

St Michael's Mount Remembrance Run 2019

Place	Bib	Name	AG	Club	GunTime
1.	49	Tom Carthey	Male 35-39	Falmouth RRC	26:57
2.	236	James Oke	Male 20-34	St Austell Running Club	27:12
3.	60	Jonny Colaco	Male 45-49	Newquay Road Runners	27:18
4.	195	Alex Marples	Male 40-44	Truro Running Club	27:46
5.	313	Doug Stacey	Male 40-44	East Cornwall Harriers	27:57
6.	333	David Tregonning	Male 20-34	St Austell Running Club	28:04
7.	379	Kieran Murrant	Male 20-34	Falmouth RRC	28:18
8.	148	Dan Howes	Male 40-44	PB Running Club	28:22
9.	73	David Wills	Male 35-39	Falmouth RRC	28:38
10.	40	James Lee Brydon	Male 20-34	St Austell Running Club	28:59
11.	157	Antony Jarvis	Male 45-49	St Austell Running Club	29:08
12.	1	Richard Alford	Male 20-34	Mounts Bay Harriers	29:20
13.	293	Paul Sawford	Male 50-54	Carn Runners	29:21
14.	172	Andrew Key	Male 20-34	Carn Runners	29:39
15.	315	Robert Standing	Male 45-49	Truro Running Club	29:41
16.	241	David Andrewartha	Male 20-34	PB Running Club	29:46
17.	121	Craig Hall	Male 45-49	Carn Runners	29:55
18.	312	Morgan Squire	Male 15-19	Newquay & Par AC	30:17
19.	83	Ervin Dubare	Male 35-39	St Austell Running Club	30:53
20.	123	Ben Harding	Male 35-39	East Cornwall Harriers	31:05
21.	341	Jason Vinnicombe	Male 45-49	Carn Runners	31:13
22.	338	Tim Twiggs	Male 50-54	Mounts Bay Harriers	31:29
23.	64	Chris Cox	Male 45-49	Cornwall AC	31:41
24.	171	Richard Keefe	Male 45-49	Falmouth RRC	31:47
25.	7	James Ansell	Male 20-34		31:55
26.	147	Carl Howard	Male 50-54		32:02
27.	348	Jamie Wallis	Male 35-39	Lonely Goat RC	32:03
28.	67	Jason Crossman	Male 40-44	East Cornwall Harriers	32:14
29.	173	Daniel Kingston	Male 45-49		32:16
30.	74	Glynn Davis	Male 55-59	Carn Runners	32:23
31.	372	Anthony Worthington	Male 50-54	Mounts Bay Harriers	32:31
32.	134	Mathew Henderson	Male 20-34	St Austell Running Club	32:42
33.	37	Jon Brumby	Male 20-34		32:44
34.	58	Dan Cocks	Male 20-34		32:47
35.	24	Morgan Blacker	Male 20-34		32:51
36.	271	Darrin Porter	Male 50-54		32:56
37.	216	Claire Mensing	Female 45-49	Truro Running Club	33:04
38.	327	Stuart Thomson	Male 45-49	Mounts Bay Harriers	33:04
39.	267	Damian Philp	Male 35-39	Bodmin Road Runners	33:13
40.	94	Jonathan Eldon	Male 55-59	Carn Runners	33:19
41.	240	Barry Osborne	Male 45-49	PB Running Club	33:22
42.	309	Julian Spencer	Male 50-54	Truro Running Club	33:39
43.	21	Ben Proctor	Male 35-39		33:52
44.	183	Ross Lawry	Male 40-44	St Austell Running Club	33:53
45.	310	Darren Squire	Male 45-49	St Austell Running Club	33:57
46.	300	James Skeplorn	Male 35-39	Truro Running Club	33:58
47.	19	Colin Bathe	Male 50-54	Truro Running Club	34:05

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Place	Bib	Name	AG	Club	GunTime
48.	14	Steve Baker	Male 60-64	Tamar Trotters	34:12
