

St Michael's Mount Remembrance Run 2017 - Sunday 12 November 2017. 11:00 am

1	0:24:57	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	05:56.3	452	1
2	0:25:18	COLACO, Jonny	Newquay Road Runners	Male 45-49	06:01.3	496	2
3	0:25:25	KIRTON, James	Truro Running Club	Male under 35	06:03.0	425	3
4	0:26:17	BAKER, William		Male under 35	06:15.4	457	4
5	0:26:24	MARPLES, Alex	Truro Running Club	Male 35-39	06:17.0	210	5
6	0:26:27	SNAZELL, Matthew	Truro Running Club	Male under 35	06:17.7	485	6
7	0:26:32	DOWRICK, Mike	Cornwall AC	Male 45-49	06:18.9	321	7
8	0:26:50	JARVIS, Antony	St Austell RC	Male 45-49	06:23.2	456	8
9	0:27:03	JACKSON, Brett	St Austell RC	Male under 35	06:26.3	327	9
10	0:27:15	ST AUBYN, Hugh		Male under 35	06:29.2	500	10
11	0:27:26	MURRANT, Kieran	Falmouth Road Runners	Male under 35	06:31.8	407	11
12	0:27:45	WAUMSLEY, Pete	Storm Plymouth	Male 40-44	06:36.3	29	12
13	0:27:57	STRACHAN, Stephen	Falmouth Road Runners	Male 40-44	06:39.2	400	13
14	0:28:02	JEPSON, Aidan	Truro Running Club	Male 35-39	06:40.4	480	14
15	0:28:09	RICHARDS, Gary	Mounts Bay Harriers	Male 45-49	06:42.0	182	15
16	0:28:24	SAWFORD, Paul	Carn Runners	Male 50-54	06:45.6	302	16
17	0:28:25	STANDING, Robert	Truro Running Club	Male 45-49	06:45.8	178	17
18	0:28:29	ANDREWARTHA, David	Bude Rats	Male under 35	06:46.8	464	18
19	0:28:40	HARVEY, Darren	East Cornwall Harriers	Male 40-44	06:49.4	315	19
20	0:29:15	BROWN, Steven	Falmouth Road Runners	Male 50-54	06:57.7	382	20
21	0:29:19	HUMPHREY, Thomas	Plymouth Harriers	Male under 35	06:58.7	311	21
22	0:29:30	VINNICOMBE, Jason	Carn Runners	Male 40-44	07:01.3	419	22
23	0:29:32	LETCHFORD, Geoff	Mounts Bay Harriers	Male 65-69	07:01.8	336	23
24	0:29:45	COX, Chris		Male 45-49	07:04.9	61	24
25	0:29:47	GILES, Alan	St Austell RC	Male under 35	07:05.4	412	25
26	0:30:04	SOPP, Tom	Falmouth Road Runners	Male 40-44	07:09.4	403	26
27	0:30:20	CHYNOWETH, Richard	Truro Running Club	Male 35-39	07:13.2	478	27
28	0:30:22	BATHE, Colin	Truro Running Club	Male 45-49	07:13.7	489	28
29	0:30:23	HARDING, Ben	East Cornwall Harriers	Male 35-39	07:13.9	288	29
30	0:30:24	MANNALL, Ruaihri		male under 20	07:14.2	440	30
31	0:30:27	BALL, Adrian	Cornwall AC	Male 50-54	07:14.9	494	31
32	0:30:34	SHIRLEY, Rich	St Austell RC	Male under 35	07:16.5	378	32
33	0:30:35	TOY, Scott	Falmouth Road Runners	Male 35-39	07:16.8	404	33
34	0:30:39	SQUIRE, Darren	St Austell RC	Male 45-49	07:17.7	445	34
35	0:30:41	COCKS, Daniel		Male under 35	07:18.2	355	35
36	0:30:45	HALL, Craig	Carn Runners	Male 40-44	07:19.2	367	36
37	0:30:55	ARUNDEL, Jack	Storm Plymouth	Male under 35	07:21.5	274	37
38	0:31:07	CHASE, Andy	St Austell RC	Male under 35	07:24.4	187	38
39	0:31:16	RAPSON, Nigel	St Austell RC	Male 55-59	07:26.5	376	39
40	0:31:56	MOORE, Thomas	Truro Running Club	Male 35-39	07:36.1	211	40
41	0:31:57	PASCOE, Peter H		Male under 35	07:36.3	454	41
42	0:31:59	TWIGGS, Tim	Hayle Runners	Male 50-54	07:36.8	5	42
43	0:31:59	LAMERTON, Ian		Male 45-49	07:36.8	122	43
44	0:32:00	TOSSELL, Michael	Storm Plymouth	Male under 35	07:37.0	374	44
45	0:32:08	PROSSER, Thomas	Mounts Bay Harriers	male under 20	07:38.9	150	45
46	0:32:14	FOX, Hannah	Mile High	Female 40-44	07:40.3	249	46
47	0:32:20	MUNDAY, Caleb	Mounts Bay Harriers	Male 35-39	07:41.8	467	47
48	0:32:34	ANGOVE, Paul	Mounts Bay Harriers	Male 50-54	07:45.1	86	48
49	0:32:37	MANNALL, Olivia		female under 20	07:45.8	441	49
50	0:32:38	MILNER, John	Shropshire Shufflers	Male 35-39	07:46.1	291	50
51	0:32:39	MACMILLAN, Andy	South West Road Runners	Male 50-54	07:46.3	243	51
52	0:32:44	EDWARDS, Glynn	Truro Running Club	Male under 35	07:47.5	168	52
53	0:32:50	BACKHOUSE, Stuart	Mounts Bay Harriers	Male 45-49	07:48.9	139	53
54	0:32:53	NEWING, Sarah	Mud Crew	Female 35-39	07:49.6	202	54
55	0:32:57	JONES, Stephen	Truro Running Club	Male 35-39	07:50.6	479	55
56	0:33:08	CROWLE, Revis	East Cornwall Harriers	Female 55-59	07:53.2	379	56
57	0:33:15	HAYNES, Janet	Mounts Bay Harriers	Female 50-54	07:54.9	335	57
58	0:33:19	ROWE, Josh	Storm Plymouth	Male under 35	07:55.8	354	58
