1:05:11	HAMILTON, Jayne	Isabella Rose Foundation	Female Vet 45-49	10:29.2
340	1:05:18	ARGALL, Helen		Female Vet 45-49	10:30.4
341	1:05:33	GOADSBY, Bill	Daventry Road Runners	Male Vet 65-69	10:32.8
342	1:05:40	BEAUMONT, Heather	Totley A C	Female under 35	10:33.9
343	1:05:55	BREWER, Lollie	Mounts Bay Harriers	Female Vet 50-54	10:36.3
344	1:06:03	LATHAM, Donna	Bodmin Womens RC	Female Vet 40-44	10:37.6
345	1:06:32	LOOSLEY, Alison	St Austell Running Club	Female Vet 50-54	10:42.3
346	1:07:05	CLACKWORTHY, Malcolm		Male Vet 60-64	10:47.6
347	1:07:42	STRIKE, Rebecca		Female Vet 35-39	10:53.5
348	1:08:08	SLATER, Kirstie	Truro Running Club	Female Vet 40-44	10:57.7
349	1:08:35	JONES, Lyn		Female Vet 65-69	11:02.1
350	1:08:52	MORRISSEY, Angela	Bodmin Womens RC	Female Vet 50-54	11:04.8
351	1:09:23	FOSTER, Ann	Tamar Trotters	Female Vet 65-69	11:09.8
352	1:09:29	JENKIN, Peter	Falmouth Road Runners	Male Vet 60-64	11:10.7
353	1:09:30	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	11:10.9
354	1:09:32	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	11:11.2
355	1:09:32	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 40-44	11:11.2
356	1:09:32	SMITHERAM, Jo		Female Vet 40-44	11:11.2
357	1:09:34	OLIVER, Rachel		Female Vet 40-44	11:11.6
358	1:10:27	LAY, Jo	Hayle Runners	Female Vet 50-54	11:20.1
359	1:10:42	COX, Leanna	Carn Runners	Female Vet 40-44	11:22.5
360	1:10:48	CANN, Marie	Mounts Bay Harriers	Female Vet 45-49	11:23.5
361	1:11:26	GARRARD, David	Falmouth Road Runners	Male Vet 70-74	11:29.6
362	1:11:32	SHIRLEY, Vince		Male Vet 60-64	11:30.5
363	1:11:37	SHACKLEFORD, Amy	Mounts Bay Harriers	Female under 35	11:31.3
364	1:12:17	KAYE, Emma	Newquay Road Runners	Female under 35	11:37.8
365	1:12:17	EVANS, Des	Newquay Road Runners	Male Vet 65-69	11:37.8
366	1:12:27	WYATT, Liz	St Austell Running Club	Female Vet 45-49	11:39.4
367	1:12:28	TRERISE, Catherine	Cornwall AC	Female Vet 45-49	11:39.5
368	1:12:43	BARTER, Emma		Female under 35	11:42.0
369	1:12:50	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	11:43.1
370	1:13:17	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	11:47.4
371	1:13:37	KINGTON, Norris	Cornwall AC	Male Vet 75-79	11:50.7
372	1:15:33	DUKE, Jan	Tamar Trotters	Male Vet 70-74	12:09.3
373	1:16:55	JOHNS, Emma		Female Vet 40-44	12:22.5
374	1:17:28	FORD, Rosie	Bodmin Womens RC	Female under 35	12:27.8
375	1:29:24	CAMPBELL, Carolyn		Female Vet 40-44	14:23.0
376	1:32:11	ORPWOOD, Jenny	Mounts Bay Harriers	Female Vet 50-54	14:49.9