49.	42	Ross Buscombe	Male 20-34	St Austell Running Club	34:16
50.	50	Shane Caughey	Male 20-34	East Cornwall Harriers	34:23
51.	270	Oliver Pool	Male 40-44	Truro Running Club	34:25
52.	377	Frazer Mountford	Male 35-39	Newquay Road Runners	34:28
53.	207	Ben Hoadley	Male 50-54	Mounts Bay Harriers	34:34
54.	192	Joe Stanford	Male 45-49	Truro Running Club	34:37
55.	335	David Trevaskis	Male 40-44		34:37
56.	51	Andy Chase	Male 20-34	St Austell Running Club	34:42
57.	11	Stuart Backhouse	Male 45-49	Mounts Bay Harriers	34:43
58.	194	Stacie Marks	Female 20-34	St Austell Running Club	34:44
59.	57	Colette Clements	Female 35-39	Newquay Road Runners	34:49
60.	127	Gail Hartill	Female 45-49	Bodmin Road Runners	34:52
61.	268	Tommy Polglase	Male 65-69	Carn Runners	34:53
62.	365	Amy Blackburn	Female 20-34	Mile High	34:57
63.	346	Iain Walker	Male 60-64	St Austell Running Club	35:07
64.	120	Paul Gwynne	Male 50-54	MudCrew Running	35:09
65.	285	Laura Rogers	Female 20-34	Cornwall AC	35:13
66.	81	Richard Harvey	Male 40-44	Carn Runners	35:14
67.	79	Mike Dowrick	Male 45-49	Cornwall AC	35:17
68.	382	Emily Sturges	Female 20-34	Mounts Bay Harriers	35:31
69.	115	Ruth Glover	Female 20-34	Mounts Bay Harriers	35:38
70.	304	Pam Solomon	Female 55-59	PB Running Club	36:00
71.	345	Andrew Ferguson	Male 50-54	Truro Running Club	36:01
72.	68	Ethan Cullerton	Male 15-19	Plymouth Musketeers Running Club	36:11
73.	26	Antony Boardman	Male 45-49	Bodmin Road Runners	36:12
74.	203	Anne Maskell	Female 50-54	Truro Running Club	36:15
75.	332	Steve Tregidgo	Male 40-44	St Austell Running Club	36:18
76.	362	Andy Williams	Male 45-49	Truro Running Club	36:20
77.	132	Janet Haynes	Female 50-54	Mounts Bay Harriers	36:29
78.	214	Iain McGregor	Male 20-34		36:30
79.	135	Adam Herbert	Male 45-49		36:31
80.	206	Ian Matthews	Male 50-54	Mounts Bay Harriers	36:31
81.	33	Stuart Brooks	Male 20-34	Storm Plymouth	36:33
82.	220	Thomas Moore	Male 35-39	Truro Running Club	36:34
83.	53	Robert Chirgwin	Male 20-34	Truro Running Club	36:34
84.	342	Andrew Vosper	Male 60-64	Bodmin Road Runners	36:37
85.	39	Jackie Brydon	Female 50-54	PB Running Club	36:38
86.	2	Paul Allan	Male 50-54		36:39
87.	159	Steven Jenkin	Male 45-49	Cornwall AC	36:45
88.	249	Imogen Parnham	Female 20-34	Truro Running Club	36:49
89.	331	Liz Trebilcock	Female 55-59	Truro Running Club	36:55
90.	217	Colin Miller	Male 35-39		36:59
91.	303	Andrew Solomon	Male 55-59	PB Running Club	37:06
92.	76	Helen Dodwell	Female 40-44	Truro Running Club	37:25
93.	3	Peter Allen	Male 60-64	Newquay Road Runners	37:26
94.	130	Chris Hawkins	Male 35-39		37:29

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Place	Bib	Name	AG	Club	GunTime
95.	282	Sarah Robinson	Female 40-44	Plymouth Musketeers Running Club	37:31