59	0:33:27	ALLEN, Peter	Newquay Road Runners	Male 60-64	07:57.7	237	59
60	0:33:37	COX, Daniel	Bodmin Road Runners	Male under 35	08:00.1	62	60
61	0:33:40	CARTER, Steven	Truro Running Club	Male 40-44	08:00.8	207	61
62	0:33:44	BALE, Matthew		Male under 35	08:01.8	455	62
63	0:33:45	SPEAKE, David	St Austell RC	Male 45-49	08:02.0	453	63
64	0:33:55	WILCOX, David	Truro Running Club	Male 40-44	08:04.4	487	64

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65	0:33:57	GARVEY, Jessica	Hayle Runners	Female under 35	08:04.9	420	65
66	0:33:59	GRONWALT, Ian	Mud Crew	Male 50-54	08:05.3	193	66
67	0:33:59	STANFORD, Joseph	Bodmin Road Runners	Male 40-44	08:05.3	460	67
68	0:34:02	STEPHENS, Emma	Bodmin Road Runners	Female under 35	08:06.1	10	68
69	0:34:02	OSBORNE, Barry	Bodmin Road Runners	Male 45-49	08:06.1	208	69
70	0:34:09	BOUCHER, Richard	Mounts Bay Harriers	Male 45-49	08:07.7	112	70
71	0:34:14	REEVE, Paul	Carn Runners	Male 45-49	08:08.9	290	71
72	0:34:15	ABBOTT, Brian	St Austell RC	Male 50-54	08:09.2	363	72
73	0:34:20	CLEMENTS, Colette	Newquay Road Runners	Female 35-39	08:10.3	495	73
74	0:34:29	HUNT, Jenna	Falmouth Road Runners	Female under 35	08:12.5	140	74
75	0:34:36	NEWCORBE, Giles	Hayle Runners	Male 60-64	08:14.2	261	75
76	0:34:36	ALLSOP, Steve	Bodmin Road Runners	Male 40-44	08:14.2	442	76
77	0:34:38	WOOD, Glenn	East Cornwall Harriers	Male 50-54	08:14.6	157	77
78	0:34:39	EYRE, Janna	Carn Runners	Female 35-39	08:14.9	324	78
79	0:34:41	NICHOLAS, Mark		Male 35-39	08:15.3	423	79
80	0:34:44	PECK, Cris		Male 50-54	08:16.1	251	80
81	0:34:46	KING, Russell	Falmouth Road Runners	Male 35-39	08:16.5	390	81
82	0:34:51	HUMPHREY, Irwin	Hayle Runners	Male 55-59	08:17.7	475	82
83	0:34:59	NICHOLLS, Meeta	East Cornwall Harriers	Female 40-44	08:19.6	344	83
84	0:35:02	JONES, Simon MB	Mounts Bay Harriers	Male 40-44	08:20.3	205	84
85	0:35:05	BREMNER, Jane	Tamar Trotters	Female 60-64	08:21.1	450	85
86	0:35:07	GILLESPIE, Ayesha	Bodmin Womens RC	Female under 35	08:21.5	314	86
87	0:35:12	TODD, Michael	Storm Plymouth	Male 55-59	08:22.7	98	87
88	0:35:15	WILSON, Michael	Truro Running Club	Male 55-59	08:23.4	488	88
89	0:35:15	COX, Clive		Male 55-59	08:23.4	253	89
90	0:35:21	PIPET, Martin	Bodmin Road Runners	Male 40-44	08:24.9	189	90
91	0:35:21	BLACKBURN, Simon	Mounts Bay Harriers	Male 55-59	08:24.9	268	91
92	0:35:23	MARRIOTT, Chris	St Austell RC	Male 35-39	08:25.3	438	92
93	0:35:24	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	08:25.6	143	93
94	0:35:27	PATTERSON, Kaye	East Cornwall Harriers	Female under 35	08:26.3	316	94
95	0:35:30	BRYDON, Jackie	Bodmin Road Runners	Female 50-54	08:27.0	180	95
96	0:35:32	TREVELYAN, Lamphire	Mud Crew	Male 35-39	08:27.5	328	96
97	0:35:34	CRABB, Sally	Looe Pioneers	Female 40-44	08:28.0	4	97
98	0:35:34	VOSPER, Andrew	Bodmin Road Runners	Male 55-59	08:28.0	239	98
99	0:35:49	DALE, Steve	Newquay Road Runners	Male 40-44	08:31.5	356	99
100	0:35:57	SOLOMON, Pam	Bodmin Road Runners	Female 55-59	08:33.4	41	100
101	0:36:01	JEFFREY-JONES, Monique	Bodmin Womens RC	Female 45-49	08:34.4	473	101
102	0:36:04	PINNICK, Mark	Falmouth Road Runners	Male 35-39	08:35.1	398	102
103	0:36:05	SPARKES, Vicki	Bodmin Road Runners	Female under 35	08:35.3	167	103
104	0:36:07	FOY, David	Falmouth Road Runners	Male 45-49	08:35.8	387	104
105	0:36:17	GARBETT, Linda	Tri Logic Cornwall	Female 45-49	08:38.2	234	105
106	0:36:22	GUFFICK, David		Male 35-39	08:39.4	229	106
107	0:36:24	SAUNDERS, Karl	East Cornwall Harriers	Male 35-39	08:39.9	319	107
108	0:36:29	NICHOLAS, Tim		Male 50-54	08:41.1	222	108
109	0:36:29	STAVES, Jo	Truro Running Club	Female 40-44	08:41.1	248	109
110	0:36:30	SWEET, Kerry	St Austell RC	Female under 35	08:41.3	326	110
111	0:36:34	WORLEDGE, Sophie		Female under 35	08:42.2	345	111
112	0:36:36	WORLEDGE, Zoe		Female under 35	08:42.7	347	112
113	0:36:43	BURROWS, Robert	Mounts Bay Harriers	Male 60-64	08:44.4	468	113
114	0:36:47	LYNCH, David	Mounts Bay Harriers	Male under 35	08:45.3	459	114
115	0:36:55	PHELPS, Fiona	Tamar Trotters	Female 50-54	08:47.2	250	115
