

SOUTH MOLTON

STRUGGLE 2010

DISTANCE

Approximately 7 Miles

TERRAIN

Multi Terrain

SUNDAY 10TH OCTOBER 2010 11:00 A.M

RACE HQ / START: SOUTH MOLTON RUGBY CLUB

JUNIOR EVENT TO BE HELD (weather permitting) @ 10.00am

HELD UNDER UKA Rules, UKA LICENCE No 2010-0402

**Memento to all finishers | Refreshments available | Spot prizes
Trophies/Prizes in all age categories (5 year intervals) male & female**

First aid provided by St Johns Ambulance. Free Parking. Not suitable for wheelchairs.

No dogs allowed. Closing date for postal entries 01.10.10

Please see website for full details of course

www.southmoltonstrugglers.co.uk


being there for all the family
www.northdevonhospice.org.uk
Registered Charity No. 286554

**In recognition of the great work undertaken by the
North Devon Hospice we will be donating £1
from every entry fee to the charity.**


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ENTRY FORM

ORGANISED BY **South Molton**  **Strugglers**

NAME.....ADDRESS.....

.....POST CODE.....

TEL NO.....MALE/FEMALE.....

D.O.B.....AGE ON RACE DAY

AFFILIATED CLUB.....EA COMPETITION LICENCE NO

UNAFFILIATED TEAM

ENTRY FEES £12.00 **Discounted Entry Fee for EA Licenced Competitors** £10.00 | £2.00 extra on the day

Cheques payable to 'South Molton Struggle'

Late entry desk closes at 10.15 a.m on the day

**Send your entry with an A5 s.a.e to Phil Pennington, 18 Whitehall Close, South Molton, Devon
EX36 4EQ. Tel number 01769 573908 **Closing date for postal entries 01.10.10****

I agree to abide by U.K. athletic rules & the regulations of the organisers. I will be aged 16 years or over on the race day.
I accept full responsibility for any injury, accident or loss resulting from my participation in this event.

SIGNED.....**DATED**.....**2010**