96.	145	John Horton	Male 75-79	Newquay & Par AC	37:33
97.	41	Robert Burrows	Male 65-69	Mounts Bay Harriers	37:42
98.	229	Tracey Nicholls	Female 55-59	Mounts Bay Harriers	37:44
99.	289	Mickey Ringwood	Male 50-54	Mounts Bay Harriers	37:44
100.	287	Adam Rush	Male 20-34	Truro Running Club	37:53
101.	69	Tracey Cullerton	Female 45-49	Plymouth Musketeers Running Club	37:56
102.	278	Sally Richards	Female 40-44	Clevedon AC	37:58
103.	97	Georgie Farr	Female 20-34	Storm Plymouth	38:06
104.	218	Jane Moore	Female 55-59	St Austell Running Club	38:09
105.	232	Graham Norton	Male 45-49		38:27
106.	198	Tony Marrs	Male 60-64		38:30
107.	151	Simon Hughes	Male 20-34		38:39
108.	154	David Jackson	Male 45-49	Falmouth RRC	38:44
109.	352	Stephen Waters	Male 20-34		38:46
110.	191	David Madge	Male 45-49		38:46
111.	344	Paul Wakeford	Male 35-39		38:47
112.	370	Rachael Wilsher	Female 55-59	Bodmin Road Runners	38:49
113.	65	Clive Cox	Male 55-59		38:52
114.	104	Sam Freeman	Male 20-34		38:59
115.	15	Mike Baldwin	Male 55-59	Hayle Runners	39:03
116.	264	Matt Phillips	Male 50-54	St Austell Running Club	39:03
117.	197	Laura Marrs	Female 20-34		39:07
118.	223	Nicky Morse	Male 60-64	Bys Vyken Race Team	39:16
119.	222	Gemma Morris	Female 35-39	Lonely Goat RC	39:20
120.	101	Clive Fimmimore	Male 40-44	Looe Pioneers Running Club	39:28
121.	138	Sarah Hill	Female 45-49	Newquay Road Runners	39:30
122.	323	Gary Tapp	Male 45-49	Storm Plymouth	39:55
123.	272	Edward Poultney	Male 20-34		39:58
124.	274	Mike Reed	Male 50-54	Bodmin Road Runners	40:01
125.	187	Trevor Lee	Male 55-59	Truro Running Club	40:02
126.	189	Claire Longman	Female 40-44	Truro Running Club	40:09
127.	350	Diane Warren	Female 65-69	Hayle Runners	40:14
128.	106	Keith Gale	Male 45-49	Mounts Bay Harriers	40:19
129.	168	Simon Jones	Male 45-49	Mounts Bay Harriers	40:20
130.	196	Peter Marquis	Male 60-64		40:21
131.	117	Gill Hazel	Female 20-34		40:24
132.	269	Laura Pool	Female 35-39	Truro Running Club	40:31
133.	246	Claire Palmer	Female 40-44		40:34
134.	89	Simon Edwards	Male 20-34		40:41
135.	59	Kelvin Coker	Male 20-34	Storm Plymouth	40:45
136.	349	Simon Warner	Male 50-54	Storm Plymouth	41:05
137.	82	Peter Drew	Male 70-74	Carn Runners	41:07
138.	288	Philip McNevin	Male 35-39	Mounts Bay Harriers	41:09
139.	320	Juliet Stewart	Female 50-54	Truro Running Club	41:13
140.	376	Stephen Young	Male 45-49	100 Marathon Club	41:22
141.	258	Chunky (Antony ) Penhaul	Male 70-74	Mounts Bay Harriers	41:30

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Place	Bib	Name	AG	Club	GunTime
142.	184	Wayne Lawry	Male 45-49	Carn Runners	41:33
143.	243	Julie Oxenham	Female 45-49	Bodmin Road Runners	41:37
144.	23	Kelly Bills	Female 40-44	Carn Runners	42:00
145.	225	Andrew Mumford	Male 40-44		42:02