116	0:36:56	MATTHEWS, Ian	Mounts Bay Harriers	Male 50-54	08:47.5	325	116
117	0:36:58	LEWIS, Alice	Dursley & District AC	Female 55-59	08:48.0	85	117
118	0:36:59	REGAN, Alicia	Plymouth Harriers	Female under 35	08:48.2	312	118
119	0:37:02	REGAN, Clare		Female under 35	08:48.9	313	119
120	0:37:05	CABLE, Caroline	Mud Crew	Female 55-59	08:49.6	80	120
121	0:37:06	ROONEY, Michael	Mounts Bay Harriers	Male under 35	08:49.9	317	121
122	0:37:15	RAYNOR, Jevan		Male under 35	08:52.0	346	122
123	0:37:18	TAMBLYN, Mark	Falmouth Road Runners	Male 55-59	08:52.7	365	123
124	0:37:20	MENSING, Claire	Truro Running Club	Female 40-44	08:53.2	482	124
125	0:37:29	JOHNSON, Michael		Male 35-39	08:55.3	498	125
126	0:37:29	LEAN, David	East Cornwall Harriers	Male 55-59	08:55.3	245	126
127	0:37:29	BOSUSTOW, John	JP Fitness Cornwall	Male 40-44	08:55.3	331	127
128	0:37:33	SOLOMON, Andrew		Male 55-59	08:56.3	45	128

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129	0:37:35	KNUCKEY, Nigel	Truro Running Club	Male 60-64	08:56.8	481	129
130	0:37:36	MATTHEWS, Leila		Female 40-44	08:57.0	2	130
131	0:37:37	GORTON, John	Mounts Bay Harriers	Male 60-64	08:57.2	411	131
132	0:37:39	HAMILTON, Rebcca		Female 40-44	08:57.7	3	132
133	0:37:50	LEE, Simon		Male 35-39	09:00.3	375	133
134	0:37:55	JENKIN, Steven	Cornwall AC	Male 45-49	09:01.5	186	134
135	0:37:55	CAMBORIEUX, Catheryn	Truro Running Club	Female 45-49	09:01.5	451	135
136	0:37:55	DREW, Peter	Carn Runners	Male 65-69	09:01.5	284	136
137	0:38:04	SPITERI, Dawn	St Austell RC	Female 40-44	09:03.7	362	137
138	0:38:04	RICHARDS, Emma	Mounts Bay Harriers	Female 35-39	09:03.7	181	138
139	0:38:04	TODD, Claire	St Austell RC	Female 45-49	09:03.7	273	139
140	0:38:21	SULLIVAN, Sharon	Carn Runners	Female 45-49	09:07.7	275	140
141	0:38:23	PARISH, Kim		Female 45-49	09:08.2	446	141
142	0:38:28	PETT, Jane	JP Fitness Cornwall	Female 40-44	09:09.4	11	142
143	0:38:29	HARTILL, Gail	Bodmin Road Runners	Female 40-44	09:09.6	92	143
144	0:38:38	LONGMAN, Claire	Truro Running Club	Female 40-44	09:11.8	266	144
145	0:38:40	MITCHELL, Jason		Male 40-44	09:12.2	461	145
146	0:38:41	BALDWIN, Mike	Hayle Runners	Male 50-54	09:12.5	360	146
147	0:38:50	EASTERBROOK, Joe	Mounts Bay Harriers	Male under 35	09:14.6	462	147
148	0:39:02	TILLEY, John	Bodmin Road Runners	Male 65-69	09:17.5	323	148
149	0:39:14	WALDRON, Allison	Storm Plymouth	Female 45-49	09:20.3	73	149
150	0:39:14	ASH, Graeme	Storm Plymouth	Male 50-54	09:20.3	74	150
151	0:39:14	NORRIS, David		Male 55-59	09:20.3	184	151
152	0:39:15	STEWART, Juliet	Truro Running Club	Female 50-54	09:20.6	486	152
153	0:39:27	YOUNG, Catherine	Ryde Harriers	Female 35-39	09:23.4	447	153
154	0:39:33	PASCOE, Anna	Mud Crew	Female 35-39	09:24.9	155	154
155	0:39:38	CROWLE, Jonathan	Truro Running Club	Male 45-49	09:26.0	477	155
156	0:39:39	ASTILL, Naomi	Hayle Runners	Female under 35	09:26.3	458	156
157	0:39:39	EDWARDS, Simon		Male under 35	09:26.3	358	157
158	0:39:59	FARR, Georgie	Storm Plymouth	Female under 35	09:31.0	132	158
159	0:40:20	BATHE, Nicola	Truro Running Club	Female 40-44	09:36.0	490	159
160	0:40:21	LAIRD, Jo	Storm Plymouth	Female under 35	09:36.3	179	160
161	0:40:24	GOTHAM, Simon	Storm Plymouth	Male under 35	09:37.0	14	161
162	0:40:24	DREW, Barry	Carn Runners	Male 70+	09:37.0	285	162
163	0:40:27	GREEN, Leah		Female under 35	09:37.7	448	163
164	0:40:33	GOUNDRY, Karen	Truro Running Club	Female 50-54	09:39.1	247	164
165	0:40:36	BOYCE, Christian	Looe Pioneers	Male 40-44	09:39.9	64	165
166	0:40:36	WALLACE, Michael	JP Fitness Cornwall	Male 50-54	09:39.9	163	166
167	0:40:40	WILLCOCKS, Bob	Falmouth Road Runners	Male 55-59	09:40.8	405	167
168	0:40:40	STANESCU, Norbert	Cornwall AC	Male under 35	09:40.8	197	168
169	0:40:43	MANSFIELD, Sue	Truro Running Club	Female 50-54	09:41.5	484	169
170	0:40:47	MINCHELLA, Clare	Storm Plymouth	Female under 35	09:42.5	370	170
171	0:40:47	MARSHALL, Keith	Falmouth Road Runners	Male 70+	09:42.5	394	171
172	0:40:51	STEPHENS, Jane	Bodmin Road Runners	Female 50-54	09:43.4	36	172