146.	354	Adam Welch	Male 60-64	Lonely Goat RC	42:05
147.	357	Richard Wiffill	Male 45-49		42:13
148.	316	Jane Stedman	Female 55-59	100 Marathon Club	42:14
149.	185	David Lean	Male 55-59	East Cornwall Harriers	42:17
150.	125	Mark Harrington	Male 55-59	Carn Runners	42:23
151.	307	Georgina Speake	Female 40-44	St Austell Running Club	42:32
152.	318	Jane Stephens	Female 50-54	PB Running Club	42:32
153.	369	Richard Willson	Male 65-69	Truro Running Club	42:34
154.	176	Treve Kitchen	Male 50-54		42:36
155.	170	Merlin Keating	Male 45-49	St Austell Running Club	42:40
156.	139	Nicholas Hilliard	Male 60-64		42:42
157.	244	Helen Webb	Female 40-44	Mounts Bay Harriers	42:43
158.	328	John Tilley	Male 65-69	Bodmin Road Runners	42:48
159.	175	Amelia Kitchen	Female 40-44	Hayle Runners	42:54
160.	160	Lesley Heather	Female 50-54	Mile High	43:03
161.	16	Claire Barlow	Female 40-44	Bodmin Road Runners	43:08
162.	35	Lorraine Brown	Female 45-49	Truro Running Club	43:12
163.	210	Tom Maunder	Male 40-44		43:14
164.	360	Bob Willcocks	Male 60-64	Falmouth RRC	43:19
165.	351	Danny Warrington	Male 45-49	PB Running Club	43:23
166.	177	Kevin Knight	Male 20-34		43:27
167.	141	Sally Hills	Female 60-64	Tamar Trotters	43:32
168.	375	Jackie Youell	Female 55-59		43:34
169.	383	Lynne Donohue	Female 50-54	Truro Running Club	43:37
170.	178	Nigel Knuckey	Male 60-64	Truro Running Club	43:43
171.	284	Dean Rockey	Male 55-59	Storm Plymouth	43:53
172.	280	Kate Roberts	Female 40-44	St Austell Running Club	43:57
173.	260	Nick Pentreath	Male 55-59	Falmouth RRC	44:01
174.	105	Amy Frost	Female 35-39	Mounts Bay Harriers	44:02
175.	38	Tandy Brumby	Female 55-59	Falmouth RRC	44:13
176.	200	Keith Marshall	Male 70-74	Falmouth RRC	44:26
177.	34	Andrew Brown	Male 55-59	Truro Running Club	44:38
178.	340	Katrina Verran	Female 40-44	Bodmin Road Runners	44:50
179.	56	Mark Classey	Male 55-59	Falmouth RRC	44:55
180.	209	Kathryn Maunder	Female 45-49		45:06
181.	80	Barry Drew	Male 70-74	Carn Runners	45:07
182.	248	Kerrie Parker	Female 45-49	Bodmin Road Runners	45:14
183.	126	Rhiah Harrison	Female 20-34		45:20
184.	10	Ruth Avery	Female 45-49	JP Fitness Cornwall	45:23
185.	292	Peter Saverton	Male 65-69	Falmouth RRC	45:28
186.	150	Pauline Hughes	Female 55-59	Alchester Running Club	45:31
187.	44	Maire-Ann Cann	Female 45-49	Mounts Bay Harriers	45:44
188.	253	Morwenna Paterson	Female 40-44	JP Fitness Cornwall	45:47

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Place	Bib	Name	AG	Club	GunTime
189.	163	Gillian Johns	Female 60-64	Mounts Bay Harriers	45:48
190.	100	Kim Fell	Female 20-34	St Austell Running Club	45:51
191.	202	Alice Martin	Female 20-34		45:55
192.	182	Emma Lawry	Female 40-44	St Austell Running Club	45:56
193.	275	Kayleigh Reeks	Female 20-34	PB Running Club	46:08