173	0:40:52	MATRAVES, Julie	Carn Runners	Female 45-49	09:43.7	278	173
174	0:40:53	MORSE, Nicky	Mounts Bay Harriers	Male 55-59	09:43.9	267	174
175	0:41:01	EAGLING, Nigel	Truro Running Club	Male 65-69	09:45.8	474	175
176	0:41:09	DAVIDSON-PAGE, Darren	Storm Plymouth	Male under 35	09:47.7	353	176
177	0:41:10	MACEY, Laura		Female under 35	09:47.9	333	177
178	0:41:21	RASMUSSEN, Buddie		Female under 35	09:50.6	334	178
179	0:41:24	SMITH, Michael		Male 35-39	09:51.3	242	179
180	0:41:35	LEWIS, Bridget	Mounts Bay Harriers	Female 45-49	09:53.9	89	180
181	0:41:37	ELLIOTT, Andrew	Looe Pioneers	Male 50-54	09:54.4	215	181
182	0:41:38	MACKELLAR, Billy	Bodmin Road Runners	Male 50-54	09:54.6	213	182
183	0:41:58	STEVENS, Zoe		Female 35-39	09:59.4	463	183
184	0:42:03	MARTIN, Steven	Storm Plymouth	Male 50-54	10:00.6	99	184
185	0:42:22	CHELL, Nina	Falmouth Road Runners	Female 40-44	10:05.1	384	185
186	0:42:32	LONG, Fran	Hayle Runners	Female 55-59	10:07.5	152	186
187	0:42:35	TORRES, Mick	Looe Pioneers	Male 50-54	10:08.2	416	187
188	0:42:37	CUFF, Linda	Looe Pioneers	Female 50-54	10:08.7	154	188
189	0:42:45	RINGER, Ian	Bodmin Road Runners	Male 70+	10:10.6	240	189
190	0:42:48	BENDE, Cassi	Truro Running Club	Female under 35	10:11.3	254	190
191	0:42:49	BARRIBALL, Julie	Launceston Road Runners	Female 50-54	10:11.5	246	191
192	0:42:59	WILTON, David	Falmouth Road Runners	Male 60-64	10:13.9	406	192

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193	0:43:12	HARPER, Penelope	Mounts Bay Harriers	Female 45-49	10:17.0	81	193
194	0:43:16	HARVEY, Natasha	Storm Plymouth	Female under 35	10:17.9	220	194
195	0:43:21	COKER, Kelvin	Storm Plymouth	Male under 35	10:19.1	309	195
196	0:43:30	JOHNS, Elisha		Female 35-39	10:21.3	221	196
197	0:43:35	CAREY, Bruce		Male under 35	10:22.5	471	197
198	0:43:39	PASCOE, Peter	Carn Runners	Male 50-54	10:23.4	277	198
199	0:43:42	HATHERLEY, Mary		Female 55-59	10:24.1	105	199
200	0:43:42	LANG, Christopher	Storm Plymouth	Male 40-44	10:24.1	368	200
201	0:43:50	LYDALL, Denise	Falmouth Road Runners	Female 45-49	10:26.0	393	201
202	0:43:55	NICHOLSON, Diana	Tamar Trotters	Female 55-59	10:27.2	56	202
203	0:44:07	NEWMAN, James	Plymouth Musketeers	Male under 35	10:30.1	28	203
204	0:44:17	CHISWELL, Jessica	Storm Plymouth	Female under 35	10:32.5	166	204
205	0:44:18	BUSBY, Andy		Male 45-49	10:32.7	201	205
206	0:44:19	HAWKEN, Kathryn		Female 35-39	10:32.9	373	206
207	0:44:20	OSBORNE, Anthea	Hayle Runners	Female 45-49	10:33.2	134	207
208	0:44:39	DILLEIGH, Katherine	Carn Runners	Female 45-49	10:37.7	377	208
209	0:44:50	NICHOLLS, Tracey	Mounts Bay Harriers	Female 55-59	10:40.3	185	209
210	0:45:01	ELLIOTT, Tania	Looe Pioneers	Female 40-44	10:42.9	216	210
211	0:45:14	JEWELS, Lucy	St Austell RC	Female 45-49	10:46.0	409	211
212	0:45:18	PASCOE, Wendy	Hayle Runners	Female 50-54	10:47.0	297	212
213	0:45:19	PEARCE, Deborah	Hayle Runners	Female 45-49	10:47.2	133	213
214	0:45:20	BERRY, Tony	Truro Running Club	Male 70+	10:47.5	350	214
215	0:45:28	BUSCOMBE, Lisa	Truro Running Club	Female 45-49	10:49.4	476	215
216	0:45:28	THOMPSON, Steve	Carn Runners	Male 50-54	10:49.4	469	216
217	0:45:29	DYMOND, Stephanie	Mounts Bay Harriers	Female 45-49	10:49.6	497	217
218	0:45:35	TAMBLYN, Sharon	Bodmin Womens RC	Female 55-59	10:51.0	252	218
219	0:45:43	GALLOWAY, Sarah	JP Fitness Cornwall	Female 35-39	10:52.9	431	219
220	0:45:50	BAWDEN, Mike	Cornwall AC	Male 55-59	10:54.6	169	220
221	0:45:58	BILLS, Kelly	Carn Runners	Female 40-44	10:56.5	287	221
222	0:45:59	GILBERT, Matthew		Male under 35	10:56.7	357	222
223	0:46:04	CARTER, Catherine		Female 50-54	10:57.9	236	223
224	0:46:07	MCFADDEN, Tracy	Bodmin Womens RC	Female 50-54	10:58.6	188	224
225	0:46:09	NICOL, Camilla		Female 45-49	10:59.1	232	225
226	0:46:13	WALLACE, Yvette	JP Fitness Cornwall	Female 45-49	11:00.1	162	226
227	0:46:13	WILLIAMS, Wendy	JP Fitness Cornwall	Female 55-59	11:00.1	170	227
228	0:46:16	COX, Alison	Bodmin Womens RC	Female 50-54	11:00.8	60	228
229	0:46:16	EVANS, Mollie	Carn Runners	Female 40-44	11:00.8	306	229
230	0:46:19	BOLT, Adrian	Truro Running Club	Male 50-54	11:01.5	87	230
231	0:46:28	OATES, Harriet	Carn Runners	Female 35-39	11:03.6	280	231
232	0:46:28	PHILLIPS, David	Storm Plymouth	Male 45-49	11:03.6	58	232
233	0:46:28	CUNDY-COOPER, Emma	Bodmin Womens RC	Female under 35	11:03.6	493	233
234	0:46:30	BLEWETT, Kay	Plymouth Musketeers	Female 40-44	11:04.1	414	234
235	0:46:30	BLEWETT, Chris		Male 45-49	11:04.1	413	235
236	0:46:41	WADE, Margaret	Carn Runners	female 65+	11:06.7	12	236
237	0:46:43	KEMP, Mandy	Looe Pioneers	Female 55-59	11:07.2	255	237
238	0:46:45	JAMESON, Judy	Carn Runners	Female 55-59	11:07.7	341	238
239	0:46:47	BRUMBY, Tandy	Falmouth Road Runners	Female 55-59	11:08.2	383	239
240	0:46:51	HARRIES, Kelly	Falmouth Road Runners	Female 35-39	11:09.1	385	240
241	0:47:11	ABRAHAM, Amy		Female under 35	11:13.9	340	241
242	0:47:14	PRADY, Liz	Mounts Bay Harriers	Female 60-64	11:14.6	84	242
243	0:47:15	MULLARKEY, Mary	East Cornwall Harriers	female 65+	11:14.8	241	243
244	0:47:16	SWIFT, Barrie	Plymouth Harriers	Male 65-69	11:15.1	294	244
245	0:47:18	COOKSLEY, Sara	Plymouth Harriers	Female 45-49	11:15.5	293	245
246	0:47:18	ANDREWS, George	Mounts Bay Harriers	Male 65-69	11:15.5	69	246
247	0:47:19	TELFORD, Wayne	Storm Plymouth	Male 35-39	11:15.8	65	247
248	0:47:20	MOORE, Anne-Marie		Female 35-39	11:16.0	212	248
249	0:47:22	MEALY, Yvonne		Female under 35	11:16.5	434	249
250	0:47:24	BUTLER, Ian		Male 45-49	11:17.0	342	250
251	0:47:24	PALMER, Laura	JP Fitness Cornwall	Female 45-49	11:17.0	176	251
252	0:47:29	MCKINLEY, Glennie	JP Fitness Control	Female 50-54	11:18.2	142	252
253	0:47:30	PARSONS, Yelda		Female 35-39	11:18.4	364	253
254	0:47:30	ANDREWS, Sarah		Female under 35	11:18.4	359	254
255	0:47:30	MINERS, Jo		Female 40-44	11:18.4	330	255
256	0:47:34	EGGINGTON, Lynne	Storm Plymouth	Female 35-39	11:19.4	308	256

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257	0:47:38	SPEAKE, Georgina	St Austell RC	Female 40-44	11:20.3	410	257
258	0:47:42	RESCORL, Susan	Bodmin Womens RC	Female 55-59	11:21.3	136	258
259	0:47:42	PERKS, Wendy		Female 45-49	11:21.3	265	259
260	0:48:02	HOBBS, Nikki		Female 45-49	11:26.0	264	260
261	0:48:12	WALLACE, Geraldine	Mounts Bay Harriers	Female 60-64	11:28.4	47	261
262	0:48:19	LEWINGTON, Leah	Mounts Bay Harriers	Female 45-49	11:30.1	332	262
263	0:48:20	VOSPER, Francis	Bodmin Road Runners	Male 60-64	11:30.3	102	263
264	0:48:20	CLARKE, Samantha	Carn Runners	Female 40-44	11:30.3	190	264
265	0:48:22	CLARKE, Stephen		Male 35-39	11:30.8	191	265
266	0:48:26	JONES, Mark		Male 40-44	11:31.7	206	266
267	0:48:29	BARWICK, Nigel		Male 55-59	11:32.5	9	267
268	0:48:36	JONES, Martin		Male 45-49	11:34.1	159	268
269	0:48:36	JONES, Michelle	Storm Plymouth	Female 45-49	11:34.1	158	269
270	0:48:47	BARLOW, Claire	Bodmin Road Runners	Female 40-44	11:36.7	160	270
271	0:48:48	WOLSTENCROFT, Zoe	Carn Runners	Female 40-44	11:37.0	289	271
272	0:48:57	GREEN, Marie	Falmouth Road Runners	Female 40-44	11:39.1	388	272
273	0:49:01	BOWDEN, Sally	Newquay Road Runners	Male 50-54	11:40.1	8	273
274	0:49:13	NORRIS, Lynda		Female 50-54	11:42.9	183	274
275	0:49:22	TAPP, Holly		Female under 35	11:45.1	106	275
276	0:49:22	TAPP, Andy	Storm Plymouth	Male 45-49	11:45.1	126	276
277	0:49:26	FARR, Susan	Storm Plymouth	Female 55-59	11:46.0	130	277
278	0:49:26	FREER, Carol	Storm Plymouth	Female 50-54	11:46.0	44	278
279	0:49:32	LYTHGOE, Amy		Female under 35	11:47.4	465	279
280	0:49:32	BOARD, Julie	Plymouth Harriers	Female 40-44	11:47.4	371	280
281	0:49:37	JAMES, Denise	Storm Plymouth	Female 55-59	11:48.6	24	281
282	0:49:39	FARR, James	Storm Plymouth	Male 60-64	11:49.1	131	282
283	0:49:45	SIDNEY, Joanne	Carn Runners	Female under 35	11:50.5	283	283
284	0:49:45	JOSE, Lucy	Carn Runners	Female under 35	11:50.5	310	284
285	0:49:52	ORME, Jane		Male under 35	11:52.2	161	285
286	0:49:55	FLANAGHAN, Rachel	Falmouth Road Runners	Female 50-54	11:52.9	386	286
287	0:49:57	THOMSON, Rachel	Mounts Bay Harriers	Female 50-54	11:53.4	113	287
288	0:49:57	CROSSE, Lexie	Mounts Bay Harriers	Female under 35	11:53.4	466	288