194.	297	Robert Simons	Male 50-54	Mounts Bay Harriers	46:09
195.	227	Sadie Nelson	Female 40-44	PB Running Club	46:11
196.	321	Aaron Sweet	Male 20-34		46:14
197.	55	Maria Clarke	Female 45-49		46:15
198.	72	Jemma Davies	Female 35-39	Storm Plymouth	46:16
199.	322	Andy Tapp	Male 50-54	Storm Plymouth	46:27
200.	186	Lucy Lee	Female 55-59	Tamar Trotters	46:34
201.	230	Diana Nicholson	Female 55-59	Tamar Trotters	46:37
202.	102	Rachel Flanagan	Female 50-54	Falmouth RRC	46:40
203.	12	Paula Baker	Female 45-49		46:53
204.	301	Deirdre Smith	Female 50-54	Bodmin Road Runners	47:03
205.	347	Ieza Wall	Female 40-44	East Cornwall Harriers	47:08
206.	339	Marie Hollyoake	Female 35-39	Ocean City Running Club	47:09
207.	213	Catherine McGregor	Female 35-39		47:13
208.	326	Rachel Thomson	Female 55-59	Mounts Bay Harriers	47:16
209.	208	Sue Matthews	Female 55-59	Mounts Bay Harriers	47:16
210.	211	Greg May	Male 35-39	Carn Runners	47:18
211.	256	Deborah Pearce	Female 50-54	Hayle Runners	47:25
212.	277	Susan Rescorl	Female 55-59	Bodmin Women's RC	47:42
213.	181	Amanda Lawry	Female 45-49	Carn Runners	47:49
214.	356	Clare White	Female 35-39	Storm Plymouth	47:50
215.	90	Liz Egginton	Female 50-54	East Cornwall Harriers	47:50
216.	85	Michelle Dunn	Female 20-34	St Austell Running Club	47:54
217.	63	Alison Cox	Female 55-59	Bodmin Women's RC	47:54
218.	299	Ian Ringer	Male 70-74	Bodmin Road Runners	47:54
219.	308	Kelly Spence	Female 35-39	Storm Plymouth	47:55
220.	124	David Hardy	Male 35-39		47:59
221.	188	Cas Leo	Male 55-59	Hayle Runners	48:15
222.	108	Tracey Garland	Female 50-54	Storm Plymouth	49:00
223.	75	Dawn Dixon	Female 45-49	Storm Plymouth	49:04
224.	276	Rebecca Reilly	Female 45-49		49:14
225.	298	Nichola Sinclair	Female 50-54	Bodmin Road Runners	49:17
226.	262	Caroline Perret Black	Female 35-39		49:18
227.	114	Rebecca Glock	Female 35-39	Carn Runners	49:25
228.	140	Rachael Hilliard	Female 50-54		49:28
229.	122	Hollie Hallibone	Female 20-34	JP Fitness Cornwall	49:35
230.	54	Theresa Clark	Female 50-54	Hayle Runners	49:38
231.	295	Rebecca Shore	Female 50-54	St Austell Running Club	49:38
232.	144	Ann Horton	Female 70+		49:46
233.	343	Margaret Wade	Female 65-69	Carn Runners	49:52
234.	46	Bruce Carey	Male 20-34		49:55
235.	215	Cathryn McGuinness	Female 45-49		50:10

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236.	273	Mark Pysden	Male 20-34	Storm Plymouth	50:12
237.	47	Catherine Carter	Female 50-54		50:13
238.	48	Rachel Carter	Female 50-54		50:13
239.	109	Rachel Garlick	Female 45-49	Storm Plymouth	50:34
240.	119	Tamara Greet	Female 40-44	JP Fitness Cornwall	50:39
241.	235	Jennifer Oatway	Female 35-39	Plymouth Harriers	50:51
242.	93	Reene Ehrmann	Female 35-39		51:03
243.	113	Paul Glasspoole	Male 20-34		51:04