289	0:50:03	MARSHALL, Terry	Falmouth Road Runners	female 65+	11:54.8	395	289
290	0:50:04	SOWERBY, Nicky		Female 50-54	11:55.1	164	290
291	0:50:09	BENNER, Gill		Female 50-54	11:56.3	124	291
292	0:50:13	CLACKWORTHY, Malcolm		Male 60-64	11:57.2	337	292
293	0:50:13	COOMBE, Tristan		Male 35-39	11:57.2	244	293
294	0:50:17	KINGTON, Norris	Cornwall AC	Male 70+	11:58.2	430	294
295	0:50:21	JEFFERY, Amanda	Carn Runners	Female 45-49	11:59.1	282	295
296	0:50:22	GOWER, Emma	Bodmin Womens RC	Female under 35	11:59.4	492	296
297	0:50:29	COUCH, Mike	Storm Plymouth	Male 40-44	12:01.0	38	297
298	0:50:29	DRAKE, Zoe		Female 40-44	12:01.0	271	298
299	0:50:30	WHITRIDGE, Tilly	Cornwall AC	Female 45-49	12:01.3	322	299
300	0:50:41	HART, Benjamin		Male 35-39	12:03.9	432	300
301	0:50:42	VOSPER, Nicola	Bodmin Road Runners	Female 55-59	12:04.1	103	301
302	0:50:46	LAMERTON, Amy		Female under 35	12:05.1	217	302
303	0:50:46	KINGDOM - ANDREW, Melanie		Female 40-44	12:05.1	226	303
304	0:50:47	STONE, Jackie	Mounts Bay Harriers	Female 50-54	12:05.3	449	304
305	0:50:53	WHITE, Clare	Storm Plymouth	Female 35-39	12:06.7	20	305
306	0:50:53	ECKERSLEY, Lindsay		Female under 35	12:06.7	429	306
307	0:50:57	BOND, Nina	Looe Pioneers	Female under 35	12:07.7	67	307
308	0:50:58	REILLY, Beccy		Female 45-49	12:07.9	444	308
309	0:50:59	MACK, Mike		Male 65-69	12:08.2	304	309
310	0:51:01	KLANKE, Natalie		Female 35-39	12:08.6	230	310
311	0:51:01	STEVENS, Kelly	Falmouth Road Runners	Female 45-49	12:08.6	402	311
312	0:51:22	MASSEY, Jennie	Hayle Runners	Female 55-59	12:13.6	320	312
313	0:51:27	VINNCOMBE, Caroline	Carn Runners	Female 40-44	12:14.8	418	313
314	0:51:33	MORRIS, Teresa		Female 35-39	12:16.3	415	314
315	0:51:39	MARQUIS, Anna		Female 55-59	12:17.7	256	315
316	0:51:47	MARQUIS, Peter		Male 60-64	12:19.6	257	316
317	0:51:47	SMITH, Joshua	Storm Plymouth	Male under 35	12:19.6	292	317
318	0:51:51	BISHOP, Louise		Female 45-49	12:20.5	13	318
319	0:52:15	WAITE, Tracey		Female 35-39	12:26.3	233	319
320	0:52:15	SLATER, Kirstie	Truro Running Club	Female 40-44	12:26.3	483	320

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321	0:52:27	MCATEER, Vicki	Storm Plymouth	Female 35-39	12:29.1	120	321
322	0:52:30	GARLAND, Tracey	Storm Plymouth	Female 45-49	12:29.8	59	322
323	0:52:30	RAIKER, Diana	Falmouth Road Runners	Female under 35	12:29.8	399	323
324	0:52:31	BOXALL, Mel	Falmouth Road Runners	Female 50-54	12:30.1	380	324
325	0:52:34	TAPHOUSE, Lesley	Bodmin Road Runners	Female 55-59	12:30.8	101	325
326	0:52:37	TYSON, Susan	Storm Plymouth	Female 55-59	12:31.5	23	326
327	0:52:42	LYTHGOE, Katie		Female 35-39	12:32.7	472	327
328	0:52:47	OLIVER, Kevin	Storm Plymouth	Male 50-54	12:33.9	209	328
329	0:52:55	HARVEY, Diane	Storm Plymouth	Female 45-49	12:35.8	218	329
330	0:53:04	PARROTT, Natasha	Storm Plymouth	Female 40-44	12:37.9	91	330
331	0:53:04	HARVEY, Steve	Storm Plymouth	Male 50-54	12:37.9	219	331
332	0:53:05	HEMENS, Claire	Falmouth Road Runners	Female 55-59	12:38.2	389	332
333	0:53:10	PRETTEJOHN, Demelza		Female 50-54	12:39.3	499	333
334	0:53:44	MAY, Josephine		Female 35-39	12:47.4	196	334
335	0:53:47	CHELLEW, Andy		Male 50-54	12:48.2	76	335
336	0:53:55	GOULT, Jackie	Storm Plymouth	Female 50-54	12:50.1	258	336
337	0:53:56	WHARTON, Ruth	Storm Plymouth	Female under 35	12:50.3	104	337
338	0:53:59	ARMSTRONG, Justine		Female 50-54	12:51.0	177	338
339	0:54:01	TOY, Jeanette	Carn Runners	Female 45-49	12:51.5	276	339
340	0:54:02	TAPP, Nicki		Female 50-54	12:51.7	111	340
341	0:54:03	HUGH, Susan		Female 50-54	12:52.0	110	341
342	0:54:07	LAWRENCE, Steve	Falmouth Road Runners	Male 60-64	12:52.9	391	343
343	0:54:23	JONES, Susan	Looe Pioneers	Female 45-49	12:56.7	172	344
344	0:54:27	ALBISTON, Mark	Storm Plymouth	Male 40-44	12:57.7	17	345
345	0:54:28	ALBISTON, Karen	Storm Plymouth	Female 45-49	12:57.9	18	346
346	0:54:39	COOPER, Guy	Looe Pioneers	Male 45-49	13:00.5	171	347
347	0:54:40	WALLIS, Michelle	Mounts Bay Harriers	Female 35-39	13:00.8	270	348
348	0:54:40	SQUIRE, Rosalyn	Storm Plymouth	Female 40-44	13:00.8	128	349
349	0:54:43	SMITH, Angie	Storm Plymouth	Male 55-59	13:01.5	77	350
350	0:54:43	FAITHFULL, Claire	Storm Plymouth	Female under 35	13:01.5	123	351
351	0:54:55	WALLER, Pippa	Storm Plymouth	Female 45-49	13:04.3	231	352
352	0:54:55	SMITH, Martin	Storm Plymouth	Male 50-54	13:04.3	272	353
353	0:55:03	BAXTER, Karen		Female 45-49	13:06.2	343	354
354	0:55:11	BRYDON, James Lee	Bodmin Road Runners	Male under 35	13:08.1	146	355
355	0:55:20	YOUNG, Sharon		Female 50-54	13:10.3	366	356
356	0:55:32	FORD, Tracy		Female 50-54	13:13.1	369	357
357	0:55:35	CLAKE, Michael	Storm Plymouth	Male 50-54	13:13.9	156	358
358	0:55:35	LIZUT, Bianca	Storm Plymouth	Female 40-44	13:13.9	307	359
359	0:55:35	SHAPCOTT, Paul	Storm Plymouth	Male 45-49	13:13.9	301	360
360	0:55:40	DREW, Carole	Carn Runners	female 70+	13:15.1	286	361
361	0:55:41	OVERD, Lynne	Looe Pioneers	Female 55-59	13:15.3	144	362
362	0:55:44	MURLEY, Louisa	Mounts Bay Harriers	Female 50-54	13:16.0	439	363
363	0:55:45	CHISWELL, Yvette	Storm Plymouth	Female 50-54	13:16.2	165	364
364	0:56:34	READER, Claire		Female under 35	13:27.9	7	365
365	0:56:34	READER, Ray		Male 50-54	13:27.9	6	366
366	0:56:34	RICKINSON, Victoria	Storm Plymouth	Female under 35	13:27.9	149	367
367	0:56:55	PAY, Kerrie	Storm Plymouth	Female under 35	13:32.9	22	368
368	0:56:55	BLOOMFIELD, Jacqueline	Storm Plymouth	Female under 35	13:32.9	194	369
369	0:56:55	NEWCOMBE, Jo	Hayle Runners	Female 60-64	13:32.9	262	370
370	0:57:05	BUSFIELD, Gemma	Storm Plymouth	Female 35-39	13:35.3	224	371
371	0:57:05	TYE, Lesley-Anne	Storm Plymouth	Female 55-59	13:35.3	228	372
372	0:57:15	DOWRICK, Jane	Storm Plymouth	Female 50-54	13:37.7	95	373
373	0:57:30	BAINES, Tracie		Female 50-54	13:41.2	192	374
374	0:58:14	LE CHEMINANT, Becky		Female 45-49	13:51.7	435	375
375	0:58:38	ROWLANDS, Kate	Falmouth Road Runners	Female 35-39	13:57.4	401	376
376	0:58:38	CAVE, Sarah		Female 35-39	13:57.4	79	377
377	0:58:38	WARDLE, Sarah		Female 45-49	13:57.4	78	378
378	0:58:38	JOHNS, Emma	Mounts Bay Harriers	Female 40-44	13:57.4	214	379
379	0:58:38	JOHNS, Sarah	Mounts Bay Harriers	Female 35-39	13:57.4	175	380
380	0:58:38	BLIGHT, Mandy	St Austell RC	Female 60-64	13:57.4	145	381
381	0:58:38	WEBBER, Sharon	St Austell RC	Female 45-49	13:57.4	238	382
382	0:58:49	FURNISS, Deborah		Female 50-54	14:00.0	203	383
383	0:59:06	TRERISE, Catherine	Cornwall AC	Female 45-49	14:04.1	198	384
384	0:59:06	THOMAS, Kathryn	Cornwall AC	Female 40-44	14:04.1	223	385

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385	0:59:35 MERRIN, Mike	Storm Plymouth	Male 45-49	14:11.0	72	386
386	0:59:35 PHILLIPS, Sarah	Storm Plymouth	Male under 35	14:11.0	88	387
387	0:59:35 SARDU, Daniela	Storm Plymouth	Female under 35	14:11.0	94	388
388	0:59:35 HOCKING, Darren	Storm Plymouth	Male 45-49	14:11.0	83	389
389	0:59:53 AMBROSE, Helen	Storm Plymouth	Female 40-44	14:15.3	25	390
390	1:00:05 BELLERBY, Gail		Female 50-54	14:18.1	204	391
391	1:00:22 GOULT, Elizabeth	Storm Plymouth	Female under 35	14:22.2	259	392
392	1:00:39 CAREY, Leigh-Anne		Female under 35	14:26.2	281	393
393	1:00:41 COLLINS, Claire		Female 45-49	14:26.7	349	394
394	1:00:42 ROBERTS-DOYLE, Odette	Storm Plymouth	Female 35-39	14:26.9	305	395
395	1:00:43 LOCKE, Hayley	Storm Plymouth	Female under 35	14:27.2	174	396
396	1:00:44 TUCKER, Gill	Storm Plymouth	female 65+	14:27.4	119	397
397	1:00:45 EASTON, Susan		Male 50-54	14:27.7	48	398
398	1:00:45 BEECH, Anne	Storm Plymouth	Female 50-54	14:27.7	46	399
399	1:00:47 LAWSON, Claire	Falmouth Road Runners	Female under 35	14:28.1	392	400
400	1:00:47 PENTREATH, Jackie	Falmouth Road Runners	Female 55-59	14:28.1	396	401
401	1:00:47 PENTREATH, Nic	Falmouth Road Runners	Female 40-44	14:28.1	397	402
402	1:00:49 MUDFORD, Tracey	Storm Plymouth	Female 40-44	14:28.6	137	403
403	1:00:49 MILLAR, Zoe	Storm Plymouth	Female under 35	14:28.6	35	404
404	1:00:49 DAY, Nicky	Storm Plymouth	Female 45-49	14:28.6	269	405
405	1:00:49 WHITMORE, Paul	Storm Plymouth	Male 35-39	14:28.6	54	406