244.	281	Jasmine Robinson	Female 15-19	Plymouth Musketeers Running Club	51:04
245.	364	Nick Williamson	Male 55-59		51:29
246.	28	Adrian Bolt	Male 50-54	Truro Running Club	51:35
247.	242	Davina Outtram	Female 50-54	Plymouth Harriers	51:42
248.	8	Lisa Armstrong	Female 45-49	Plymouth Harriers	51:43
249.	146	Nicholas Horton	Male 20-34	Storm Plymouth	51:54
250.	238	Katie Oliver	Female 20-34		51:54
251.	156	Sharon Sullivan	Female 45-49	Carn Runners	52:15
252.	199	Kathryn Marsh	Female 40-44	Carn Runners	52:18
253.	92	Nicki Egginton	Female 20-34		52:28
254.	18	Richard Barwick	Male 35-39		52:36
255.	17	Nigel Barwick	Male 55-59		52:36
256.	231	Timothy Nobbs	Male 50-54	Storm Plymouth	52:38
257.	99	Susan Farr	Female 55-59	Storm Plymouth	52:40
258.	353	Kim Watkins	Female 45-49	Storm Plymouth	52:40
259.	153	Andrea Jackson	Female 50-54	Falmouth RRC	52:42
260.	158	Susan Jarvis	Female 40-44		52:56
261.	66	Leanna Cox	Female 45-49	Carn Runners	52:56
262.	27	Julie Bolitho	Female 50-54	Mounts Bay Harriers	53:05
263.	305	Jane Southern	Female 55-59	Storm Plymouth	53:35
264.	166	Mark Jones	Male 40-44		53:36
265.	9	Justine Armstrong	Female 50-54	Tamar Trotters	53:39
266.	152	Jessie Hurrel	Female 20-34		53:42
267.	228	Tim Nicholas	Male 50-54		53:42
268.	252	Mark Pascoe	Male 50-54	Tamar Trotters	53:48
269.	251	Julie Pascoe	Female 55-59	Tamar Trotters	53:55
270.	70	Martin Dalton	Male 65-69	Falmouth RRC	54:07
271.	103	Ann Foster	Female 70+	Tamar Trotters	54:12
272.	91	Lynne Egginton	Female 40-44	Storm Plymouth	54:34
273.	112	Kim Gillson	Female 40-44		54:34
274.	201	Terry Marshall	Female 70+	Falmouth RRC	55:10
275.	204	Jennie Massey	Female 55-59	Hayle Runners	55:17
276.	180	Steve Lawrence	Male 65-69	Falmouth RRC	55:48
277.	359	Natalie Wilkins	Female 40-44	Storm Plymouth	56:00
278.	336	Gill Tucker	Female 70+	Storm Plymouth	56:19
279.	324	Nicki Tapp	Female 50-54	Storm Plymouth	56:29
280.	110	Lorraine Giles	Female 60-64	Storm Plymouth	56:29
281.	29	Adele Bourne	Female 40-44	St Austell Running Club	56:34
282.	329	Christine Todd	Female 55-59	St Austell Running Club	56:34

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283.	291	Kathy Saunders	Female 65-69	Looe Pioneers Running Club	56:44
284.	226	Chloe Myers	Female 20-34		57:26
285.	317	John Stedman	Male 55-59	Bodmin Road Runners	57:52
286.	149	Jonathan Hughes	Male 55-59		57:55
287.	142	Laura Hoare	Female 40-44		58:01
288.	368	Janet Wills	Female 65-69	St Austell Running Club	58:07
289.	96	Sam Ewart	Female 45-49	St Austell Running Club	58:16
290.	32	Kathryn Breasley	Female 35-39		58:44
291.	52	Andy Chellew	Male 55-59		59:05
292.	319	Valerie Stephens	Female 20-34		59:48
293.	363	Matthew Williamson	Male 20-34		59:48