406	1:01:01 PASCOE, Jackie		Female 60-64	14:31.5	93	407
407	1:01:26 POWELL, Matt	Storm Plymouth	Male 45-49	14:37.4	117	408
408	1:01:26 PHILLIPS, Rob	Storm Plymouth	Male under 35	14:37.4	49	409
409	1:01:51 BLACKMORE, Margaret		Female 60-64	14:43.4	470	410
410	1:01:53 BUXTON, Ella	Storm Plymouth	Female under 35	14:43.8	372	411
411	1:02:05 WONG, Lai-Yin	Plymouth Musketeers	Female 45-49	14:46.7	348	412
412	1:02:10 OLDHAM, Wendy	Storm Plymouth	Female 60-64	14:47.9	118	413
413	1:02:22 ROSE, Carly-Ann	Storm Plymouth	Female under 35	14:50.7	63	414
414	1:02:22 FOX, Kim	Storm Plymouth	Female 45-49	14:50.7	33	415
415	1:02:24 THORNE, Suzanne	Storm Plymouth	Female 55-59	14:51.2	55	416
416	1:02:39 SPENCER, Julie	Storm Plymouth	Female 50-54	14:54.8	107	417
417	1:02:39 MEARS, Lorraine		Female 50-54	14:54.8	108	418
418	1:02:57 BLUNDEN, Emma	Storm Plymouth	Female under 35	14:59.1	100	419
419	1:02:57 WILLIAMS, Kathleen	Storm Plymouth	Female 45-49	14:59.1	34	420
420	1:02:57 ALLEN, Scott	Storm Plymouth	Male 35-39	14:59.1	42	421
421	1:03:05 KIRSTY, Paul	Storm Plymouth	Female under 35	15:01.0	19	422
422	1:03:05 HAWKINS, Chris	Storm Plymouth	Male under 35	15:01.0	21	423
423	1:04:21 EASTERBROOK, Liz	Mounts Bay Harriers	female 65+	15:19.1	422	424
424	1:04:36 KEAN, Claire	Storm Plymouth	Female 45-49	15:22.6	39	425
425	1:04:36 SOUTHERN, Jane	Storm Plymouth	Female 55-59	15:22.6	96	426
426	1:04:41 COUCH, Debbie	Storm Plymouth	Female 40-44	15:23.8	37	427
427	1:04:41 DIXON, Dawn	Storm Plymouth	Female 40-44	15:23.8	15	428
428	1:04:55 AINSWORTH, Samantha	Storm Plymouth	Female 40-44	15:27.2	75	429
429	1:04:55 WILKES, Jennifer	Storm Plymouth	Female under 35	15:27.2	90	430
430	1:04:55 EVANS, Andrea	Storm Plymouth	Female 50-54	15:27.2	82	431
431	1:04:55 JAGO, Duncan	Storm Plymouth	Male 35-39	15:27.2	436	432
432	1:05:02 GOODMAN, Emma	Falmouth Road Runners	Female 45-49	15:28.8	437	433
433	1:05:20 WAFER, Peter	Storm Plymouth	Male 45-49	15:33.1	115	434
434	1:05:27 BOWDEN, Donna	Storm Plymouth	Female 40-44	15:34.8	109	435
435	1:05:28 PRISK, Sennen Rose		Female 40-44	15:35.0	68	436
436	1:05:44 GORTON, Mandy		Female 45-49	15:38.8	427	437
437	1:06:31 CROTTY, Debbie	Storm Plymouth	Female 50-54	15:50.0	279	438
438	1:07:08 ANDREWS, Greta	Mounts Bay Harriers	Female 40-44	15:58.8	70	439
439	1:07:15 ALLAN, Joanne	Storm Plymouth	Female 50-54	16:00.5	135	440
440	1:07:15 WATKINS, Kim	Storm Plymouth	Male 45-49	16:00.5	263	441
441	1:07:55 WESTELL, Ashlie	Storm Plymouth	Female under 35	16:10.0	200	442
442	1:08:20 BAKER-CATON, Michele	Bodmin Womens RC	Female 55-59	16:16.0	491	443
443	1:08:26 DINHAM, Helen	Storm Plymouth	Female 45-49	16:17.4	52	444
444	1:08:26 STURGE, Rebecca	Storm Plymouth	Female 40-44	16:17.4	51	445
445	1:09:17 CHISWELL, Kevin	Storm Plymouth	Male 50-54	16:29.5	40	446
446	1:09:17 BONNEY, Cathryn	Storm Plymouth	Female 40-44	16:29.5	43	447
447	1:09:17 BAUCKHAM, Debbie	Storm Plymouth	Female 55-59	16:29.5	116	448
448	1:09:18 WILDMAN, Emma	Storm Plymouth	Female 45-49	16:29.8	53	449

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449	1:09:18	BULMER, Lynda		Female 60-64	16:29.8	50	450
450	1:09:21	BROWN, Roger	Falmouth Road Runners	Male 50-54	16:30.5	408	451
451	1:09:21	BROWN, Helen	Falmouth Road Runners	Female 50-54	16:30.5	381	452
452	1:10:01	WILLCOCK, Louise	Mud Crew	Female 45-49	16:40.0	300	453
453	1:10:20	COATES, Sue	Mounts Bay Harriers	Female 40-44	16:44.5	443	454
454	1:13:05	HERDMAN, Kelly	Storm Plymouth	Female 35-39	17:23.8	71	455
455	1:13:06	LEIGH, Jo	Storm Plymouth	Female 50-54	17:24.1	125	456
456	1:13:06	BADGE, Steven	Storm Plymouth	Male 50-54	17:24.1	1	457
457	1:17:30	ORPWOOD, Jenny	Mounts Bay Harriers	Female 50-54	18:26.9	426	458
458	1:17:32	COURTS, Vikki	Tamar Trotters	Female under 35	18:27.4	199	459
459	1:18:45	DAVIS, Sarh	Storm Plymouth	Female under 35	18:44.8	27	460
460	1:18:45	WOOD, Richard	Storm Plymouth	Male 45-49	18:44.8	153	461
461	1:19:01	THOMPSON, Nicola	Storm Plymouth	Female 45-49	18:48.6	97	462
462	1:19:01	LOCKE, Justin	Storm Plymouth	Male 40-44	18:48.6	173	463