294.	381	George Andrews	Male 65-69	Mounts Bay Harriers	1:00:14
295.	131	Kirsty Hawkins	Female 35-39		1:00:19
296.	255	Suzy Paul	Female 45-49		1:00:33
297.	286	Summer Runner	Female 35-39	Storm Plymouth	1:00:35
298.	43	Angela Cann	Female 45-49		1:00:41
299.	247	Lindsey Paradine	Female 45-49		1:00:53
300.	116	Samantha Goodrum	Female 20-34		1:00:57
301.	155	Georgina James	Female 35-39		1:00:57
302.	98	James Farr	Male 60-64	Storm Plymouth	1:01:15
303.	334	Catherine Trerise	Female 45-49	Cornwall AC	1:01:30
304.	233	Michelle Tonkin	Female 35-39		1:01:30
305.	325	Kathryn Thomas	Female 40-44	Cornwall AC	1:01:33
306.	380	Greta Andrews	Female 40-44	Mounts Bay Harriers	1:01:44
307.	373	Michael Wright	Male 70-74	Hayle Runners	1:02:14
308.	358	Emma Wildman	Female 45-49		1:02:18
309.	25	Jacqueline Bloomfield	Female 35-39		1:02:18
310.	296	Teresa Short	Female 45-49		1:02:18
311.	190	Faye Macgregor	Female 20-34		1:02:18
312.	84	Jan Duke	Male 70-74		1:02:22
313.	86	Mary Frances Dyer	Female 65-69	Plymouth Harriers	1:03:09
314.	250	Lisa Parr	Female 45-49	Plymouth Harriers	1:03:09
315.	129	Katie Hatwell	Female 15-19		1:03:54
316.	128	Claire Hatwell	Female 35-39	Lonely Goat RC	1:03:54
317.	71	Amanda Davey	Female 40-44		1:04:20
318.	5	Graham Anderson	Male 50-54	Storm Plymouth	1:04:21
319.	6	Valerie Anderson	Female 50-54		1:04:22
320.	193	Courtney Marks	Female 15-19		1:05:19
321.	219	Richard Moore	Male 75-79		1:05:31
322.	136	Claire Hill	Female 20-34	Storm Plymouth	1:06:22
323.	62	Debbie Couch	Female 40-44	Storm Plymouth	1:06:22
324.	306	Helen Spacey	Female 45-49	Carn Runners	1:06:34
325.	30	Ian Bowden	Male 45-49	Carn Runners	1:06:44
326.	36	Sarah Brown	Female 40-44		1:06:52
327.	261	Estrella Perez	Female 55-59		1:07:26
328.	169	Claire Kean	Female 50-54	Storm Plymouth	1:08:09
329.	237	Wendy Oldham	Female 60-64	Storm Plymouth	1:08:09

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330.	165	Leigh-Anne Jones	Female 20-34		1:09:17
331.	20	Hollie Baxter	Female 20-34	Plymouth Harriers	1:09:17
332.	371	Zoe Wolstencroft	Female 40-44	Carn Runners	1:10:48
333.	143	Daz Hocking	Male 45-49	Storm Plymouth	1:20:44
334.	265	Sarah Phillips	Female 35-39	Storm Plymouth	1:20:45

DOGS - St Michael's Mount Remembrance Run 2019

1.	366	Michael Williamson	Male 20-34		34:45
2.	378	Tamsin Davey	Female 45-49	Cornwall AC	35:17
3.	61	Neil Conner	Male 20-34		39:21
4.	330	Julie Towers	Female 55-59	Launceston Road Runners	39:52
5.	367	Vanessa Willitts	Female 20-34	Newquay Road Runners	42:11
6.	374	Chris Youell	Male 60-64		43:34
7.	212	Kim McDowell	Female 50-54	Mounts Bay Harriers	48:12
8.	311	Mark Squire	Male 60-64	Mounts Bay Harriers	51:49
9.	164	Sarah Johns	Female 40-44	Mounts Bay Harriers	1:07:27
10.	162	Emma Johns	Female 40-44	Mounts Bay Harriers	1:07:30